



# CHIPPEWAS OF KETTLE & STONY POINT FIRST NATION



**MAKWA GIIZIS**

**~ BEAR MOON ~**

*February Community  
Newsletter*

**DEADLINE SUBMISSION** for March Newsletter is Friday, February 23rd, 2024 by 4:00 P.M.

Please e-mail your submissions to [fdesk@kettlepoint.org](mailto:fdesk@kettlepoint.org) or drop off at the Administration Office.

Staff Name	Email	Extension
<b>ADMINISTRATION:</b>		
Chief Kimberly Bressette	kimberly.bressette@kettlepoint.org	151
Verna George	verna.george@kettlepoint.org	116
Melodie Bressette	mel.henry@kettlepoint.org	119
Reception	fdesk@kettlepoint.org	101
Toni George	KPAssistant@kettlepoint.org	118
Victor George	vic.george@kettlepoint.org	129
Amy Milliken	amy.milliken@kettlepoint.org	101
<b>HUMAN RESOURCES:</b>		
Kevin Koniecki	HR.Kevin.Koniecki@kettlepoint.org	117
Wyonna Bressette	wyonna.bressette@kettlepoint.org	115
<b>FINANCE:</b>		
Alexis George	alexis.george@kettlepoint.org	150
Jodi George	jodi.george@kettlepoint.org	106
Shannon Bressette	shannon.bressette@kettlepoint.org	103
Stephanie George	stephanie.bressette@kettlepoint.org	109
Shilo Shawnoo	shilo.shawnoo@kettlepoint.org	108
Marcia Branton	marcia.branton@kettlepoint.org	107
<b>HOUSING:</b>		
Stacey Jones	stacey.jones@kettlepoint.org	102
Whitney Henry	whitney.henry@kettlepoint.org	113
<b>IMPLEMENTATION MANAGEMENT:</b>		
Amanda Bressette	amanda.shawnoo@kettlepoint.org	100
Connie Milliken	connie.milliken@kettlepoint.org	104
Lawrence Fogwill	lawrence.fogwill@kettlepoint.org	322
<b>LANDS:</b>		
Sam Bressette	sam.bressette@kettlepoint.org	134
Lindsey Cloud	lindsey.cloud@kettlepoint.org	125
Jackie Milliken	jacquelyn.milliken@kettlepoint.org	125
<b>MEMBERSHIP, ESTATES and GOVERNANCE:</b>		
Stacy Rumford	stacy.rumford@kettlepoint.org	120
Chenoa Lunham	chenoa.lunham@kettlepoint.org	126
<b>ONTARIO WORKS:</b>		
Cindi George	cindi.george@kettlepoint.org	112
Heather Jones	heather.bressette@kettlepoint.org	111
Jaylin George	jaylin.george@kettlepoint.org	127
<b>MEDIA RELATIONS &amp; COMMUNICATIONS:</b>		
Alex Shone	alex.shone@kettlepoint.org	114
<b>COMMUNICATION SPECIALIST:</b>		
Jordan George	jordan.george@kettlepoint.org	132
<b>MARINE LIAISON OFFICER:</b>		
Waneda Monague-Steinburg	waneda.monague-steinburg@kettlepoint.org	128
<b>PUBLIC WORKS:</b>		
Rudy Bressette Sr.	Rudy.Bressette@kettlepoint.org	

# Phone Directory for Business On or Around Kettle & Stony Point FN



3 Fires Youth Centre	519-786-4893	Hillside School	519-786-6903
Admin Office	519-786-2125	Indian Hills Golf	519-786-5505
Al's Gas	519-786-2267	Joey Little's Pizza	519-786-5287
ALF Building	519-786-2860	KSP Gas Station	519-786-3088
APS	519-727-2525	Library	519-786-2955
Arbor Acres	519-786-6350	LSC Electric (Landon George)	226-932-9026
Canada Post	519-786-2691	Melmacks	519-639-6424
Children/Family Services	519-786-6680	Mental Health & Wellness Hub	519-918-7451
Country Style	519-786-3804	NL Health Centre (KP)	519-786-2700
Daycare	519-786-4255	Points Preference	519-786-5956
Dental Office (KSP)	519-704-1400	Roads Dept	519-786-4552
Elder's Lodge	519-786-4183	Sewage Treatment	519-786-2835
Family Resource Centre	519-786-6588	SFNS-Post Secondary	519-692-5868
Family Well-Being	519-786-6680 ext. 116	Southwind Dev.	519-786-6753
Fire Hall	519-786-4900	Thunderbird Crafts	519-786-4775
Four Winds	519-786-6780	Tourist/Tabacco Shop	519-786-6436
Headstart Site	519-786-4940	Two Eagle Smoke	519-786-3738
Health Centre	519-786-5647	Water Treatment	519-786-2575
<b>All EMERGENCIES</b>			<b>911</b>



# THANK YOU

We would like to take the opportunity to show our immense gratitude to everyone who extended their sympathy and condolences at our time of loss.

We'd like to thank the community, our friends and family for their overwhelming support by their time, spent with us, cleaning, planning, and preparing for everything.

We would like to thank the below:

- Dennings Funeral Home
- Pall Bearers
- Tanya Henry for performing the service
- The singers
- The Monagues for the reading of the Eulogy
- Those who shared their memories
- The Flower, Monetary and Food Donations
- The house cleaners
- Those who help set up and clean up the gym
- The kitchen staff
- The PUC Department

Your actions did not go unnoticed. Please forgive us if anyone was forgotten. We love and appreciate each one of you! Rick was well loved by the community and will truly be missed.

Thank you again,  
Rebecca "Becky" Larocque  
Kristen Bressette/Jimmy  
Johnny Larocque/Tiffany  
Roscoe and Violet  
And the rest of the Larocque and Greenbird families.



# MAKWA GIIZIS

## BEAR MOON | FEBRUARY 2024

FEBRUARY 10 DECEMBER ARE WRITTEN IN THE NUMERICAL FORM.

NIIZHWAASO-GIIZHIGAD	NTAM-GIIZHIGAD	NIIZHO-GIIZHIGAD	NSWI-GIIZHIGAD	NIUWO-GIIZHIGAD	MAANO-GIIZHIGAD	NGODWAASWO-GIIZHIGAD
<p><b>Owa aapii negijitood gegoo</b> The one who is expert at things ngoding gwa gey gii shikimaajtaa, was once a beginner.</p> <p>– Jacob Wemgwan, Wikwemkoong Unceded Territory –</p>						
4 Niwîn	5 Naanan	6 Ngodwaaswi	7 Niizhwaaswi	8 Nshwaaswi	9 Zhaangswi	10 Mdaaswi
Bikanebidoon gdo- mijnenjimo-kendaaswin. Turn on your computer.	Aanji-bikanebidoon gdo- mijnenjimo-kendaaswin- mkaakoos. Restart your computer.	Mijnenjimo-kendaaswin- mkaakoos. Computer.	Gaawin ganoondagoosii. You're (muted) not being heard.	Bikanebidoon wi- noondagooyin. Turn your sound on so we can hear you.	Ganoondago, aatebidoon gdo-glijidoonwin. You are heard, turn off your microphone.	Gaawin ndoo-dipoowasii. I have poor Wi-Fi.
11 Mdaaswi-shi-bezhik	12 Mdaaswi-shi-nizh	13 Mdaaswi-shi-nswi	14 Mdaaswi-shi-niwîn	15 Mdaaswi-shi-naanan	16 Mdaaswi-shi-ngodwaaswi	17 Mdaaswi-shi-nizhwaaswi
Aanji-bikanebidoon gdo- mijnenjimo-kendaaswin- mkaakoos. Reboot your computer.	Zooming ga-tkweshoon. I will meet you on Zoom.	Teams ga-tkweshoon. I will meet you on Teams.	Zagidwin Giizhigad. Valentine's Day	Mazinaatesijigaring mijnenjimo- kendaaswing ga-ganoonin. I will video call you.	Mijnenjimo-kendaaswing ga-ganoonin. I will audio call you.	Miligwech gii-bi-zhigeyin mijnenjimo-kendaaswin- mkaakoosing. Thank you for the e-mail.
18 Mdaaswi-shi-nshwaaswi	19 Mdaaswi-shi-zhaangswi	20 Niizhtana	21 Niizhtana-shi-bezhik	22 Niizhtana-shi-nizh	23 Niizhtana-shi-nswi	24 Niizhtana-shi-niwîn
Bi-niindaawoshin mijnenjimo- kendaaswin- mkaakoosing. Send it by e-mail.	Enchyaang Giizhigad. Family Day	Ngii-zaangtoon. I loved it.	Google-witoon. Google it.	Gaawin megwa nda-yaasii. Out of office (reply).	YouTubo nakaazan. Use the YouTube.	Tkweshikdaasaa mijnenjimo- kendaaswing. Let's meet virtually.
25 Niizhtana-shi-naanan	26 Niizhtana-shi-ngodwaaswi	27 Niizhtana-shi-nizhwaaswi	28 Niizhtana-shi-nshwaaswi	29 Niizhtana-shi-zhaangswi	<p>The Anishinabek Nation graciously acknowledges the work of Dr. Rhonda Hopkins for the sharing of Anishinaabemowin phrases that can be used on social media platforms. Note: These words are new to our language and may be subject to change as we further develop and enhance our online communications.</p> <p>Chi-Miligwech Rhondal</p>	
Maawin-ikweshikdaasaa mijnenjimo-kendaaswing. Groupchat.	Maagbidoon-niindaaweyin. Just hit send.	Mazinaadizan. Take a selfie.	Wenash gdo-mijnenjimo kendaaswin zhibimaagoyin? What's your e-mail?	Bi- pktebimoooshin. Text me.		

# Happy Birthday

Happy Birthday to Mom/Grandma on Feb. 18th, you're the heart of the family and deserve this day more than anyone else, we all love you! But I love you more, because I remembered your birthday! Love from Alex and I guess the rest of us crews!

Happy 7th Birthday to Ellie on Feb 13th! May your day be filled with love and laughter. We all love you and have a very special fun day! Love from your families!

Happy Birthday to Annette (Mom) on February 25th! Love Chenoa, Dave & the kids

Maurice Bressette  
God bless you on your birthday and throughout the whole year and for the rest of your life with joy, peace, good health and happiness! With Love and Prayers, Bev

Happy Birthday wishes to Patricia George

Happy Birthday wishes to Andrea Lutchman

Happy Birthday to an amazing mother and spouse, Amy on Feb 6th. This is your big day and your big year! You're the most special person in our family, the one we all look up to, the one we all need and the one we all love! Love from Alex and your babies

Happy 12th Birthday to my #1 son, Jaden, on Feb 26th! You have grown to become a very handsome young boy! You make me proud each and every day! You are smart and extremely talented! Keep being you, keep doing what you do best and it will take you further to great things in life. I love you to the moon and back. Enjoy your special day! Love always, Mom, dad, siblings, Venom, and Nicky

Happy Birthday to my nephew Curtis John Bressette! I pray that God will bless you on your birthday and throughout the whole year and for the rest of your life with joy, peace, and revelation! With Love and Prayers, Auntie Bev

Happy Birthday to a great son and decent Big Brother on Feb 26th, get your homework done or get grounded! Your choice! Your mother probably has a better message, but I doubt it will make you laugh like mine. Love from mom, dad, and the two other punks!

Happy 12th Birthday to our #1 grandson, Jaden. You've grown up to be a fine young man. Happy Birthday! All our love, Nana and Papa

Happy Birthday to Matt Bressette! Enjoy your special day and a very happy, healthy, blessed year! Love and prayers, Bev

Happy Heavenly Birthday to Uncle Bull, thinking of you always! We miss you!

Happy Heavenly Birthday to Lorraine George, what a fabulously wonderful lady! You are missed!

Happy Birthday wishes to Tammy Jackson

Happy Birthday wishes to Darcy Bressette





# Aanii Band Members:



I work in the Membership, Estates and Governance Department, as the Membership, Estates & Governance Assistant and I attended Fanshawe College where I received my Law Clerk Diploma in 2010. I have been working for our First Nation for over a year providing public services for the community members.

I can now help by commissioning any of your documents that require a commissioner for taking affidavits and administer taking oaths declarations. The Band Manager Verna George is a Notary Public, and she can notarize your documents if required.

If you require a commissioner or notary public please call the Administration to book an appointment and we will be happy to assist you.

Miigwech,  
Chenoa Lunham  
Membership, Estates & Governance Assistant  
(519) 786-2125 Ext. 126  
Or  
Verna George  
Band Manager  
(519) 786-2125 Ext. 116





## *Chippewas of Kettle & Stony Point First Nation*

6247 Indian Lane

Kettle & Stony Point FN, Ontario, Canada N0N 1J1

### **1 GRANNY FLAT AVAILABLE**

9132 Sandpiper

Kettle & Stony Point First Nation, Ontario, N0N 1J1

#### Details:

2 Bedroom Granny Flat – Utilities not included

\$125.00 rent per month, due on the 1<sup>st</sup> of each month

\$ 500.00 security deposit required before move in

#### Criteria:

- **Must not have any outstanding account with the First Nation to be eligible to apply.**  
Please attach a letter of good standing from the First Nation Finance Department.
- **Must provide proof of income to support this application.**  
Proof of income can include Employment Pay Stubbs (2), Child tax income, WSIB, ODSP, Ontario Works, Pensions, Unemployment Insurance etc.
- **Must include 2 written reference checks**, from previous landlords. If you have never rented before, you need to provide **written** two-character references from nonfamily members.
- **Must be able to provide first month's rent and security deposit before move in.**
- **Applicant must maintain a quiet lifestyle, not to disrupt other tenants in the building, as per the lease agreement.**

Updated Rental Application packages are available at the front desk at the Administration Office.

Interested applicants are to drop off their completed application to the Housing Department, or emailed to [Stacey.Jones@kettlepoint.org](mailto:Stacey.Jones@kettlepoint.org) and [Whitney.Henry@kettlepoint.org](mailto:Whitney.Henry@kettlepoint.org).

### **Applications must be complete to be considered.**

If you have any questions regarding the application or required documents,  
please contact Stacey at 519-786-2125 ext. 102

Whitney at 519-786-2125 ext. 113.

### **Deadline for submitting application: Friday, February 9, 2024 at 4:00 PM**

**FOR END FEBRUARY, OR BEGINNING OF MARCH 2024 MOVE IN**

Please do not wait until the last minute to apply, the reference check / character references letters take time to request and receive. When you submit your application, please ask if any Housing staff is available to go over your application with you to ensure it is fully completed before you leave.



*Chipewyan of Kettle & Stony Point First Nation*

6247 Indian Lane  
Kettle & Stony Point FN, Ontario, Canada N0N 1J1

[Posting Date: January 10, 2024]

## Home Renovation Loan – EXPRESSION OF INTEREST

The Kettle and Stony Point Housing Department invites expressions of interest from Kettle and Stony Point on-reserve band members wishing to apply for one of the following:

1. Home Renovation/Home Update (2)
- or
2. Emergency Repairs (2)

Upon receipt of the Expression of Interest (EOI), the Housing Department and Housing Committee will review the submission and determine funding eligibility based on budget availability. The eligibility criteria is as follows:

- EOI submitted by deadline of March 1, 2024.
- No outstanding renovation loans that are not receiving payment.
- Must be a member of Kettle and Stony Point First Nation.
- Dwelling must be within Kettle Point First Nation boundaries.
- Repairs sought must be intended for family homes only, not businesses.

Your expression must outline what you are looking to have addressed within your home, complete with recent quotes for labour and material.

Note: Must provide Certificate of Possession and/or Boundary Locate. All work to be completed must bring your home up to the minimum standards of health and safety. Loan payback amounts will be discussed and agreed upon prior to final approval.

**DEADLINE FOR EXPRESSION: March 1, 2024, by 4:00 pm**

If you have any questions, please contact Stacey at [Stacey.Jones@kettlepoint.org](mailto:Stacey.Jones@kettlepoint.org) or at 519-786-2125 extension 102 or Whitney at [Whitney.Henry@kettlepoint.org](mailto:Whitney.Henry@kettlepoint.org) at extension 113.

Sincerely,

*Stacey Jones*

Housing Manager

Ph: 519-786-2125

Toll Free: 1-877-787-5213

Fax: 519-786-2108

<http://www.kettlepoint.org>



*Chipewyan of Kettle & Stony Point First Nation*

6247 Indian Lane  
Kettle & Stony Point FN, Ontario, Canada N0N 1J1

## 1. Home Modification (2)

**Who is eligible?**

KSPFN members that require repairs and/or modifications to their primary family dwelling may apply.

**What work is eligible?**

The family dwelling must be in repair of one of the following categories:

- Replacements such as: roofs, kitchen cupboards, countertops, vanities, flooring, windows and doors, siding, decks, or ramps
- Electrical
- Plumbing
- Heating (replacement of existing heating source only, no new installations)
- Fire safety
- Bathroom renovations

**What assistance is available?**

Financial assistance is in the form of a 100% payback loan with the maximum loan amount not exceeding \$50,000.00.

## 2. Emergency Repairs (2)

**Who is eligible?**

KSPFN members that require modifications to their home may be eligible to apply.

**What work is available?**

Modifications must be related to housing and reasonably related to the occupant's disability.

- Ramps
- Handrails
- Bathroom renovations
- Chair lifts
- Bath lifts
- Water damage
- Mold remediation

**What assistance is available?**

100% payback or 50% loan payback for individuals 65 or older or 55 with a disability.

The maximum loan amount is \$30,000.00.

Ph: 519-786-2125

Toll Free: 1-877-787-5213

Fax: 519-786-2108

<http://www.kettlepoint.org>



## **Kettle and Stony Point Education Services**

*6265 Indian Lane, Kettle and Stony Point, Ontario N0N 1J1*

*Phone: (519) 786-6903 Fax: (519) 786-6904*



**Dear Families,**

We've had an eventful year at Hillside School which has come with learning and excitement for all! Students and staff have demonstrated their hard work and excitement for learning, and we are so proud of their accomplishments! Within Education Services, we always strive to recognize the hard work of those within the community, both students and staff, and this wonderful announcement is no different.

Education Services is pleased to announce that Mr. Bob Bressette has been promoted to the position of Principal at Hillside School.

Bob has been an important part of Hillside school for 20 years, most recently as the Student Success Lead. His dedication towards our students has not gone unnoticed, and we are extremely proud of all his hard work.

We look forward to what this new role will bring, and Bob's continued contributions to the school.

I hope you can all join me in congratulating Mr. Bressette into his new role!

Kindly,

**Jenna Southen**

**Director of Education**





**HILLSIDE SCHOOL**  
6265 Indian Lane, Kettle & Stony Point First Nation  
Ontario, Canada N0N1J1  
Telephone: (519)786-6903  
Facsimile: (519)786-6904

Boozhoo, kinaweyah/Hello everyone.

It gives me great honour to take on the role of Hillside's Principal. It is a position with many challenges, but also with many rewards. The challenges can certainly be positive, as well. There are no two days alike, just like the students at Hillside (and every other school). I have taken on this role to help my community and to show the wonders of our school.

I come from strong roots invested in education. My Dad, Bob Sr., was a well-respected person in the community and throughout Canada. He had long tenures in Council, in addition to being one of the first "Native Trustees" in the Lambton Board of Education. He was instrumental in my educational journey. My Mom, Sharon Bressette, was an ECE teacher, and later a supervisor, at the Kettle Point Day Care Centre. Although my journey into being an educator was not my first career choice, it was one that I grew to love.



Prior to getting my degree in Education, I received my degree in Health Fitness in Prevention and Rehabilitation at Central Michigan University. Following graduation, the job prospects for that career were few and far between. It was suggested that I get a Teaching Degree at the University of Western Ontario. It was partly though the year that I was approached to teach at Walpole Island Elementary School in the upcoming September. I accepted. I taught there for five years. Along the way, I felt a strong sense to come back to my community of Kettle Point/Wiikwedong. It's been 20 years since coming back, and I continue to be optimistic about our future.

Personally, I have been married for 25 years to my wife, Chrystal. We have four children – Autumn, Aurora, Rayah, and Gordon. We have a dog, Wiingushk (Winnie), a cat (Furn/Furniture), and a rabbit (Oreo). My first degree has allowed me to travel across North America as a Sports Trainer. I've volunteered at three North American Indigenous Games (Winnipeg 2002, Denver 2006, and Halifax 2023), as well as four National Aboriginal Hockey Championships (Membertou 2018, Whitehorse 2019, Membertou 2022, and Winnipeg 2023). Some of those opportunities have included championships, and silver medal finishes. Those were all voluntary. I have also been the trainer for the Alvinston/Petrolia Flyers for the past 25 years. Twice, I've been recognized as Trainer of the Year. Volunteering in sports has given me a chance to work on my passion of Sports Medicine. Teaching and leading in education has become my professional passion, and I care deeply about the welfare of our students and our Hillside families.

I am asking for the community to engage in positivity and support for our school. Help us to better help your students by promoting optimism, bravery, care, empathy, self-esteem, and kindness to all. With your help, and our direction, Hillside will be a place of exciting times to come.

Miigwech/Thank You,

Bob Bressette  
Hillside School Principal



## Kettle and Stony Point Education Services

6265 Indian Lane, Kettle and Stony Point, Ontario N0N 1J1

Phone: (519) 786-6903 Fax: (519) 786-6904

### EDUCATION SERVICES STAFF LIST

*Updated January 26, 2024*

Administrative Assistant Beverly Bressette  
Hillside School Principal Robert Bressette  
Hillside School Secretary Courtney Bressette

Ojibway Language and Land-Based Learning Teachers  
Nicole Monague, Junior/Intermediate: Grades 4 – 8  
Jill Jackson, Primary: Kindergarten to Grade 3

Hillside School Teachers  
Kindergarten Julia Van Riel George  
Grade 1 Amy Rombouts  
Grade 2 Julie Ciuffo  
Grade 3/4 Kevin Nielsen  
Grade 5/6 Gillian Sherwood  
Grade 7 Shaylen Cloud  
Grade 8 Jeff Nace

Student Success Team  
Jenny Jutzi, Mental Health Counsellor  
Cheryl Leduc, Science/Technology/Engineering/Math (STEM)  
Kristy Love, Literacy  
Vince Minidokah, Resource  
Stephanie Bixby-Cokes, Speech Pathologist  
Ruth Anne Cook, Kindergarten Student Success Lead  
Shelley Litt, Special Education Coordinator  
Laurie McCarthy  
Marcy Vandenoorn, Communicative Disorders Assistant (CDA)

Hillside School Nutrition Program  
Cheryl Cloud, Cook  
Sherry Bressette, Kitchen Helper  
Music and Drama Program  
Leslie Gordon, Instructor/Librarian

Bus Drivers  
Joanne Atkinson  
Amy Fournier  
Joy Lewis  
Wallace Kaczanowski  
Charmaine Thomas, Bus Monitor

Custodians  
Darcy Bressette  
Hunter Bressette  
Dave Cloud  
Quintin Wolfe

Education Assistants  
Susan Buchanan  
Sylvia Cloud  
Charlie Gullens  
Victoria Hamilton  
Carla Oliver  
Trish Ryan  
Cindy Webb  
Emily Wilde

YOU ARE MAKING  
A DIFFERENCE  
EVERY day.

THE  
designer  
TEACHER

To keep all of our students safe this school year, please slow down when approaching school buses and stop when their lights are flashing. Please drive slowly when on school property, especially when driving through the Hillside parking lots. Chi Miigwech.

Education Services

## **SCHOOL BUS ZONE SAFETY**







# KETTLE AND STONY POINT PUBLIC LIBRARY

9111 W IPPERWASH ROAD, KETTLE & STONY POINT, ONTARIO

NON 1J1

PHONE (519) 786-2955/786-6903 FAX: (519) 786-6904

## Library Hours

Monday 10am-5pm, Wednesday 10am- 5pm,

Friday 10am- 4pm

ALC Hours: Tuesdays & Thursdays 9:30am-3:30pm



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 ALC	2 Basic Sewing Class 1pm- 4pm	3 Story Telling w/ Deb & Barry 10am
4 Drumming 4-5pm All Ages	5 Drumming 4-5pm All Ages	6 ALC	7 Vision Board Making 5-7pm	8 ALC	9	10 Maker Space Valentines Day Card Making 11am
11	12 Drumming 4-5pm All Ages	13 ALC	14	15 ALC	16 After School Reading Club 3pm	17
18	19 Family Day	20 ALC	21 Book Club 4pm	22 ALC	23	24
25	26 Drumming 4-5pm All Ages	27 ALC	28			



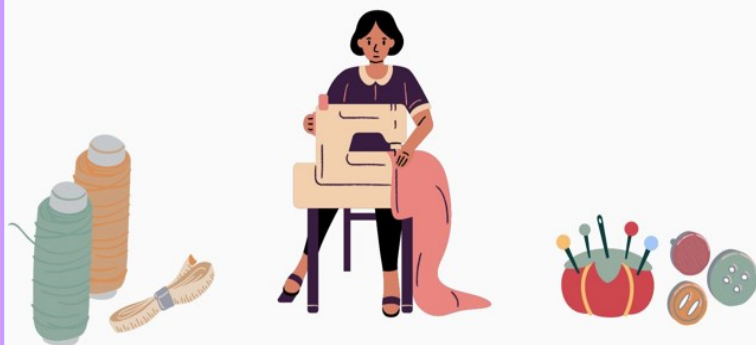
# SEWING WORKSHOP

FOR BEGINNERS  
FRIDAY, FEBRUARY 2, 2024  
1PM-4PM

10 SPOTS AVAILABLE

PLEASE CALL TO REGISTER  
519-786-2955  
OR MESSAGE OUR FACEBOOK PAGE

OUR PROJECT WILL BE CREATING  
AN APPLIQUE TOTE BAG



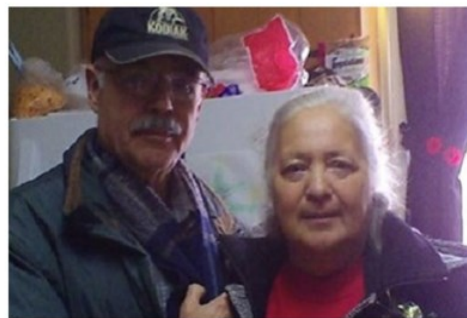
KETTLE AND STONY POINT FIRST NATION PUBLIC LIBRARY



KETTLE AND STONY POINT FIRST NATION  
PUBLIC LIBRARY

*Bibean Cajima*  
with  
*Barry and Debbie*  
*Milliken*

SATURDAY, FEBRUARY 3, 2024  
@ 10AM



## VISION BOARD MAKING



WED  
FEB 7  
5PM-7PM

Have new goals for 2024?

Join us in Creating your  
very own Vision Board to  
inspire you!

MATERIALS PROVIDED

You can also bring any  
personal pictures, pictures  
of things that are  
important to you or specific  
images you want to strive  
towards.



HOSTED BY:  
CIRCLE OF DISCOVERY  
WHOLISTIC COUNSELLING

KETTLE AND STONY POINT FIRST NATION PUBLIC LIBRARY





# February 2024



## The Family and Community Outreach Program

~Committed to serving the families of KSPFN with children ages 0-6~

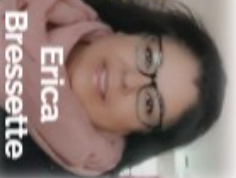
Telephone: 519-786-4940 or find us on Facebook under *Head Start/Day Care (Outreach)*  
Located at 6265 Indian Lane (Red doors)

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><b>5</b></p> <p> <b>Drop In Program</b> (Included - Get ready for Valentines Day with Valentines DIY Make and Takes to share with your loved ones) Time 4:30-6:00 Ages 0-6, Please Register.</p>	<p><b>7</b></p> <p><b>Learn to Crochet Program #2</b> With Ruth George 5:30-7:30 p.m. Limited childcare Must register All materials provided</p>	<p><b>1</b></p> <p> <b>Month Long Kindness Challenge</b> This month is Valentines Day. Let's show our love by completing this easy kindness challenge. Complete with your child and win a prize! Pick up before 4:00 p.m.</p>	<p><b>2</b></p> <p><b>Infant/Toddler Circle Time</b> With Pam and Letitia Join our fun &amp; engaging circle time with Pam and Letitia! Circle time, crafts and free play time in the central 10:00-12:00 Under 18 months</p>
	<p><b>6</b></p> <p><b>Learn to Crochet Program #2</b> With Ruth George 5:30-7:30 p.m. Limited childcare Must register All materials provided</p>	<p><b>14</b></p> <p><b>Learn to Crochet Program #2</b> With Ruth George 5:30-7:30 p.m. Limited childcare Must register All materials provided</p>	<p><b>8</b></p> <p><b>Lunch Hour Parent Circle</b> Support circle during your lunch hour! Lunch provided! 12:00-1:00 p.m. Come out, have some lunch and join our supportive safe circle where parenting topics will be discussed. (For parents of children ages 0-6)</p>	<p><b>9</b></p> <p><b>Family Food Day!</b> ****For families actively attending Outreach monthly Programming with children ages 0-6** Must register. Pick up between 3:00 and 4:00 p.m (or arrange a time with Outreach Staff)</p>
	<p><b>12</b></p> <p><b>Natural Medicines Workshop</b> With Joanne Kewegeshig Make loose herbal tea and a jar of herbal syrup. 5:00-7:30 For parents/caregivers of children ages 0-6. Limited childcare Must register.</p>	<p><b>13</b></p> <p><b>Learn to Crochet Program #2</b> With Ruth George 5:30-7:30 p.m. Limited childcare Must register All materials provided</p>	<p><b>15</b></p> <p><b>Lunch Hour Parent Circle</b> Support circle during your lunch hour! Lunch provided! 12:00-1:00 Come out, have some lunch and join our supportive safe circle where parenting topics will be discussed. (For parents of children ages 0-6)</p>	<p><b>16</b></p> <p><b>Family Day Take Home Activity</b> Family activity for Family day! Receive a Cupcake kit with a cupcake themed book! *Limited Supply* Must register For families with children ages 0-6 Pick up 12:00-4:00</p>
	<p><b>19</b></p> <p><b>Story Night and Make &amp; Take</b> (Chicka Chicka Boom Boom) Join us for an evening of alphabet fun! We will read the book Chicka Chicka Boom Boom and alphabet activities to follow! Ages 2-6 Time 5:00-6:00</p>	<p><b>20</b></p> <p><b>Learn to Crochet Program #2</b> With Ruth George 5:30-7:30 p.m. Limited childcare Must register All materials provided</p>	<p><b>22</b></p> <p><b>Infant Massage X6 weeks</b> (Pam Wilde &amp; Letitia Greenbird-Certified Infant Massage Instructors) 5:00-6:30 p.m. Must Register Dinner included! For parents with babies under 12 months</p>	<p><b>23</b></p> <p><b>P.D Day Closed</b></p>
<p><b>26</b></p> <p><b>Family Day! Centre is Closed</b> Enjoy your day together families!</p>	<p><b>27</b></p> <p><b>Drop In Program (Snow Play)</b> Drop in and join us for a fun time in Outreach where we will be learning a variety of ways to play with snow! Different stations for you and your child to enjoy! Ages 0-6 4:30-6:00</p>	<p><b>28</b></p> <p>Possible Crochet extension date (depending if parents/caregivers are finished their projects) This date is reserved for crochet the extension.</p>	<p><b>29</b></p> <p><b>Infant Massage X6 weeks</b> (Pam Wilde &amp; Letitia Greenbird-Certified Infant Massage Instructors) 5:00-6:30 p.m. Must Register Dinner included! For parents with babies under 12 months</p>	



# Kettle & Stony Point Senior's 55+


## FEBRUARY ACTIVITIES 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	Call in Day to register for Grocery Gift card Water Aerobics Class Forest Golf & Country 3:30 - 4:45 PM	6 Walk/Run Program 5 - 7 PM Hillside Gym	7 Water Aerobics Class Forest Golf & Country 3:30 - 4:45 PM	8 Walk/Run Program 5 - 7 PM Hillside Gym	9	10
11	Valentines Day Activity Vernon Room 5 - PM Water Aerobics Class Forest Golf & Country 3:30 - 4:45 PM	13 Grocery Gift Card 10 - 1 Carol Room Walk/Run Program 5 - 7 PM Hillside Gym	14 Paint Night Vernon Room 5 - 8 PM Water Aerobics Class Forest Golf & Country 3:30 - 4:45 PM	15 Walk/Run Program 5 - 7 PM Hillside Gym	16	17
18	19 Water Aerobics Class Forest Golf & Country 3:30 - 4:45 PM	20 Walk/Run Program 5 - 7 PM Hillside Gym	21 Water Aerobics Class Forest Golf & Country 3:30 - 4:45 PM	22 Toonie Luncheon Vernon Room 12 - 1 PM Walk/Run Program 5 - 7 PM Hillside Gym	23	24
25	26 Water Aerobics Class Forest Golf & Country 3:30 - 4:45 PM	27 Walk/Run Program 5 - 7 PM Hillside Gym	28 Water Aerobics Class Forest Golf & Country 3:30 - 4:45 PM	29 Walk/Run Program 5 - 7 PM Hillside Gym		
If interested in any of the activities please contact Erica Bressette, Senior's Activity or Tania Henry, Senior's Activity resource at 519-786-5647						

**KSPFN Senior's 55+ February Activities! Please note: Call In Day for Grocery Gift Card is Monday February 5th. If interested in the Water Aerobics Program, please call ASAP, so we can get you registered. Run / Walk Program will be every Tuesday & Thursday.**





**Kettle & Stony Point  
Senior's 55+**

# WATER AEROBICS *classes*

**Forest Golf Club & Inn  
102 Main St S, Forest, ON N0N 1J0**

**FEBRUARY – MARCH – MONDAYS & WEDNESDAYS  
3:30 PM – 4:45 PM**

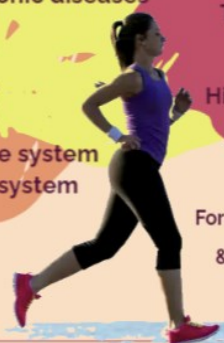
If interested in attending please contact Erica Bressette, Senior's Activity Coordinator or Tania Henry, Senior's Activity Resource at 519-786-5647, limited spots available.

Walking is a great way to improve or maintain your overall health. Just 30 minutes every day can increase cardiovascular fitness, strengthen bones, reduce excess body fat, and boost muscle power and endurance.

# RUN & WALK PROGRAM

**Benefits of Walking**  
 Improve your mood  
 Burn Calories and maintain a healthy weight  
 Improve heart health  
 Reduce your risk of chronic diseases  
 Reduce your stress  
 Improve your sleep  
 Boost your brain power  
 Alleviate joint pain  
 Stimulate your digestive system  
 Kickstart your immune system  
 Protect your bones  
 Enhance creativity  
 Live longer

Coming Soon, watch for flyer  
 Tuesdays and Thursdays  
 5:00 - 7:00 PM  
 Hillside School Gymnasium



For Further Info, please call Kettle & Stony Point Health Services  
 519-786-5647

Carlene Mennen, R.N., Community Nurse  
 Erica Bressette, Senior's Activity Coordinator  
 Lana White, HCC Coordinator

**Kettle & Stony Point Senior's 55+**

# HAPPY VALENTINE'S

ARTIFICIAL FLOWER  
 WORKSHOP WITH  
 FACILITATOR LEAH ROGERS  
 MONDAY FEBRUARY 12TH  
 10 - 1 PM  
 VERNON ROOM



# DAY ACTIVITY

If interested in attending, please call Erica Bressette, Senior's Activity Coordinator or Tania Henry Senior's Activity Resource at 519-786-5647

**Points Preference  
SUPERMARKET  
GROCERY GIFT  
CARD GIVEAWAY**



**Kettle & Stony Point Senior's 55+**

Pick up day will be  
**Tuesday February 13th,  
 10 - 12 in the Carol Room.**

**FRESH MEAT'S**

**MILK PRODUCTS**



**FRESH VEGETABLES**



**FRESH FRUITS**



Please call KSPHS RECEPTION 519-786-5647, if interested in receiving a free grocery gift card. Limited gift cards are available. Call IN DAY is Monday February 5th, 2024.



**Kettle & Stony Point Senior's 55+**  
please join us for an evening of fun!

# Paint Night

With Artist  
John Williams  
of Aamjiwnaang  
First Nation. John  
has been drawing  
since he could hold a  
crayon. Specializing  
in acrylic paintings,  
pen & ink and  
graphite drawings



**Wednesday February 14th**

**5 - 8 PM**

**Vernon Room**

**Limited spots available**

If interested, please contact Erica Bressette,  
Senior's Activity Coordinator or Tania Henry,  
Senior Activity Resource at 519-786-5647

**Kettle & Stony Point Senior's 55+**

# Chilli & Frybread

**\$2.00**

**Thursday**

**February 22nd**

**12 - 1 PM**

**Vernon Room**



If you are interested in attending, please contact Erica  
Bressette, Senior's Activity Coordinator or Tania Henry,  
Senior's Activity Resource at 519-786-5647





# ***Jordan's Principle Soup Box***

## ***60 Boxes Available***

***PICK UP DATE***

***Feb 28 2024***

***1:00 pm - 3:00 pm***



***For Children 0-17 years that live in the home***

***Families are required to call the Reception Desk***

***On Feb 16 2024 to be placed on the list.***

***(519) 786 - 5647***

***Please no calls before the date.***

- ***After 3:00 we move on to the waitlist***
- ***Parent/caregiver are responsible for their own pick-up***
- ***Please bring a grocery bag***



KETTLE & STONY POINT  
**Health Services**

# GET YOUR RSV VACCINE!



**IF YOU ARE 60 YEARS OF AGE OR OLDER  
AND FIRST NATIONS, INUIT OR MÉTIS  
YOU ARE ELIGIBLE FOR FREE  
RSV VACCINE**

**SPEAK TO YOUR HEALTH CENTRE, NURSING STATION  
OR HEALTH CARE PROVIDER FOR DETAILS**



# Medical Transportation Dates 2024

Due Date

Payment Date

December 2023 slips are due January 8 - 2024	January 26 - 2024
January slips are due February 1 - 2024	February 23 - 2024
February slips are due March 1 - 2024	March 22 - 2024
March slips are due April 1 - 2024	April 19 - 2024
April slips are due May 1 - 2024	May 17 - 2024
May slips are due June 1 - 2024	June 14 - 2024
June slips are due July 1 - 2024	July 26 - 2024
July slips are due August 1 - 2024	August 23 - 2024
August slips are due September 1 - 2024	September 20 - 2024
September slips are due October 1 - 2024	October 18 - 2024
October slips are due November 1 - 2024	November 15 - 2024
November slips are due December 1 - 2024	December 13 - 2024

## Medical Transportation

### Payment Amounts

Arkona	\$6.30	Mount Brydges	\$28.80	St. Thomas	\$45.45
Arva	\$37.57	Muncey	\$23.62	Thamesville	\$23.60
Chatham	\$46.12	Newbury	\$33.52	Theford	\$9.45
Corunna	\$21.60	Oil Springs	\$23.40	Tilbury	\$38.70
Forest	4.50	Parkhill	\$17.10	Wallaceburg	\$42.75
Glencoe	\$23.40	Petrolia	\$16.20	Watford	\$12.37
Grand Bend	\$15.75	Point Edward	\$20.70	Windsor	\$44.55
Ilderton	\$23.40	Sarnia	\$20.70	Wingham	\$55.35
Lobo	\$28.12	Southwold	\$24.75	Wyoming	\$11.70
London	\$35.55	Strathroy	\$21.15		

Private Mileage - NIHB private mileage rates are reviewed annually based on the National Joint Recipient (NJC) Government Commuting Assistance Rates. The rates, and any subsequent changes to NIHB rates will be provided to the Recipient by the regional office.

- KSPHS Does not determine these rates -





Home Cooked

# FOOD FOR THOUGHT

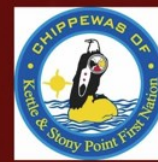
Thursday's at  
KSP Child & Family Services Building  
12-1pm

*Must be present*

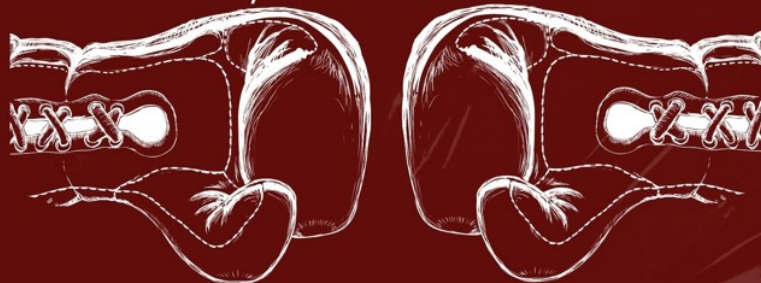
Enjoy a delicious freshly cooked  
lunch on us

KSP CHILD & FAMILY SERVICES, FAMILY WELL-BEING, SPORTS & REC AND HEALTH SERVICES

# PUREBRED FIGHT CLUB



**MMA, MUAY THAI, KICKBOXING,  
FITNESS, ENDURANCE TRAINING**



**FOR AGES 10-17**

COMMUNITY INTEREST? CALL (519) 786-6680

SPORTS AND RECREATION  
CHILD & FAMILY SERVICES  
FAMILY WELL-BEING

## **FAMILY BOARD GAME NIGHT IN A BAG!**

Your Choice of Board Game:  
Snakes & Ladders, The Game of  
Life, Clue or Trouble

Snacks & Drinks Included

Call 519-786-6680  
limited quantity  
sign up before Feb 2  
pick up at CFS February 9th by  
430pm

**FAMILY DINNER  
IN A BAG**

## **PIZZA KIT CEASER SALAD GARLIC BREAD**

BROUGHT TO YOU BY  
FAMILY WELL-BEING  
CHILD & FAMILY SERVICES  
SPORTS AND RECREATION

**LIMITED SPACE! CALL 519-786-6680 EXT 116 BRITNEY  
MUST BE SIGNED UP BY FEB 16TH!**

**PICK UP DATE: FEB 28TH  
UPON PICK COLLECT A CINAPLEX  
CARD!**





# 2024 LITTLE NHL PLAYER, COACHES & TRAINERS DONATION

**DEADLINE ::**  
**FEB 21TH**  
**4PM**  
**no**  
**exceptions**



**LITTLE NHL**

**PLEDGE**

As a player of the Little NHL, I will show true sportsmanship and play with pride for my community.

As a parent of the Little NHL, I will model respect at all times throughout the tournament.

As a fan of the Little NHL, I will model nation-to-nation citizenship to honour all hockey players and fans.

And together, we will promote the importance of getting an education to build stronger nations.

These four pillars... sportsmanship, respect, citizenship and education will honour all people.

RESPECT

EDUCATION

SPORTSMANSHIP

CITIZENSHIP



APPLY TO - KSPFN Sports & Rec Committee

MUST INCLUDE - letter of request, players date of birth, status number, team & division, team managers name & contact number and player release form

KSPFN REGISTERED MEMBERS

LIMITED FUNDS



LETTER OF REQUEST CAN BE DELIVERED TO ADMINISTRATION OFFICE, YOUTH CENTRE OR [michelle.smith@kettlepoint.org](mailto:michelle.smith@kettlepoint.org).

For more information contact MICHELLE @ 519-786-4893

YOU ARE INVITED TO

# MARCH BREAK ICE SKATING

LAMBTON SHORES RECREATION CENTRE

WEDNESDAY MARCH 15, 2023 FROM

10:00-12:00



FREE TO  
KSPFN  
FAMILIES


KSP CHILD & FAMILY SERVICES  
& SPORTS AND RECREATION

# Health Policy+

## Presentation and Dinner

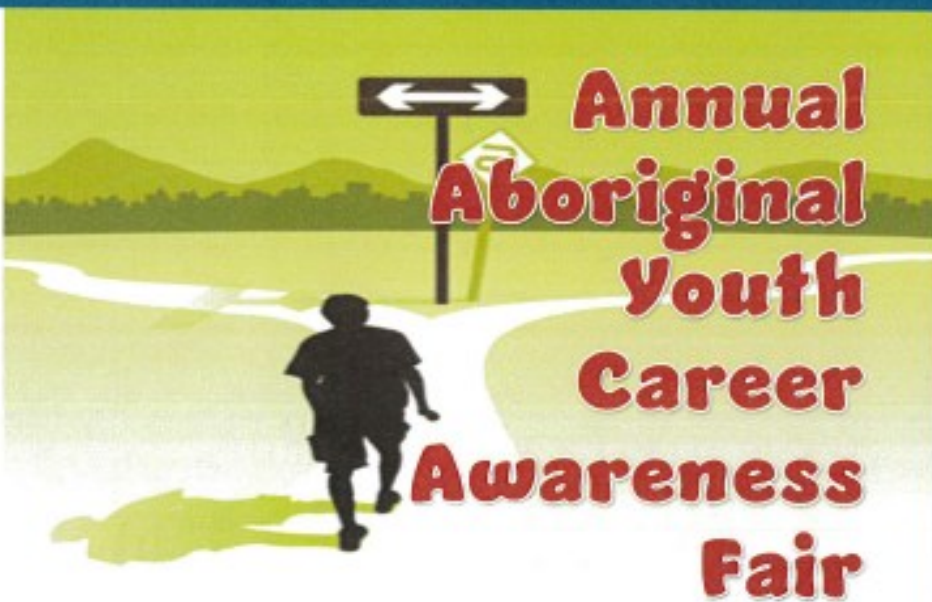
- February 5th 2024
  - Hillside Gym
  - 5-7pm
- Health Policy Survey to be filled out for a gift card
  - Door prizes
- Only 75 spots available



 Call Family Well Being  
5197866680 extension  
116 to register







# SAVE the DATE

Focused on Students in Grades 6-12 from:

Chippewas of the Thames  
Oneida Nation of the Thames  
Chippewas of Kettle & Stony Point  
Eelūnaapéewi Lahkéewiit  
(Moravian of the Thames)  
Walpole Island  
Caldwell First Nation  
And Host Nation:

**Aamjiwnaang First Nation**

**Exhibitors Please Contact:**

Melissa Medeiros  
519-336-8410 Ext. 249

[Mmedeiros@aamjiwnaang.ca](mailto:Mmedeiros@aamjiwnaang.ca)

**Students/Teachers Please Contact:**  
Your Employment & Training Office

**March 6, 2024**



**March 7, 2024**

**AAMJIWNAANG  
FIRST NATION**



**Maawn Doosh Gumlg  
Community Centre  
1972 Virgil Avenue  
Sarnia, ON N7T 7H5**



## Four Winds Community Employment Services

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### 2024 Indigenous Skills Employment & Training Program (ISETP) 2024 Summer Student Application Notice

To: Kettle & Stony Point First Nation Departments  
Non-Profit – Administration  
Private Sector – Small Business

From: Four Winds Community Employment Services

Date: December 12, 2023

Re: 2024 Summer Student Employment Program- Employers Funding Summer Student Wage  
Subsidies/Work Experience Program & Employing Youth

---

Four Winds will be accepting applications for our annual Summer Student Employment Program (SSEP) 2024 this coming March 2024. *This notice serves as a reminder to allow for Summer Students within your 2024 budget.*

**Eligible Funds for: Not-for-Profit Businesses/ First Nation Administration Department Employers:**

**Are eligible for 100% of minimum wage** – negotiable depending on the number of jobs & number of students. Please contact Four Winds for further details.

**Eligible Funds for: For-Profit / Private Sector / Small & Medium Businesses/Employers:**

**Are eligible for up to 50% of minimum wage** – negotiable depending on the number of jobs & number of students. Please contact Four Winds for further details.

This program is designed specifically for full-time students ages 15-29, and must provide proof of returning to school in the fall. Our primary objective is to offer Community Youth an opportunity to gain work experience, training and skills, increasing career potential and employability.

**\*\*Please have job descriptions ready to attach to your application in March 2024\*\***

All Employers must

- Have Canadian Revenue Agency (CRA) business number
- Workers Compensation Liability Insurance
- Offer employment for a minimum of 24 hours per week, a maximum 35 hours.
  
- First Nation Salary grid minimum wage is \$16.70/hour.

Please submit completed applications to: [fourwinds@kettlepoint.org](mailto:fourwinds@kettlepoint.org)

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Located at: 8-9111 West Ipperwash Road, Kettle Point, ON N0N 1J1 Tel: (519) 786-6780 Fax: (519) 786-3114

Billing/Mailing: 6247 Indian Lane, Kettle & Stony Point FN, ON N0N 1J1 c/o Chippewas of Kettle & Stony Point First Nation



For Profit Business ☐

Not-for-Profit Business ☒

**EMPLOYER INFORMATION**

Name of Organization/Business:		Registration/Business Number:	
Legal Name of Organization/Business (if applicable)		Name of Contact Person:	
Mailing Address:	City:	Province:	Postal Code:
Email:	Phone No.:	Fax No.:	

**EMPLOYER REQUEST**

Number of Participants:	Student Education Level: SECONDARY <input type="checkbox"/> POST- SECONDARY <input type="checkbox"/>		
Duration of Position(s) (mm/dd/yy)	Total # of Weeks: _____ Start Date: _____ End Date: _____		
Location of Activities:	911# and road/street name:	WSIB or INSURANCE #:  WSIB RATE:	

**PROGRAM INFORMATION – What student programs have your been approved for in the past?**

☐ ISETP Funding (Full Time Students from CKSPFN)

☐ ISC Funding (Students or Youth)

**FINANCIAL INFORMATION**

POSITION(S)	# OF STUDENTS	# OF WEEKS	HOURS PER WEEK	TOTAL HOURS	WAGE RATE	SUBSIDY % REQUEST	SUBSIDY REQUEST PER HOUR	TOTALS
<b>SUB TOTAL</b>								
<b>EMPLOYER PORTION</b> of Mandatory Employment Related Costs _____ x _____ =								
<b>TOTAL</b>								

Four Winds requires all applicants to submit a proposal prior to being considered for funding. All proposals should clearly outline the following information in addition to any other pertinent information:

PLEASE SUBMIT YOUR COMPLETED APPLICATION ALONG WITH YOUR LETTER OF REQUEST, WHICH MUST INCLUDE:

- |   |   |
|---|---|
| 1. LEGAL INFORMATION (Please include Signing Authority's full name) | 6. BENEFITS TO THE COMMUNITY- Local labour market needs                 |
| 2. OBJECTIVES AND ACTIVITIES OF THE PROJECT                         | 7. BENEFIT TO THE YOUTH PARTICIPANTS, TRAINING OBJECTIVES AND WORK PLAN |
| 4. TIME FRAMES  | 8. STUDENTJOB DESCRIPTIONS – All Student Positions                      |
| 5. BUDGET –in addition to wages i.e.: training/special tools        |   |

**Signing Authority Signatures**

**FOR BUSINESS/ORGANIZATION:**

X _____	_____	_____
SIGNATURE	POSITION	DATE

Four Winds Community Employment Services 8-9111 West Ipperwash Road, Kettle Point ON N0N 1J1

Tel: 519-786-6780 Fax: 519-786-3114

Web: [Kettle & Stony Point First Nation Four Winds Community Employment Services \(kettlepoint.org\)](http://Kettle & Stony Point First Nation Four Winds Community Employment Services (kettlepoint.org))

Marine Stewardship

# Marine Basic First Aid and CPR/AED



The Chippewas of Kettle & Stony Point is working in partnership with the Canadian Coast Guard to improve marine emergency preparedness and response initiatives.

This newly formed partnership agreement is made possible through the Ocean Protection Plan. The Ocean Protection Plan provides funding to advance partnerships and training opportunities for Indigenous and coastal communities to incorporate their expertise and experiences in various aspects of marine safety and ecosystem protection.

## Workshop Details

### Marine Basic First Aid and CPR/AED

Saturday, February 24<sup>th</sup> & Sunday, February 25<sup>th</sup>, 2024.

Three Fires Youth Centre | 8:30 am – 4:30 pm

- Lunch and refreshments will be provided.
- A three-year certificate from Canadian Red Cross is awarded upon completion.
- 16 hours of instructional time.
- 100% attendance is required.

For more information, please contact:

### Waneda Monague-Steinburg

*Marine Liaison Officer*

T: 519-786-2125 ext.128

E: [Waneda.Monague-Steinburg@kettlepoint.org](mailto:Waneda.Monague-Steinburg@kettlepoint.org)

A: 6247 Indian Lane, Kettle & Stony Point FN





**Ministry of Indigenous Affairs**

Office of the Minister

4<sup>th</sup> Floor, 160 Bloor Street East  
Toronto ON M7A 2E8  
Tel: 416-326-4740

**Ministry of Public and Business  
Service Delivery**

Office of the Minister

5<sup>th</sup> Floor, 777 Bay Street  
Toronto ON M5B 2H7  
Tel.: 416 212-2665  
TTY: 416 915-0001

**Ministère des Affaires autochtones**

Bureau du ministre

4<sup>e</sup> étage, 160, rue Bloor Est  
Toronto ON M7A 2E8  
Tél.: 416-326-4740

**Ministère des Services au public et  
aux entreprises**

Bureau du ministre

5<sup>e</sup> étage, 777, rue Bay  
Toronto ON M5B 2H7  
Tél. : 416 212-2665  
ATS : 416 915-0001

**VIA EMAIL**

607-2024-23

January 23, 2024

Today, our government announced new permanent measures to make it easier for Indigenous communities and families seeking and registering certain vital event documents in the province.

First, our government is permanently waiving the fees for Indian Residential School Survivors and their families who wish to reclaim traditional names that were changed by the school system. We are also waiving the fees for people seeking to change their name to a single name if it is in accordance with their traditional culture.

Next, our government is providing a streamlined, one window process to reduce the burden for those seeking death registration searches, certificates and certified copies of death registrations. As part of today's announcement, we are permanently waiving fees for those important documents. Fees are also being waived to register the death of children who attended Indian Residential Schools.

Our government recognizes the painful legacy that Indian Residential Schools still have today. It is our hope that by providing permanent relief, we are able to provide support to communities and families at every step of their journey towards healing.

Best regards,

The Honourable Greg Rickford  
Minister of Indigenous Affairs

The Honourable Todd McCarthy  
Minister of Public and Business Service Delivery

# VETERINARY SPAY/NEUTER & WELLNESS CLINIC

## Kettle & Stony Point BAND MEMBERS ONLY

BOOKING OPENS FEBRUARY 5TH AT 12 PM

SPAY/NEUTER SERVICE

24 HR CANCELLATION REQUIRED

FEMALE OR MALE DOG (puppy or adult) \$170 includes wellness

FEMALE CAT (kitten or adult)

\$110 includes wellness

MALE CAT (kitten or adult)

\$60 includes wellness

**WHEN:** May 6-10, 2024

**WHERE:** KSP Health Services  
**VERNON ROOM ACCESS DOOR**

(west side door entrance to the left of the main door)  
**6275 Indian Lane**

### WAYS TO BOOK AN APPOINTMENT

ONLINE: [chpp.use1.ezyvet.com/external/portal/main/login#googtrans\(en\)](https://chpp.use1.ezyvet.com/external/portal/main/login#googtrans(en))

FACEBOOK MESSENGER (type in): [m.me/OVCCHPP](https://m.me/OVCCHPP)

EMAIL: [chpp@uoguelph.ca](mailto:chpp@uoguelph.ca)

TEXT/CALL: 226-962-3751 (NON-EMERGENCY)

**PROVIDE:** Your name, Pet's name(s);  
Dog(s) or Cat(s); Age(s); Breed(s); Sex(es)

### ADDITIONAL SERVICES

Microchip \$10

Nail trim \$10

Pets must be on  
leash or in a carriers

### WELLNESS



### FELINE

**\$30 includes:**

- Full exam
- Consultation
- Rabies vaccination
- Core vaccinations (FVRCP)
- Flea/tick treatment provided as needed
- Dewormer

### CANINE

< 20 kg (<45 lbs) \$40

20-40 kg (45-90 lbs) \$50

> 40 kg (>90 lbs) \$60

- Full exam
- Consultation
- Rabies vaccination
- Core vaccinations (DHPP)
- Dewormer

### HEARTWORM PREVENTION

- Heartworm test
- Heartworm prevention
- Heartworm treatment with a positive result
- Tick disease test (4DX)
- Flea/tick treatment provided as needed



### PREVENTION MEDICATION

**PICK-UP ONLY**  
**\$25 (dog/cat)**

Aboriginal  
Community & Animal  
Advocacy Connection

FIRST NATION ANIMAL WELFARE TEAM  
Awareness—Education—Advocacy—Services  
IMPROVING HEALTH & WELLBEING  
First Nation Reserved & Operated 2022  
Not for Profit Organization

**STATUS CARD REQUIRED  
upon appointment arrival**



# BULK ITEM & LARGE LOAD DROP OFF

## WHEN?

**Third Sunday of every Month**

## Where?

**Waste and Recycling Depot:**

Entrance located on Middle Rd. East of Centre rd.

Payment will not be accepted on site – no exception

Please help to keep our depot area clean and safe – Thank You



Payments can be made at the Chippewas of Kettle & Stony Point F.N. administration office – accounts receivable – Mon – Fri 8:30am – 4:30pm  
Payment must be received before 4pm the Thursday prior to drop off. Receipt must be submitted to attendant for item drop off.

## ACCEPTED ITEMS:

MATTRESS,  
BOX – SPRINGS,  
BED FRAMES,  
GABINETS,  
SOFAS,  
FURNITURE ITEMS,  
TABLES&CHAIRS  
TIRES,  
BATTERIES,  
SCRAP METAL,

## ITEMS

## NOT ACCEPTED:

OILS,  
PAINTS,  
REFRIDGERATED  
ITEMS, - UNLESS  
TAGGED  
BULK YARD  
WASTE,  
LIQUID WASTE,  
FISH/WILDLIFE  
REMNANTS,  
SHINGLES

## WARNING

USE AREA AT OWN RISK.  
KETTLE POINT IS NOT  
LIABLE FOR DAMAGES OR  
PERSONAL INJURY

# BULK ITEM & LARGE LOAD DROP OFF

## PRICING

MATTRESS & BOXSPRING	\$20
SOFA	\$20
LOVESEAT / ARM CHAIR	\$15EA
TABLE & CHAIR SET	\$20
CAR & LT TRUCK TIRES	\$5EA
AUTOMOTIVE BATTERIES	\$5EA
APPLIANCES,	
STOVES, WASHERS, DRYERS	\$10EA
CAR, CROSS OVER, SUV	\$35
PICKUP TRUCK, (MODERATE LOAD)	\$50
SMALL TRAILER (UP TO 8')	\$50
(EXCESSIVE LOADS WILL BE REJECTED)	



PAYMENTS CAN BE MADE AT THE CHIPPEWAS OF KETTLE & STONY POINT F.N. ADMINISTRATION OFFICE – ACCOUNTS RECEIVABLE. PAYMENT MUST BE RECEIVED BEFORE 4PM, THURSDAY BEFORE DROP OFF. RECEIPT MUST BE SUBMITTED TO ATTENDANT FOR ITEM DROP OFF.

## ITEMS NOT ACCEPTED:

OILS,  
PAINTS,  
REFRIDGERATED  
ITEMS, - UNLESS  
TAGGED  
BULK YARD  
WASTE,  
LIQUID WASTE,  
FISH/WILDLIFE  
REMNANTS,  
SHINGLES

IF YOU ARE UNSURE  
PLEASE ADDRESS  
THE SITE MONITOR  
TO DISCUSS  
PRICING FOR YOUR  
ITEMS.  
SITE MONITOR HAS  
THE RIGHT TO  
REFUSE OFF  
LOADING, IF THE  
LOAD IS EXCESSIVE  
OR ITEMS ARE NOT  
PERMITTED

## WARNING

USE AREA AT OWN RISK.  
KETTLE POINT IS NOT  
LIABLE FOR DAMAGES OR  
PERSONAL INJURY

## Hours of Operation at Kettle Point Garbage Drop-Off

<b>SUNDAY</b>	<b>10:00 AM TO 2:00 PM</b>
<b>MONDAY</b>	<b>CLOSED</b>
<b>TUESDAY</b>	<b>10:00 AM TO 2:00 PM</b>
<b>WEDNESDAY</b>	<b>CURBSIDE PICK-UP</b>
<b>THURSDAY</b>	<b>10:00 AM TO 2:00 PM</b>
<b>FRIDAY</b>	<b>CLOSED</b>
<b>SATURDAY</b>	<b>CLOSED</b>

**THE EARTH  
NEEDS OUR  
HELP!**



Let's work together to  
**RESPECT & PROTECT**  
our home

Don't litter



Don't Waste!  
Use Less

Help clean up



**MAKE EVERY DAY EARTH DAY**



## Service Canada in your community!

Service Canada can provide information and help you access Government of Canada programs and services.

**Service Canada will be here to serve you on the following dates:**

Monday Novembre 27, 2023  
Monday January 22, 2024  
Monday February 26, 2024  
Monday March 25, 2024  
Monday April 29, 2024

**Hours of service:**

9:30 a.m. to 3:30 p.m.

**Office is closed:**

12:00 p.m. to 1:00 p.m.

**You can also visit us in-person at one of these nearby**

**Service Canada Centres (SCC):**

Sarnia SCC

529 Exmouth street - Sarnia ON L7T 5P6

London SCC

457 Richmond St - London ON N6A 3E3

Goderich SCC

52 East St - Goderich ON N7A 1N3

**Hours of service:**

Monday to Friday

8:30 a.m. to 4:00 p.m.

Please access Government of Canada programs online at [Canada.ca](https://Canada.ca) or by telephone at 1 800 O-Canada (1 800 622-6232).

## Service Canada se rend dans votre localité!

Service Canada peut vous renseigner, et vous aider à accéder aux programmes et aux services du gouvernement du Canada.

**Service Canada sera ici pour vous servir les dates suivantes :**

lundi 27 novembre 2023  
lundi 22 janvier 2024  
lundi 26 février 2024  
lundi 25 mars 2024  
lundi 29 avril 2024

**Heures de service :**

9h30 à 15h30

**Bureau est fermé :**

12 h à 13 h

**Vous pouvez également nous visiter en personne à un des Centres Service**

**Canada (CSC) suivants :**

CSC Sarnia

529 Rue Exmouth - Sarnia ON L7T 5P6

CSC London

457 rue Richmond, London ON N6A 3E3

CSC Goderich

52 rue Est - Goderich ON N7A 1N3

**Heures de service :**

Lundi au vendredi

8 h 30 à 16 h

Veuillez accéder aux programmes du gouvernement du Canada en ligne à [Canada.ca](https://Canada.ca) ou par téléphone au 1 800 O-Canada (1 800 622-6232).

Service  
Canada 

**LICENSED ♦ INSURED ♦ WARRANTIES**



# LC EXCAVATING



**COMPETITIVE RATES**

**GUARANTEED SENIOR  
DISCOUNT RATES**

**SEPTIC TANK  
INSTALLATION SERVICES  
AVAILABLE**




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- EARTHWORKS
- SILT FENCING
- RIVER RESTORATION
- SEDIMENT & EROSION CONTROL
- BREAK WALLS & DEMOLITION
- GRADING
- SWM PONDS

**Connect with us:**

 [www.lcexcavating.ca](http://www.lcexcavating.ca)  [info@lcexcavating.ca](mailto:info@lcexcavating.ca)  (519)328-2797 or (226)919-7781

 6082 Indian Lane, Kettle & Stony Point First Nation, ON, N0N 1J1





London District Chiefs Council

# First Nations Health Policy

## Survey

To complete the survey, scan the QR  
code below:



<https://form.jotform.com/2334560533925054>

The first 2,000  
respondents will receive a  
\$10.00 gift card.

## YOUR HEALTH, OUR PRIORITY

SFNS is gathering community input  
about how First Nations access  
healthcare services and how we can  
improve First Nations health outcomes.

The survey is for creating a  
comprehensive First Nations Health  
Policy where the eight First Nations with  
membership to the LDCC can work with  
healthcare providers to co-create  
equitable and accessible healthcare  
systems.

Survey submissions will be accepted  
until February 29, 2024



For more information or alternative  
survey formats contact:

Michaela Nahmabin-Hiltz  
[mnahmabin-hiltz@sfns.on.ca](mailto:mnahmabin-hiltz@sfns.on.ca)



Southern First Nations  
Secretariat



Southern First Nations  
Secretariat

## Stay connected with SFNS SAVE Mobile Plans!

Join now and save 20-40% on mobile costs.

SPECIAL SAVINGS FOR OUR MEMBERS:

Powered By  ROGERS

Favourite **save** Mobile Plans

<b>5GB</b> Shared Data Starting At <b>\$37</b> /mo	<b>20GB</b> Unlimited Plan Starting At <b>\$49</b> /mo	<b>50GB</b> Unlimited Plan Starting At <b>\$72</b> /mo
--	--	--

Southern First Nations Secretariat (SFNS) is excited to  
introduce the SAVE Mobile Plans program offered  
exclusively to our member First Nations. Try the Cost  
Calculator, enabling you to determine the exact cost for  
your plan and new phone (iPhone 15 as low as \$0 down).

To explore plans, scan

QR code:



### All Plans Include:

- ✓ 5G service where available  
on 5G enabled devices
- ✓ Unlimited Local Calling
- ✓ Unlimited North American  
Long Distance Calling and  
Texting. From Canada to  
Canada or to the USA
- ✓ Unlimited Texting to  
International numbers  
(includes Picture/Video)  
from Canada
- ✓ Visual or Enhanced  
Voicemail, Call Forwarding,  
Call Number and Name  
display, Group Calling, Call  
Waiting and WiFi Calling
- ✓ Daily roam (\$12/day US,  
\$15/day International)

For more information email [sydian@vestanetworks.com](mailto:sydian@vestanetworks.com)



## Kettle & Stony Point First Nation Community Newsletter Advertising Rates:

Details	1 Month	2 Months 10% Off	3 Months 15% Off	6 Months 25% Off
¼ Page	\$15.00	\$27.00	\$38.25	\$67.50
½ Page	\$25.00	\$45.00	\$63.75	\$112.50
¾ Page	\$40.00	\$72.00	\$102.00	\$180.00
Full Page	\$50.00	\$90.00	\$127.50	\$225.00

\* These rates do not apply to Kettle & Stony Point Organizations \*

**execulink**  
TELECOM

Experience our new  
Smart Home services!

Monitor your house, control your appliances, and customize your device schedules for a smarter and safer at home experience.

[execulink.ca/smart](https://execulink.ca/smart) | 1.866.782.0868



# VALENTINE'S DAY

## Wordsearch



B B S D E C O R A T E L T T U S Q L R T  
 G I R L F R I E N D V Y H O L R E N F C  
 X A W P F L O W E R S Q A J S O W S V L  
 A J S B N D J A T E D D Y H L K Y N O H  
 Z Y B D O Y R O M A N C E E N P R P W R  
 M M M E I B B O U Q U E T I U S A E C Y  
 N H M I T I V E N S R L P V J E U F K P  
 A K K C C E T A R B E L E C U L R B I O  
 U W E R E E G T L J D T C Z R I B K S E  
 H O L U F Y D B R E R P J A N M E L S M  
 F S X S F I S J E A N Y D T N S F G Y G  
 H O E H A H C V E N E T R B E D O D Q I  
 N O U Q P A D H J W J H I B I E Y N V F  
 L F Y R N N R C O E Z I T N E R K E R T  
 P O A Y T A A U U C N V P E E C C I E A  
 J W V W V E C L E P O I J T E Z T R R A  
 T O G E T H E R P V I L M V O W N F I P  
 E C V V Q K S N J H F D A E U H S Y M W  
 R M E P P T I F T I M J K T B R T O D B  
 W M P V G T V U R H L H W B E I W B A H

### WORD LIST

ADMIRER  
 AFFECTION  
 BE MINE  
 BOUQUET  
 BOYFRIEND  
 CANDY  
 CARD  
 CELEBRATE

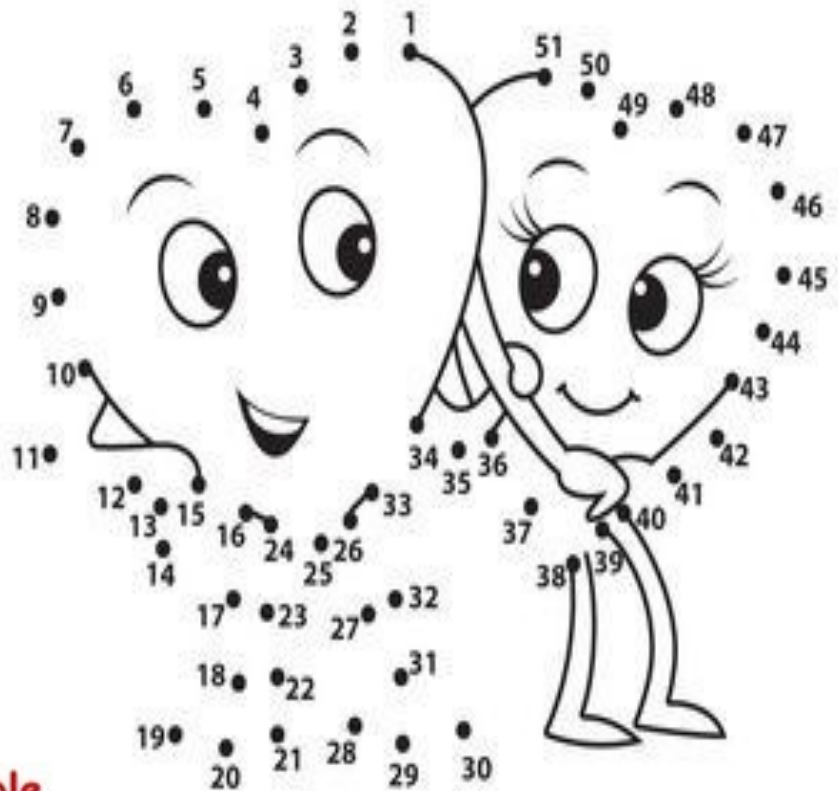
CHOCOLATE  
 CRUSH  
 CUPID  
 DECORATE  
 FEBRUARY  
 FLOWERS  
 FOURTEENTH  
 GIFT

GIRLFRIEND  
 HEART  
 KISS  
 LOVE  
 PINK  
 POEM  
 RED  
 ROMANCE

ROSE  
 SMILE  
 SWEETHEART  
 TEDDY  
 TOGETHER  
 VALENTINE

*Homemade*  
GIFTS MADE EASY

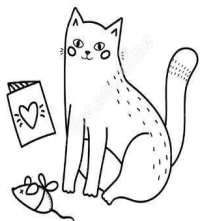
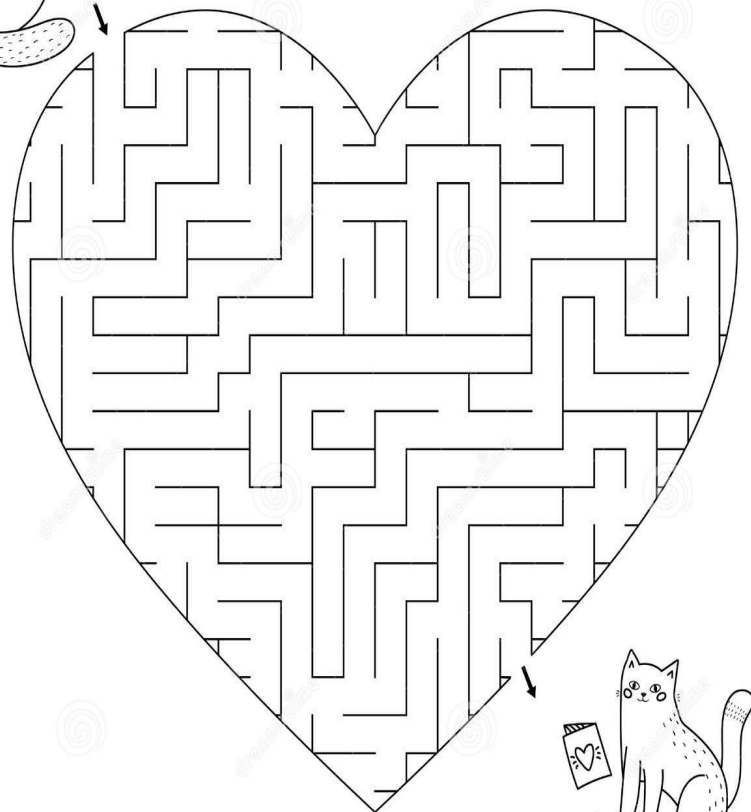
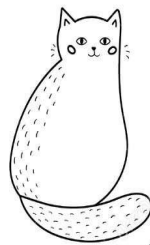
	7		4	1		2		5
5	8		2	3		7	4	
4		6			8	9		
		8	6		4			7
7	4			8		6	2	
	6			2		8		
				9			6	
6				4				2
	5	4		6			7	



## Valentine's Day Word Scramble

Unscramble the following list of shuffled words

- ATERS
- TCOHOALCE
- BAYERFRU
- DTDYE BEAR
- FLRWEOS
- UPCDI
- ISNEFRD
- RICOMTAN
- RDCAS
- NTAILEENV
- HGUS
- HRTAE
- EFROVE
- ACNDY







HAPPY  
*Valentine's*  
DAY