



Chippewas of Kettle & Stony Point First Nation

APRIL 2024 NEWSLETTER BOOPOOGAMI-GIIZIS

Broken Showshoe Moon



DEADLINE for May 2024 Newsletter is Tuesday, April 23, 2024 at 4 pm. Please email submissions to fdesk@kettlepoint.org or drop off at Administration Office.

Phone Directory for Business On or Around Kettle & Stony Point FN



3 Fires Youth Centre	519-786-4893	Hillside School	519-786-6903
Admin Office	519-786-2125	Indian Hills Golf	519-786-5505
Al's Gas	519-786-2267	Joey Little's Pizza	519-786-5287
ALF Building	519-786-2860	KSP Gas Station	519-786-3088
APS	519-727-2525	Library	519-786-2955
Arbor Acres	519-786-6350	LSC Electric (Landon George)	226-932-9026
Canada Post	519-786-2691	Melmacks	519-639-6424
Children/Family Services	519-786-6680	Mental Health & Wellness Hub	519-339-1598
Country Style	519-786-3804	NL Health Centre (KP)	519-786-2700
Daycare	519-786-4255	Points Preference	519-786-5956
Dental Office (KSP)	519-704-1400	Roads Dept	519-786-4552
Elder's Lodge	519-786-4183	Sewage Treatment	519-786-2835
Family Resource Centre	519-786-6588	SFNS-Post Secondary	519-692-5868
Family Well-Being	519-786-6680 ext. 116	Southwind Dev.	519-786-6753
Fire Hall	519-786-4900	Thunderbird Crafts	519-786-4775
Four Winds	519-786-6780	Tourist/Tabacco Shop	519-786-6436
Headstart Site	519-786-4940	Two Eagle Smoke	519-786-3738
Health Centre	519-786-5647	Water Treatment	519-786-2575
All EMERGENCIES			911



Happy birthday to Wade on April 11th! We hope you have great day!

Love The Henry's



Happy Birthday Kim! We all love and appreciate you so very much.

♥ Love The George Clan

HAPPY BIRTHDAY



A BIG HAPPY 10th BIRTHDAY going out to Willow Wilde on April 22nd!
We are so proud of you for being such an amazing example of how to be a kind person to all.
We love you so much. You are such a blessing in all our lives.
Love mom, dad and all your bro's; Luken, Kaiden, Ethan and Nolan ♡

A very happy 30th birthday goes out to the amazing, Will. You are an incredible father to our children and the best husband to me! I hope we can make your day extra special for this huge milestone! We love you, Dada! ♡



A very happy belated birthday going out to our dad Garnet Wilde who celebrated on March 20th! We love you dad!!
Love: Nolan, Ethan, Kaiden, Willow and Luken

Happy Birthday Derek George! We hope you have a great Birthday buddy. From, your coolest friends. Patrick & Motley

Mino DbishKaa! We hope you have the best day ever. May all your birthday wishes come true for you! Miigwetch
Love Motley & Patrick

CONGRATULATIONS



Congrats to Willow Wilde for being awarded 2nd place for her basketball skills during the Optimist Basketball program held at North Lambton Secondary School!!!

So proud of you Willow!! You worked so hard this year and you have some great basketball skills!

Love mom and dad ❤️



Congratulations to Ethan Wilde for completing his 2 year Music Business course at Durham College in Oshawa!

We are so proud of you son!!!

We know there are BIG things in store for you and we are so excited to see where life takes you!

Keep going after your dreams.

Love you always ❤️

Mom and Dad

A big congrats going out to Luken Wilde and Emin Wilde for doing so well in Legacy Hockey this year! You both worked so hard and have come so far in such a short amount of time! The entire family is so very proud of you both! Keep up the amazing dedication and hard work you two!

Love, your family ❤️



BOOPOOGAMI-GIIZIS

BROKEN SNOWSHOE MOON | APRIL 2024



NIZHWASO-GIIZHIGAD	NITAM-GIIZHIGAD	NIZHO-GIIZHIGAD	NSWI-GIIZHIGAD	NINWO-GIIZHIGAD	NAANO-GIIZHIGAD	NGODWAASWO-GIIZHIGAD
	1 Bezhig Weshige Giizhigad, April Fool's Day	2 Nizh Winaandi na gnoogbzhn? Are we in a vehicle stopping here?	3 Nswi Ggi-mongwaan na dhikong? Did you sleep well last night?	4 Nilwin Madedawabo n'ga-wzhimastiz. I'm going to make coffee for myself.	5 Naanan Mii go baamaa ge-eligwang wi-gihngimoyaan. Later next spring I want to fast.	6 Ngodwaaswi Wiliiaa na moozdeh ggi-niljin? Did you ever eat moose heart?
7 Nizhwaaswi Gdaankooljiginaang mkywomaadaang. Let's remember our ancestors.	8 Nshwaaswi Aandi ge-dzh-wildganaang? Where is the wedding going to be?	9 Zhaangswi Aandam eta go n'ga-niljin. Giyasabi go n'dabashni. I'll just eat some, I'm still full.	10 Mdaaswi Aanlin pii ga-wil-gogidwaad? When do they want to set net?	11 Mdaaswi-shi-bezhig Mani go lidog pii gda-shi-gnoozhizh. At any time whatsoever you can phone me.	12 Mdaaswi-shi-nizh Wewendan go bkaazaawe wedl waskhima. That young man over there cleans fish really well.	13 Mdaaswi-shi-nswi Nishisho, gdaa-booznodwzhnaam gishipin nandman, Grampa, you can catch a ride with us if you want.
14 Mdaaswi-shi-nilwin Aandi eendaad gwilijwaagan? Where does your dum live?	15 Mdaaswi-shi-naanan Nihwa nihnaabng yaaawng widi. There are lots of handsome people over there.	16 Mdaaswi-shi-ngodwaaswi Aanish ezhi-yaad goos? How is your dad feeling?	17 Mdaaswi-shi-nizhwaaswi Nookoo, gdaa-widookoon. Granny, I could help you.	18 Mdaaswi-shi-nshwaaswi Ni-go-gizswiak wi-nanji- baaghadweng. They're start playing lacrosse in one month.	19 Mdaaswi-shi-zhaangswi Aanlin pii ga-wi-wi- bbaankwazhweyan noogom? When do you want to go paddling today?	20 Nizhkana Zhi-nidwi wedl yi milkooq wiji. That land over there is flooded due to the beavers.
21 Nizhkana-shi-bezhig Aanini! Aanish naa gin? Hello! How are you?	22 Nizhkana-shi-nizh Ahi Giizhigad. Earth Day.	23 Nizhkana-shi-nswi Gnoodesida na? Are you hungry?	24 Nizhkana-shi-nilwin Niwemwah na nizhin milkoon widi-dsoonaan gzozi? Did your son trap traps two beavers?	25 Nizhkana-shi-naanan Gih-baaghadwewaagake ko wedl kiwenzil. That old man used to make lacrosse sticks.	26 Nizhkana-shi-ngodwaaswi Aanish ezhibhigaadeg wedl gwaakhing? What does it say on that sign over there?	27 Nizhkana-shi-nizhwaaswi Koopniling widi n'ga-dzinlin. We'll be staying over there in the bush.
28 Nizhkana-shi-nshwaaswi Wwilinge go miniwamigon we. That makes me very happy.	29 Nizhkana-shi-zhaangswi Gdaa-booznodoor na? Could I catch a ride with you?	30 Nsindina Winaandi bizhaani! Come here [yowl]				

Weweni kendiman gda nawewinaa
Knowledge of our language
mii owi nesaakimigengak bwaakaawining.
opens the doorway to wisdom.

- Jacob Wemigwans, Wilkewikooqng Unceded Territory -

To: KSP Chief and Council

From: Barry and Deb Milliken

Date: January 30th, 2024

Re: Continuing condition of Sandy Trail – aka: Pig Road

With respect to Chief & Council, please refer to the letter that accompanied our meeting of January 15th, 2023. This letter brought to your attention the condition of our concern found in the area called Sandy Trail or, more commonly, 'Pig Road'. Now, a year later we see that the deplorable state of this area has not changed and in some ways has gotten worse, as now there are more deer carcasses seen beside the road. Last year with our meeting we included graphic pictures to reinforce our concern and appeal. This year we include no pictures because, as we say in our language – *naasaap gaye* – it is still the same.

In the recent Annual Report that was distributed, there are references to a 'Land Code and Strategic Land Plan' that is being worked on by the staff of the Lands Dept. Also, that a new role is implemented regarding 'Septic and Environment Inspections on the First Nation'. Other references include 'Land Leases and Land Transfers' between community members. These references, as important as they are, are all about peoples' legal and business connections to the land. As concerned senior community members, we wonder *where are the references to the state and condition of the Land itself (?)*. To us these are important, even critical, omissions.

As a community of people among many other nationalities in a changing world, how are we to say with conviction that we are different from other nations? To us the answer is, and should be, obvious – *we are Anishinaabe people in our home we call Turtle Island* – this is our claim to sovereignty as a people, and we say it proudly. However, with this claim comes a responsibility to remember that as Anishinaabe people, we have a sacred covenant with the Land, the Environment and the Planet we call *Eshkakhikwe* – our Mother.

Surely today, with all of the funding that is found for other programs, there can be one program initiated whose prime intent and purpose is to take proper care of the Land that we leave for the coming generations and that is our only home.

Miigwech and with Respect,

Deb and Barry Milliken.

Kettle & Stony Point First Nation

NOOJIMO NISHNAABEMOWIN

ROUND DANCE

APRIL 5, 2024



EMCEES

BEEN DELEARY
& MEEG SNAKE

STICKMAN

WILLIAM COTTRELLE

PIPEMAN

GARNET WILDE

SOUND & WEBSTREAM

REZONANCE PRODUCTIONS

INVITED SINGERS

SHELDON PRIMEAUX

KYLE BIGCANOE

NOLAN SMOKE

MATTHEW ISAAC

DAN ISAAC

HUNTER SHIPMAN

THELAND KICKNOSWAY

"HEALING OUR
LANGUAGE"

*You're
Invited!*

**EVERYONE
WELCOME**

FREE ADMISSION

**ALL SINGERS
WELCOME**

DRUG & ALCOHOL FREE EVENT

AGENDA

5:00- Pipe Ceremony
& Feast

6:00- Round Dance

10:00- Memorial

11:00- Snack

1:00- Give Away

2:00- Closing

FOR MORE INFORMATION

Jordan.George@kettlepoint.org
(519)786-2125 ext. 132

**HILLSIDE SCHOOL GYM - 6265 INDIAN LANE
KETTLE & STONY POINT, ONTARIO, CANADA**

Chi- Miigwetch



There are not enough words to fully express our heartfelt thanks for the sympathy, love and support you have extended to our family during this time of loss.

With sincere gratitude, The Family of Ernest Warren Kieth





CATERING QUOTE

Needed for Saturday, June 1, 2024

We are looking for quotes for an event coming up on June 1, 2024 (rain date June 2). We need approximately 200 lunches to be served on-site at Unit #6, 9111 West Ipperwash Road, Kettle Point Plaza. Please include in your quote:

Menu

100 hamburgers with buns

100 hotdogs with buns

Potato Salad

Macaroni Salad

Condiments (ketchup, mustard, relish, diced onion)

Water, bottled

Include price of propane needed for BBQ

Food service must include delivery of meals (your own BBQ on-site), take out boxes, napkins and cutlery to bring to site of event.

Cost per individual

Must have valid Safe Food Handlers Certificate

Please note: You must have everything you need to prepare and serve the meal. Please include your email address in your contact information.

Deadline for quotes is April 29, 2024 at 4:00 PM.

Please email your bid to nadinebuchanan@execulink.com

The selected quote will be notified before end of business day on May 3, 2024



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DISCOVER BEEKEEPING

Thursday, April 4th

6:00 - 7:00 PM

Mental Health and Wellness Hub

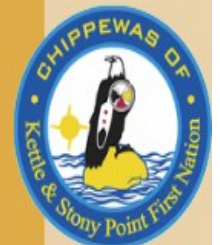


Meet our winter bees...

It's that time of the year again!



- For more information, please call Community Mental Health and Addiction Services at (519) 339-1598 or text (519) 918-7451.





GIIWAYSHKODAYAANG

The Place Where You Come Home to the Fire



9:00AM
to
4:00PM
Mental Health and
Wellness Hub

&

Daytime Drop-In

The Daytime Drop-In provides a safe space during the day for community members to access a coffee and bagged lunch and connect with a wide range of critical community resources, including nurse practitioner services and brief interventions for problematic substance use and mental health challenges.

9:30PM
to
8:30AM
White House

Emergency Overnight Shelter

The Giiwayshkodayaang Emergency Overnight Shelter provides members of Kettle & Stony Point First Nation who are experiencing unstable housing and homelessness with shelter from the cold, safety supervision, a nutritious meal and access to warm clothes and hygiene products, comradery and culture-based wraparound services.

Mental Health & Wellness Hub, 9235 Stonybrook Drive, KSP Ph # 519-339-1598

Julie George, Manager email: Julie.George@kettlepoint.org

Community Mental Health and Addiction Services



Opioid Agonist Therapy



Opioid Agonist Therapy (OAT) is an effective treatment for addiction to opioid drugs such as Oxycodone, Hydromorphone, Fentanyl and Percocet. The therapy involves taking the opioid agonists **Methadone** or **Suboxone**, which work to prevent withdrawal and reduce cravings for opioid drugs. They are considered especially effective when used in combination with other supports, such as individual therapy, group counselling and peer support. People who are addicted to opioid drugs can draw on OAT to help stabilize their lives and reduce the harms related to their drug use.

For more information, community members are welcome to schedule an appointment with Nurse Practitioner Lynda Wilkey:
Call (519) 339-1598 or Text (519) 918-7451



What is Sublocade?

Sublocade contains Buprenorphine, the same active ingredient found in Suboxone, and it is taken monthly through an injection. This slow-release medication is designed to ward off opioid cravings for 30 days.

Harm Reduction Outreach
Friday Afternoons
2:00 - 3:30 PM
6335 Indian Lane



What is harm reduction?



Kindness, compassion, caring.

Harm reduction for substance use is an approach to care aimed at keeping people who use substances safer. At the core of harm reduction are kind and compassionate attitudes and actions by health care workers, family members and community. Strategies used by the Mental Health and Addiction Collaborative Care Team to reduce the harms associated with substance use include the distribution of supplies for safer drug use, Naloxone, test strips, food and warm clothing. Harm Reduction Outreach also provides the opportunity for community members to have low-barrier access to health and social service professionals.



Mental Health and Addiction Counselling and Therapy Services

Community Mental Health and Addiction Services has many support resources for community members and staff. We offer educational workshops where you can learn about different ways to manage or overcome obstacles. We offer community support groups where you can share with others who are experiencing similar life situations. Individual counselling is available for those experiencing symptoms of depression and anxiety, or those who are experiencing issues related to sudden life changes, loss and grief, anger and violence, and alcohol and substance misuse. Therapy is available for those looking to find structure and enjoyment in everyday activities.



Program Counsellors and Therapists

- Rick Boerkamp (M.Ed. Counselling Psychology, RSW)
- Cynthia Hirt (M.Ed. Counselling Psychology, RP)
- Chris Lindsay (M.Ed. Counselling Psychology, RSW)
- Terri DeBorger (MSW, RSW)
- Dan Falconer (MSW)

Complementary and Alternative Treatments

Community Mental Health and Addiction Services also offers innovative and comprehensive nurse practitioner services to support community members on their recovery journey, and alternative and complementary treatments to support the health of the community's members, including the use of traditional medicines for well-being. Sweat lodge ceremony for purification and healing is also available to community members upon request.

CALL 519 339-1598 EMAIL mental.health@kettlepoint.org TEXT 519 918-7451

Naloxone, also known as Narcan, is a medication that temporarily counters the effects of opioid overdose. It is safe and easy to use. Naloxone can restore normal breathing in a person whose breathing has slowed or even stopped due to opioid overdose.



ATTENTION: In Kettle & Stony Point First Nation, naloxone kits are available through Community Mental Health and Addiction Services. Naloxone kits can be accessed by visiting the Mental Health and Wellness Hub (upstairs entrance) from 9:00 am to 4:00 pm Monday to Friday and the Emergency Overnight Shelter/White House (the white portable between the police station and the health center) from 9:00 pm to 9:00 am daily.





COMMUNITY MENTAL HEALTH & ADDICTION SERVICES

BLACK ASH BASKETRY

WITH SPENCER JR & FAYE

March 27 & April 17

9am - 3pm

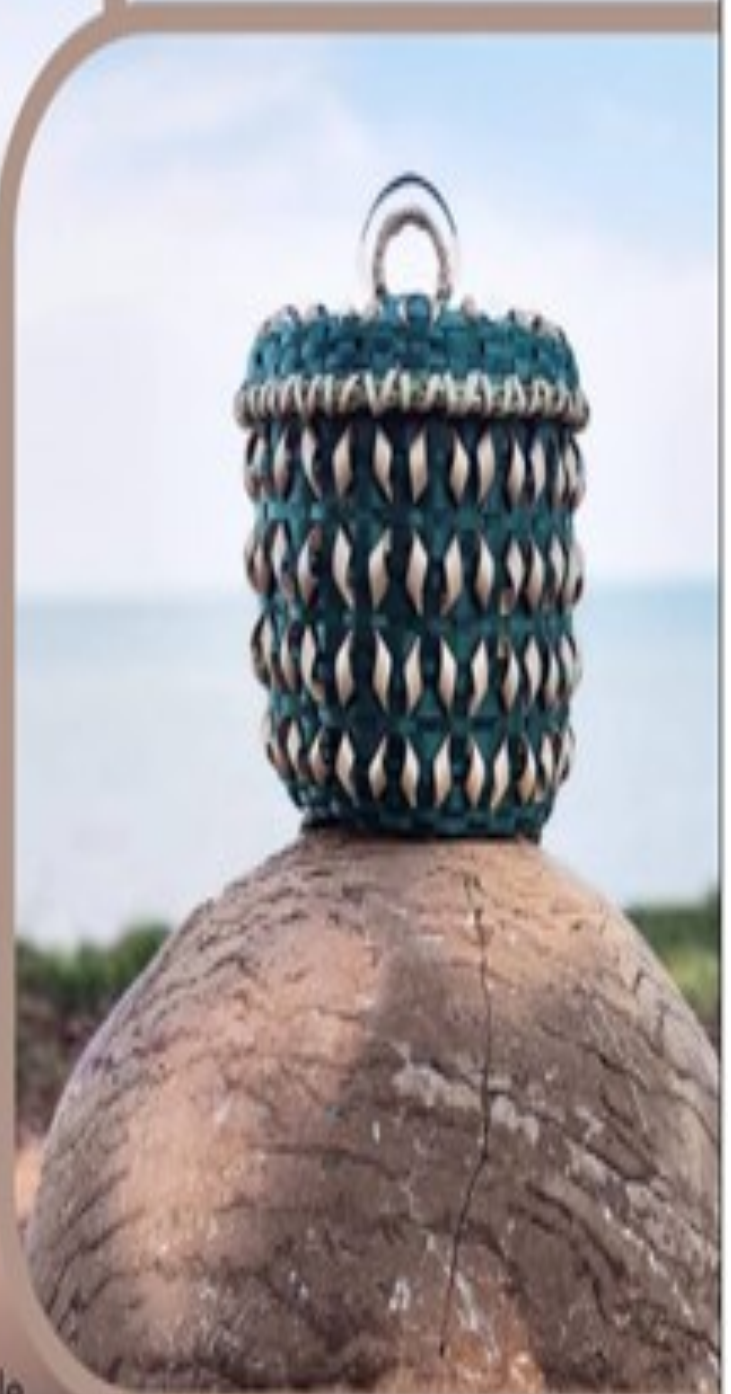
8 participants/workshop

Lunch will be provided

Call: (519) 339-1598

Text: (519) 918-7451

If interest exceeds the number of available spots for this workshop, we will draw for the spots on March 22.





Health Risks of Mould

- Eye, nose & throat irritation
- Coughing and phlegm build up
- Wheezing and shortness of breath
- Symptoms of asthma
- Allergic reactions

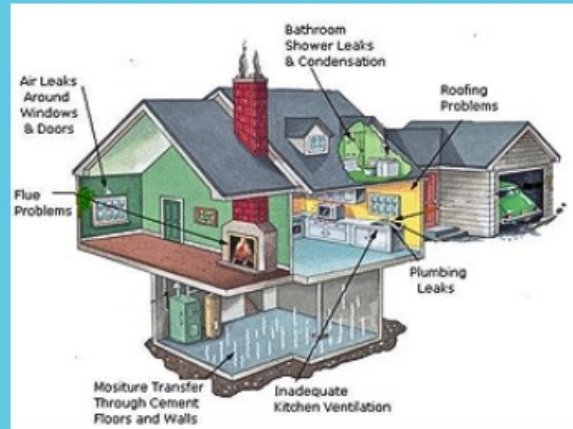


Areas to Check for Mould

- Basement
- Under or behind stored items
- Under sink areas
- Wall and floor around tub or shower
- Bottom edge of windows
- Closets
- Carpeted areas around bathroom
- Laundry or basement
- Any damp areas of your home



Common Sources of Moisture



Cleaning up Mould

Before trying to clean up mould it is highly recommended that you get a n95 mask, safety glasses (or goggles), and rubber gloves. Children, the elderly and any persons with breathing conditions should not be around for mould clean up.

1. Put on protective gear including long sleeve shirt, full length pants, mask, glasses, and gloves.
2. Prepare a bucket with warm water and dish soap (unscented) and another with clean water. If cleaning drywall you can use baking soda instead of dish soap.
3. Wipe the surface with rag dipped in the soapy water.
4. Sponge with a clean, damp rag, and dry quickly.
5. Do not allow drywall to become too wet.
6. Remove and replace any porous or absorbent materials such as ceiling tile, upholstery, and carpet that become mouldy or are badly damaged. Dispose of mouldy or damaged material appropriately.

Contact your Housing Manager if you suspect your home has a mould problem that you cannot solve on your own.



Mould Prevention

Act Quickly

- See water be quick to wipe or mop it up. Ensure area is dried completely
- Repair any leaks in a timely fashion

Keep things clean and dry

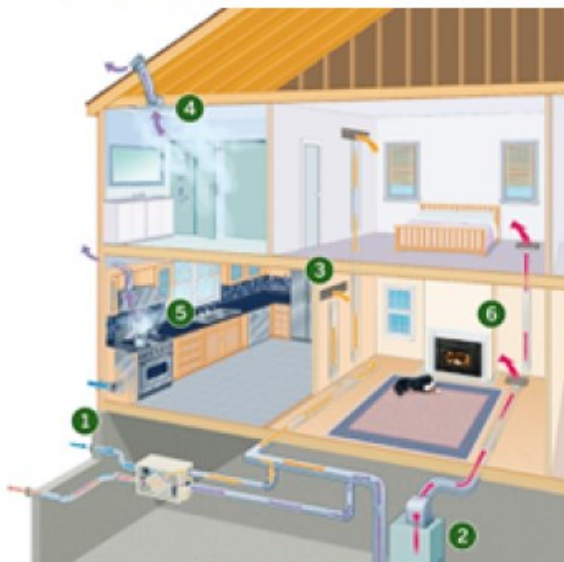
- Use air conditioners and dehumidifiers during humid weather if possible
- Take out garbage regularly

Keep your home warm and ensure good air circulation

- Cold can encourage condensation to form and surrounding materials to become damp
- Keep furniture and other belongings away from exterior walls to allow warm air to circulate

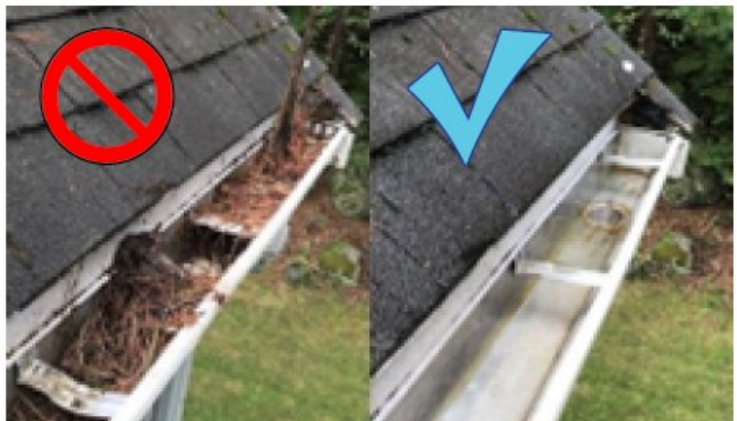
Ventilation

- Turn on an exhaust fan or open a window when bathing, showering or cooking
- Check that all exhaust vents, dryers, or heaters are vented to outside
- Open windows or use fans as needed



Minimize Other Indoor Moisture Sources

- Avoid hanging laundry indoors when possible
- Be mindful of over-watering plants
- Keep sump pit covered
- Remove items that may cause mould
- Throw away wet and badly damaged items
- Remove any carpets that have gotten damaged by water
- Avoid storing items in cardboard boxes on basement floors



Prevent water from entering your home

- Install downspout extensions
- Clean and repair eavestroughs and gutters regularly
- Make sure ground slopes away from home foundation



CALLING ALL Indigenous Artists

Hydro One is interested in sourcing creative works from Indigenous artists across the province.

WE ARE LOOKING FOR INDIGENOUS:

- artists
- photographers
- illustrators
- and other visual creators

If you are Indigenous and would like to learn more about this opportunity, please contact:

Stephanie Lang
Stephanie.Lang@hydroone.com

Storm Angecone

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Kettle & Stony Point First Nation

NOOJIMO NISHNAABEMOWIN

ROUND DANCE

APRIL 5, 2024



EMCEES

BEEN DELEARY
& MEEG SNAKE

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FREE ADMISSION

**ALL SINGERS
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DRUG & ALCOHOL FREE EVENT

AGENDA

5:00- Pipe Ceremony
& Feast

6:00- Round Dance

10:00- Memorial

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FOR MORE INFORMATION

Jordan.George@kettlepoint.org
(519)786-2125 ext. 132

**HILLSIDE SCHOOL GYM - 6265 INDIAN LANE
KETTLE & STONY POINT, ONTARIO, CANADA**

Family & Community Outreach Program

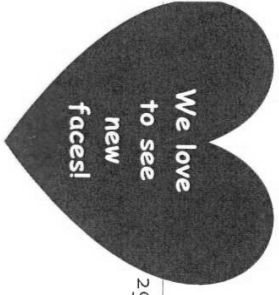
***Programs for families with children ages 0-6
519-786-4940

~Committed to serving the families of KSPFN with children ages 0-6~
Pam Wilde-Family Program Coordinator
pamela.wilde@kettlepoint.org
Lettitia Greenbird-Outreach Family Support
Lettitia.greenbird@kettlepoint.org
Centre Location: 6265 Indian Lane



April 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Easter Monday Closed</p>	<p>Regalia Making 12 week Workshops 4:45-6:45 p.m. Must be registered</p>	<p>Healthy Lifestyle Living Support Group for Parents 4:30-5:30 Must be registered Healthy meal/group activities *For parents/caregivers of children ages 0-6</p>	<p>Infant Massage Extension date 5:00-6:30 For those registered only *Certificates for participants! Congrats to all who have participated in the 6 week program!</p>	<p>Friday Circle time with Pam and Lettitia 10:30-12:00 Circle time fun for parents with little ones under 2 years!</p>
<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>	<p>5</p>
<p>8</p>	<p>Regalia Making 12 week Workshops 4:45-6:45 p.m. Must be registered</p>	<p>Healthy Lifestyle Living Support Group for Parents 4:30-5:30 Must be registered Healthy meal/group activities *For parents/caregivers of children ages 0-6</p>	<p>Parent/Caregiver Lunchtime Learning BINGO (prize bingo) 12:00-1:00 In Centre Snacks included. *For parents/caregivers of children ages 0-6</p>	<p>Family Food Day (Please read) **For families actively participating in Outreach programming with children ages 0-6** Must be registered. Pick up between 3:00 and 4:00</p>
<p>9</p>	<p>10</p>	<p>11</p>	<p>12</p>	<p>13</p>
<p>15</p>	<p>Regalia Making 12 week Workshops 4:45-6:45 p.m. Must be registered</p>	<p>Healthy Lifestyle Living Support Group CELEBRATION 4:30-5:30 **Celebratory Meal and Certificates** Must be registered Healthy meal/group activities *For parents/caregivers of children ages 0-6</p>	<p>Lunch and Fun In Centre. Ages 0-6 12:00-1:30 Activities to take home to your child or do in centre if your child is present with you!</p>	<p>Family Table Friday Take home family meal with engaging family activities to partake in while eating as a family! Families 0-6 Pick up between 3:00 and 4:00</p>
<p>16</p>	<p>17</p>	<p>18</p>	<p>19</p>	<p>20</p>
<p>22</p>	<p>Regalia Making 12 week Workshops 4:45-6:45 p.m. Must be registered</p>	<p>Drop In Program For families with children ages 0-6 Time: 4:30-6:00 The Centre will be set up for families to enjoy together. Outreach staff present for support.</p>	<p>"Tators for TOT'S" Program This program is geared towards families with children between the ages of 18 months-3 years. Breakfast and more is offered to families along with toddlers specific activities! Fun for the toddler age! Activities that will get your child moving! 10:00-11:30</p>	<p>26</p>
<p>23</p>	<p>24</p>	<p>25</p>	<p>26</p>	<p>27</p>
<p>29</p>	<p>Regalia Making 12 week Workshops 4:45-6:45 p.m. Must be registered</p>	<p>30</p>	<p>31</p>	<p>1</p>



We love to see new faces!

April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8 World Health Day Workshop 10 - 1 Vernon Room	9	10	11 Ojibwe Language Group 10 - 1 Vernon Room	12	13
14	15 Grocery Gift Card Day 10 - 12 Carol Room Breachy Bliss Candle Holder Activity 5 - 8 PM Vernon Room	16	17 Game Night 5 - 8 PM Vernon Room Toonie Luncheon 12 - 1 Vernon Room	18 Ojibwe Language Group 10 - 1 Vernon Room	19	20
21	22 Spring Craft Night Activity 5 - 8 PM Vernon Room	23	24	25 Movie Night 7 pm Kinetto Movie Theatre Ojibwe Language Group 10 - 1 Vernon Room	26	27
28	29	30				

Notes

KSPFN

SENIOR'S

55 + Event's

If you are interested in attending any of the events, please give

Erica Bressette
a call at

519-786-5647.



KSPFN SENIOR'S 55+
Monday April 22nd
5 - 8 PM Vernon Room



SPRING
Craft Night

- **Artificial Flower Window Frame**

If interested in attending please call Erica Bressette,
 Senior's Activity Coordinator at 519-786-5647

Kettle & Stony Point Senior's 55+

WED APRIL 17TH
 5 - 8 pm
 VERNON ROOM

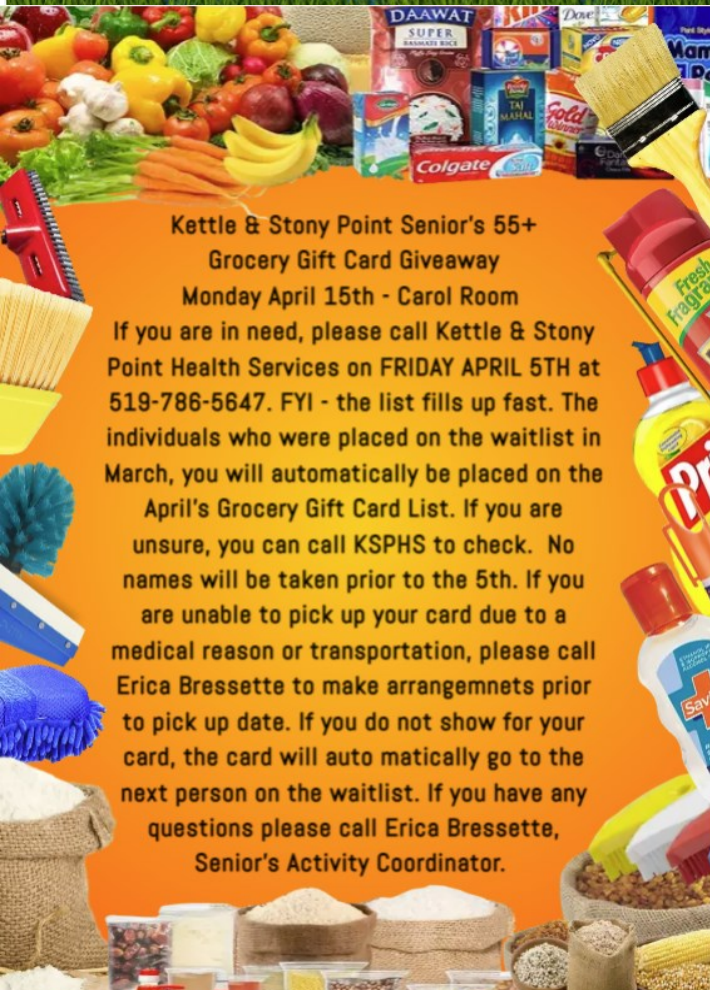
SNACKS &
 REFRESHMENTS
 PROVIDED



GAME NIGHT
SUPER FUN TIME

BOARD GAMES - BINGO - CHECKERS - CARD GAMES AND MORE

IF YOU ARE INTERESTED IN ATTENDING PLEASE
 CALL ERICA BRESSETTE, SENIOR'S ACTIVITY
 COORDINATOR AT 519-786-5647



Kettle & Stony Point Senior's 55+
Grocery Gift Card Giveaway
Monday April 15th - Carol Room

If you are in need, please call Kettle & Stony Point Health Services on FRIDAY APRIL 5TH at 519-786-5647. FYI - the list fills up fast. The individuals who were placed on the waitlist in March, you will automatically be placed on the April's Grocery Gift Card List. If you are unsure, you can call KSPHS to check. No names will be taken prior to the 5th. If you are unable to pick up your card due to a medical reason or transportation, please call Erica Bressette to make arrangements prior to pick up date. If you do not show for your card, the card will automatically go to the next person on the waitlist. If you have any questions please call Erica Bressette, Senior's Activity Coordinator.

KSPFN Senior's 55 +
World Health Day Workshop
Monday April 8th, 10 - 1 PM
Vernon Room

RAISING AWARENESS -
let's reflect on the unparalleled value of good health and its impact on our lives. So everyone, everywhere can attain the highest level of health and well-being. It is also an opportunity to motivate action to tackle the health challenges of today – and tomorrow.



With Facilitator
 • Carlene Mennen,
 • Community Health Nurse

Sunday April 7th World Health Day is celebrated annually and world wide. If interested in attending, please give Erica Bressette, Senior's Activity Coordinator a call at 519-786-5647.



Kettle & Stony Point Senior's 55+

Every Thursday
in the month of
April
10am - 1pm
Vernon Room
A light lunch will
be served



Boozhoo



Ojibwe Language Group

It is possible to begin speaking Anishinaabemowin at any age. It is never too late to learn or re-learn.

*With Guest Facilitator
Jordan George*

If you are interested in attending, please give Erica Bressette, Senior's Activity Coordinator a call at 519-786-5647 to pre-register. This will give you the basic's, start conversation's and grammer knowledge. Work at your own pace.



Beachy-Bliss Candle Holder

KSPFN Senior's 55+



If interested in joining us, for a beautiful craft night, please call Erica Bressette, Senior's Activity Coordinator at 519-786-5647 to pre-register.

**Monday April 8th
5 ~ 8 PM**

**Kettle & Stony Point Health
Services Vernon Room**



Saturday April 20 Workshops

Register @786-4545, ext 307



LEARNING & HEALING

TOGETHER



1:00 Sylvia Mandoka- Land Based Salves

4:00 Joanne Kewageshig-Honey Pot Herbals



FEDERAL
INDIAN DAY
SCHOOL
CLASS ACTION

MISSING INFORMATION:

How to find the status of your claim

Some Claim Forms have missing information and cannot be assessed. You can check the status of YOUR claim by following the steps below.



Did you submit a claim under the Federal Indian Day School Class Action before January 13, 2023 - and haven't heard back yet?



Did you receive a letter from the Administrator?



Does your letter have a missing information form and /or a list of required information?



Claim Forms missing information cannot be assessed. Follow the instructions to complete your claim.



You can check your claim status or ask questions about missing information by calling the Administrator at 1-888-221-2888



YOUTH IN POLICING SUMMER STUDENTS

EXTERNAL POSTING

Posted: March 20, 2024

Closing: April 5, 2024

The Anishinabek Police Service is hiring nine (9) temporary full-time Summer Students in partnership with Government of Ontario's Ministry of Children and Youth Services are accepting applications for the 2024 Youth in Policing Initiative. These positions are non-union and will work Monday to Friday, 40 hours/week and will pay \$16.55/hour.

Positions are available at the following detachments; Bigtong Nishnaabeg (Pic River), Christian Island, Fort William, Garden River, Ginoogaming, Kettle Point, Nipissing, Sagamok, and Wasauksing.

Summary of Function:

The Anishinabek Police Service (APS) Youth in Policing Program enhances the relationship between community members and our officers. This initiative gives young people an opportunity to develop job skills while fostering positive partnerships with the APS.

Youth aged 14 to 17 will work at various APS detachments alongside both officers and civilian members throughout the summer. The Youth will assist with various community service initiatives, administrative and clerical duties and be exposed to law enforcement activities. It is hoped that the youth and policing program will promote youth participation in an exposure to the work environment through diverse education and productive work assignments.

APS strives to provide a safe and positive employment and learning opportunity for youth and support the youth in their goal of entering the law enforcement field.

Qualifications:

Qualifications	
Cultural Specific Knowledge of Service Area Population	<ul style="list-style-type: none"> Knowledge of philosophy appropriate for local Indigenous customs and culture for the APS communities with respectfulness and sensitivity to the history and needs of Anishinabek persons.
Entry Qualifications including Technical Knowledge and Skills	<ul style="list-style-type: none"> Proficiency in MS Office applications Ability to learn very quickly in a fast-paced environment; problem solve, exercise good judgment, maintain confidentiality Must be bondable, pass APS background check and provide satisfactory Criminal Record Check upon request
Education	<ul style="list-style-type: none"> Must be enrolled in school and returning in September
Experience/Other	<ul style="list-style-type: none"> Must be between the ages of 14 and 17 years old Must reside or be able to get to the detachment applying for daily. Must be a Canadian citizen or permanent resident Must be legally eligible to work in Canada
Vision and Mission	<ul style="list-style-type: none"> Demonstrates knowledge of organizational purpose – why the police service exists; Demonstrates ability to identify how the position relates to the police service vision, mission and

Interested applicants may submit a hiring package which includes the following:

- Covering letter detailing interest in noted position;
- A resume detailing your career, education and relevant experience;
- APS Application form & Consent form on <https://www.apscops.org/civilian-opportunities/>
- Two pieces of government issued Photo Identification (ie. Drivers Licence, Passport, Canadian Citizenship, Secure Certificate of Indian Status)) Ensure to submit front and back of your identification.

Closing date for applications is Friday, April 5, 2024 at 4:00 p.m. EST. Please quote YIP1-09-24 and the location you are applying to on your application and the subject line of your message. All completed packages MUST be sent to recruitment@apscops.org. Please visit the civilian careers page of www.apscops.org for the application form and consent form.

Anishinabek Police Service is committed to the Accessibility for Ontarians with Disability Act. If you require accommodation for any stage of the hiring process, please contact recruitment@apscops.org for more information.

We thank everyone for their interest in the position, however, only those chosen for an interview will be contacted.

Shout out to Summer Students



Visit our website
under the “civilian” tab and
complete the student form
www.apscops.org

Dial *677

or
1-888-310-1122

For non urgent
matters





KETTLE AND STONY POINT PUBLIC LIBRARY

9111 W IPPERWASH ROAD, KETTLE & STONY POINT, ONTARIO

NON 111

PHONE (519)786-2955/786-6903 FAX: (519) 786-6904

Library Hours

Monday 10am-5pm, Wednesday 10am – 5pm,

Friday 10am – 4pm

ALC Hours: Tuesdays & Thursdays 9:30am–3:30pm



Sun Mon Tue Wed Thu Fri Sat

	1	2	3	4	5	6
	Closed	ALC	Book Club 3:30pm	ALC		
7	8 Drumming Circle 4pm	9 ALC	10	11 ALC	12	13
14	15 Drumming Circle 4pm	16 ALC	17 Opbwe Language Games 4pm	18 ALC	19 Seed Library Opens	20
21	23 Earth Day Drumming Circle 4pm	23 ALC	24 Homework Club 3:30pm	25 ALC	26 Earth Day Activities 1pm	27
28	29 Drumming Circle 4pm	30 ALC				



HAND DRUMMING & SINGING

EVERY MONDAY
4PM-5PM



HOSTED BY:
CIRCLE OF DISCOVERY WHOLISTIC
COUNSELING

KETTLE & STONY POINT FIRST NATION PUBLIC LIBRARY





ANISHINAABEMOWIN GAME DAY!

COME JOIN US FOR AN HOUR OF
FUN PLAYING GAMES IN
ANISHINAABEMOWIN!

THERE WILL BE INTERACTIVE GAMES ALL
BASED ON OUR OJIBWE LANGUAGE!



APRIL 17 @ 4PM

**KETTLE AND STONY POINT FIRST NATION PUBLIC
LIBRARY**

OUR SEED LIBRARY WILL OPEN APRIL 19, 2024



Kettle and Stony Point First Nations Public Library
now provides seeds for our library patrons to
grow your own garden!

Seeds are available:

Monday 10am - 5pm

Wednesday 10am - 5pm

Friday 10am - 4pm



LETTUCE

Full of folate and potassium.



TOMATOES

Contains vitamin C and vitamin A.

CUCUMBER


Provides vitamin K and high water content.

GREEN BEANS

Contains an essential substance of iron and fiber.

SPINACH

It's rich of iron and vitamin E.



KETTLE AND STONY POINT FIRST NATION PUBLIC LIBRARY

IN HONOUR OF EARTH DAY

APRIL 26 @ 1PM

WE INVITE YOU TO COME AND
CONTRIBUTE TO KEEPING OUR AIR
CLEAN BY STARTING YOUR OWN
AIR PURIFYING PLANT.

EACH PARTICIPANT WILL BE PROVIDED WITH A SMALL
POT, SOIL AND SEEDLING.

ALL AGES ARE WELCOMED

SAVE THE PLANET AND THE FUTURE



Service Canada in your community!

Service Canada can provide information and help you access Government of Canada programs and services.

Service Canada will be here to serve you on the following dates:

Monday Novembre 27, 2023
Monday January 22, 2024
Monday February 26, 2024
Monday March 25, 2024
Monday April 29, 2024

Hours of service:

9:30 a.m. to 3:30 p.m.

Office is closed:

12:00 p.m. to 1:00 p.m.

You can also visit us in-person at one of these nearby

Service Canada Centres (SCC):

Sarnia SCC

529 Exmouth street - Sarnia ON L7T 5P6

London SCC

457 Richmond St - London ON N6A 3E3

Goderich SCC

52 East St - Goderich ON N7A 1N3

Hours of service:

Monday to Friday

8:30 a.m. to 4:00 p.m.

Please access Government of Canada programs online at Canada.ca or by telephone at 1 800 O-Canada (1 800 622-6232).

Service Canada se rend dans votre localité!

Service Canada peut vous renseigner, et vous aider à accéder aux programmes et aux services du gouvernement du Canada.

Service Canada sera ici pour vous servir les dates suivantes :

lundi 27 novembre 2023
lundi 22 janvier 2024
lundi 26 février 2024
lundi 25 mars 2024
lundi 29 avril 2024

Heures de service :

9h30 à 15h30

Bureau est fermé :

12 h à 13 h

Vous pouvez également nous visiter en personne à un des Centres Service Canada (CSC) suivants :

CSC Sarnia

529 Rue Exmouth - Sarnia ON L7T 5P6

CSC London

457 rue Richmond, London ON N6A 3E3

CSC Goderich

52 rue Est - Goderich ON N7A 1N3

Heures de service :

Lundi au vendredi

8 h 30 à 16 h

Veillez accéder aux programmes du gouvernement du Canada en ligne à Canada.ca ou par téléphone au 1 800 O-Canada (1 800 622-6232).

Service
Canada 

earth day

WORD SEARCH

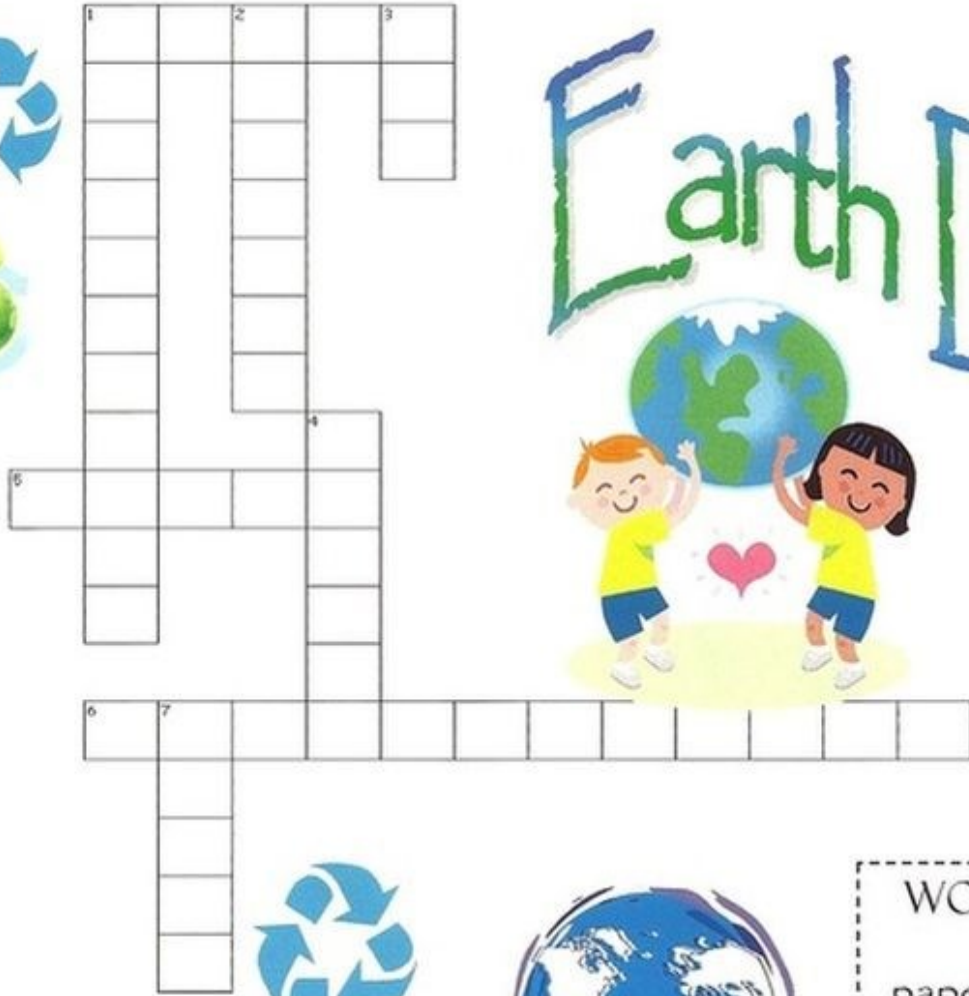
april 22



See how many of these newspaper related words you can find in the puzzle.
The words can be forward, backward or diagonal.

Created by Sue Lindlauf
Grand Forks Herald 2012

- | | | | |
|----------------|--------------|------------|---------------|
| 1. EARTH | 5. RECYCLE | 9. WATER | 13. ENERGY |
| 2. DAY | 6. REUSE | 10. LAND | 14. CLIMATE |
| 3. APRIL | 7. REDUCE | 11. AIR | 15. POLLUTION |
| 4. ENVIRONMENT | 8. RESOURCES | 12. GLOBAL | 16. COMPOST |



Earth Day!



WORD BOX

paper and cans
 environment
 Earth
 April
 reduce
 reuse
 recycle
 H₂O

ACROSS

- 1. the planet we live on
- 5. to use an item again
- 6. things that can be recycled



DOWN

- 1. the world around us in which we live
- 2. to use an item in another way
- 3. another name for water
- 4. to use less or only what you need
- 7. the month of Earth Day



