



Chippewas of Kettle & Stony Point First Nation

EHAHKIIHEET NIIPAAHUM PLANTING MOON MAY 2024



DEADLINE for June 2024 Newsletter is Tuesday, May 21, 2024 at 4 pm. Please email submissions to fdesk@kettlepoint.org or drop off at Administration Office.

Update from the Office of the Chief

Community members of the Chippewas of Kettle and Stony Point First Nation, Some of the main highlights and updates on projects:

BIG CONGRATULATIONS!!!! To Alabama Bressette who will be representing Kettle and Stony Point First Nation in the Miss Indigenous Canada Pageant in July. Way to Go Alabama, we are very proud of you!

ROADS: Chief and Council have come up with a solution to the deteriorating lake roads. We will be completing the roads projects as soon as possible. Our Public Works department is working diligently to complete that project.

PHRAGMITES CONTROL PROJECT: C & C have reintegrated the Phragmite Control Project and will be working in partnership with Aamjiwnaang and Walpole First Nations teams to initiate this project.

MENTAL HEALTH AND WELLNESS: We had a community visit from Minister Tibollo with a great announcement for our community. The Minister has committed to Three Years of Funding for our Land Based Treatment Program. Thank you to all the staff at the Mental Health and Wellness Hub for all our work towards developing, constructing and getting ready for implementation of this program this spring/summer.

SALVATION ARMY: Planning sessions underway for the services which would provide the community with faith-based homeless support services, court services, food bank, and detox/treatment and recovery services in collaboration with our Mental Health and Wellness Hub.

COMMUNITY WELLNESS PREVENTION FACILITY/COMMUNITY CENTER: Our community departments and Economic Development have worked diligently on an amazing proposal which has been submitted and now we wait for the results of that submission.

BLUE JAYS CARE FOUNDATION: Stay tuned for our exciting update on the Construction of brand-new Ball Diamond and Jays Care Programming.

TRAILERS: We are working on supplying mobile trailer homes in Eagles Subdivision with water-holding tanks, we have been working on solutions for some time now and have finally been able to secure a plan.

We thank the community for your patience while all our staff work hard every day to meet the many needs and ongoing issues that we work collectively to resolve.

Sending Prayers and well wishes to those dealing with loss of loved ones, illnesses and those in crisis.

Enjoy time with your loved ones, enjoy the nice weather coming and remember to be thankful for the things we are blessed with. I hope you enjoyed the monthly updates and can see some of the work that continues from our amazing dedicated staff. Miigwetch!



Phone Directory for Business On or Around Kettle & Stony Point FN



3 Fires Youth Centre	519-786-4893	Hillside School	519-786-6903
Admin Office	519-786-2125	Indian Hill Golf	519-786-5505
Al's Gas Station	519-786-2267	Joey Little's Pizza	519-786-5287
ALF Building	519-786-2860	KSP Gas Station	519-786-3088
APS Detachment	519-786-2525	Library	519-786-2955
Arbor Acres	519-786-6350	LSC Electric (Landon George)	226-932-9026
Canada Post	519-786-2691	Melmacks	519-639-6424
Children/Family Services	519-786-6680	Mental Health & Wellness Hub	519-339-1598
Country Style	519-786-3804	NL Health Centre (KSP)	519-786-2700
Daycare	519-786-4255	Points Preference	519-786-5956
Dental Office (KSP)	519-786-1400	Roads Department	519-786-4552
Elder's Lodge	519-786-4183	Sewage Treatment	519-786-2835
Family Resource Centre	519-786-6588	SFNS-Post Secondary	519-692-5868
Family Well-Being	519-786-6680 ext. 116	Southwind Dev.	519-786-6753
Fire Hall	519-786-4900	Thunderbird Crafts	519-786-4775
Four Winds	519-786-6780	Tourist/Tabacco Shop	519-786-6436
Headstart Site	519-786-4940	Two Eagle Smoke	519-786-3738
Health Centre	519-786-5647	Water Treatment	519-786-2575
		ALL EMERGENCIES	911

POINT'S EAGLE RADIO TO CELEBRATE 20 YEARS ON THE AIR



Looking for ten (10)
Highschool Student
Volunteers

The Eagle 107.7 CKTI-FM
Kettle Point will be hosting a
twentieth anniversary
celebration event on
Saturday, June 1st at the
home location, 9111 West
Ipperwash Road, Unit 6,
Kettle Point Plaza.

From 12 noon until 4 PM, volunteers will be needed for
the following:


- Greeters
- T-shirt giveaways
- Cake serving
- Garbage maintenance/clean up
- Anything else needed for the event

**Students, these volunteer hours can go towards
your diploma requirements! Give us a call at 519-
786-3883 to sign up. Miigwech.**

EHAHKIHEET NIPAAHUM

PLANTING MOON | MAY 2024

THIS MONTH'S PHRASES ARE IN THE LENAPE LANGUAGE

NIZHWAASO-GIIZHIGAD	NTAM-GIIZHIGAD	NIIZHO-GIIZHIGAD	NSWI-GIIZHIGAD	NIWO-GIIZHIGAD	NAANO-GIIZHIGAD	NGODWAA.SWO-GIIZHIGAD
5 Naahan Laapuchnewul. See you again.	6 Ngodwaaswi Yohkwa miltasw. Let's eat.	7 Niizhwaaswi Kangu aa ha kwichumui. Can you help me?	8 Nshwaaswi Lxawehum. Be careful.	9 Zhaangswi Haaw alaami kwachumung. Let's go outside.	10 Mdaaswi Kweek ktulohle? What are you doing?	11 Mdaaswi-shi-bezhig Ksulaandew. Hot day.
12 Mdaaswi-shi-nlizh Wingeehundim kukuna Kishkwik Happy Mother's Day	13 Mdaaswi-shi-nswi Kweek ha nu kooju lunumun? Why did you do that?	14 Mdaaswi-shi-nliwin Kaangu-aa ha nu Klish lunumun. Can you do it?	15 Mdaaswi-shi-naanan Aween ha wa? Who is this?	16 Mdaaswi-shi-ngodwaaswi Wan ha nli njooos. This is my friend.	17 Mdaaswi-shi-niizhwaaswi Nli ndaklinzi. I am reading.	18 Mdaaswi-shi-nshwaaswi Noolekhamun. I write something down.
19 Mdaaswi-shi-zhaangswi Killoona kumushaalhna nettoopallyaanak. We remember the warriors.	20 Niizhtana Victoria Kishkwik Victoria Day	21 Niizhtana-shi-bezhig Nli nilmcheehuna. Play across.	22 Niizhtana-shi-nlizh Merch glish aaptoone. I am finished speaking.	23 Niizhtana-shi-nswi Ta ha kra? Where are you going?	24 Niizhtana-shi-nliwin Nli nda koolpi eewung. I am going to the bush.	25 Niizhtana-shi-naanan Kishuwii shkyu wakaneew. The ground is warm. It is warm out.
26 Niizhtana-shi-ngodwaaswi Yohkwa haaw ha pumaashuwitheew. Let's go swimming.	27 Niizhtana-shi-niizhwaaswi Killoona ktaohkhtaaswi naaxpi shkup. We work the soil with a shovel.	28 Niizhtana-shi-nshwaaswi Killoona ktaohkhtahna waxkanimal. We plant seed.	29 Niizhtana-shi-zhaangswi Nli naaturumun mahkakhwai. I pick pumpkins.	30 Nsimdina Meeskanitseehaat. Brave.	31 Nsimdina-shi-bezhig Yool bootsat yo? These boots ok?	

Lake Erie



KETTLE AND STONY POINT PUBLIC LIBRARY

9111 W IPPERWASH ROAD, KETTLE & STONY POINT, ONTARIO

NON 1/1

PHONE (519) 786-2955/786-6903 FAX: (519) 786-6904

Library Hours

Monday 10am-5pm, Wednesday 10am- 5pm,

Friday 10am- 4pm

ALC Hours: Tuesdays & Thursdays 9:30am-3:30pm



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 MMIW Beading Workshop 1pm	2	3 1	4
5	6 Homework Club 3:30pm	7 ALC	8 Dreamcatcher Workshop 3pm	9 ALC	10	11
12	13	14 ALC	15 After School Reading Club 3:30pm	16 ALC	17	18
	19	20 CLOSED	21	22 Drum Making Workshop 1pm	23 ALC	24
26	27	28 ALC	29	30 ALC	31	25

***Kettle And Stony Point First Nation Public
Library***

***WOULD LIKE TO SEND OUT A BIG
CHI-MIIGWETCH***

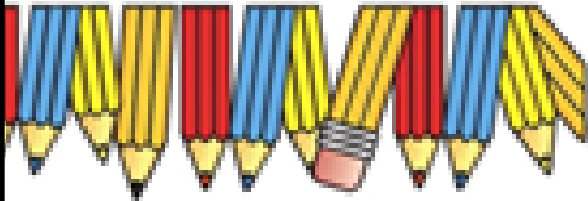
TO

DEGROOTS NURSERIES

***for donating a variety of seeds
for our Seed Library and
community!***



KETTLE AND STONY POINT FIRST NATION PUBLIC LIBRARY



HOMEWORK CLUB

**MONDAY MAY 6 @
3:30PM-5PM
ALL AGES**

**HOMEWORK CLUB GIVES STUDENTS
AN OPPORTUNITY TO CATCH UP
AND BRING YOUR GRADES UP
BEFORE THE SCHOOL YEAR**

ENDS!

**KETTLE AND STONY POINT
PUBLIC LIBRARY**



OUR SEED LIBRARY IS NOW OPEN



Kettle and Stony Point First Nations Public Library
now provides seeds for our library patrons to
grow your own garden!

Seeds are available:

Monday 10am - 5pm

Wednesday 10am - 5pm

Friday 10am - 4pm



LETTUCE

Full of folate and potassium.



TOMATOES

Contains vitamin C and vitamin A.

CUCUMBER

Provides vitamin K and high water content.

GREEN BEANS

Contains an essential substance of iron and fiber.

SPINACH

It's rich of iron and vitamin E.

Waste and Recycle Depot:

Pricing for large item disposal

Circle the price in the box beside the items that best describe your items for disposal,

\$20	Mattress & Box spring	\$10EA	Stoves, Ovens
\$25	Sectional / Sofa bed	\$10EA	Washer, Dryer
\$20	Sofa	\$35	Car Load, Crossover
\$15	Loveseat / Arm chair	\$50	Pick-up truck up to 8'
\$20	Table and Chairs set	\$50	Small trailer up to 8'
\$5EA	Car and & LT truck tires	\$15	Patio set
\$5EA	Automotive battery	Refrigerated items will not be accepted unless it has been tagged & refrigerant removed - \$10	

Total \$ _____

Please contact the CKSPFN accounts receivable for payment. Payments can be made by cash, debit, check. Payment must be received by Thursday the week of drop off. *Payment will not be accepted at depot.* Receipt must be shown to the attendant at the time of disposal.

Waste and Recycle Depot:

Pricing for large item disposal

Circle the price in the box beside the items that best describe your items for disposal,

\$20	Mattress & Box spring	\$10EA	Stoves, Ovens
\$25	Sectional / Sofa bed	\$10EA	Washer, Dryer
\$20	Sofa	\$35	Car Load, Crossover
\$15	Loveseat / Arm chair	\$50	Pick-up truck up to 8'
\$20	Table and Chairs set	\$50	Small trailer up to 8'
\$5EA	Car and & LT truck tires	\$15	Patio set
\$5EA	Automotive battery	Refrigerated items will not be accepted unless it has been tagged & refrigerant removed - \$10	

Total \$ _____

Please contact the CKSPFN accounts receivable for payment. Payments can be made by cash, debit, check. Payment must be received by Thursday the week of drop off. *Payment will not be accepted at depot.* Receipt must be shown to the attendant at the time of disposal.

Updated Hours of Operation at Kettle Point Garbage Drop-Off

SUNDAY	10:00 AM TO 2:00 PM
MONDAY	CLOSED
TUESDAY	10:00 AM TO 2:00 PM
WEDNESDAY	CURBSIDE PICK-UP
THURSDAY	10:00 AM TO 2:00 PM
FRIDAY	CLOSED
SATURDAY	CLOSED



SERVICES

- INTERIOR AND EXTERIOR PAINTING
- CABINET REFINISHING
- DRYWALL REPAIRS
- CAULKING
- DECK STAINING
- PRESSURE WASHING
- WINDOW CLEANING
- & MORE



CHELSEA HOGGART (OWNER)

HHCUSTOMPAINTS@GMAIL.COM

(226) 224-8128

LAMBTON SHORES, KETTLE AND STONY POINT FIRST NATION

@HOGGARTCUSTOMPAINTING

FREE ESTIMATES AVAILABLE MONDAY THROUGH SUNDAY



MEMBERSHIP ONLY

The Kettle and Stony Point administration would like to notify the membership that there will be no in-person audit meeting.

Instead, we will be uploading an audit video and powerpoint presentation for the following years:

2020- 2021, 2021-2022 and 2022-2023

There is an email address: **KSP-audit@kettlepoint.org** that members are welcome to send their questions to.

We will post all the questions and the answers on the members-only page.

We thank the community members for their patience while we implement this alternative method to provide you with this information.



Kettle & Stony Point First Nation
Community Mental Health and Addiction Services

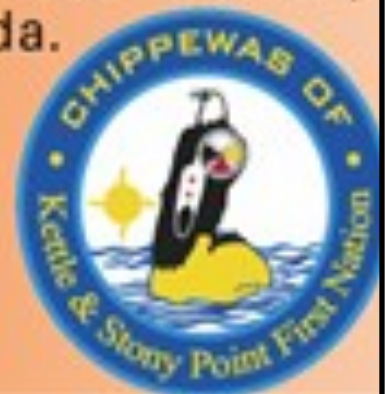
HONOUR & REMEMBER

May 2nd at 6:00PM

Opening Prayer
Pipe Ceremony
Women's Sweat Lodge



Also commonly referred to as Red Dress Day, May 5th is National Day of Awareness for Missing and Murdered Indigenous Women and Girls and Two-Spirit People. It is a day set aside to honour and remember and to build awareness of the ongoing problem of violence against Indigenous women, girls and 2SLGBTQQIA people in Canada.



Community Mental Health and Addiction Services



Opioid Agonist Therapy



Opioid Agonist Therapy (OAT) is an effective treatment for addiction to opioid drugs such as Oxycodone, Hydromorphone, Fentanyl and Percocet. The therapy involves taking the opioid agonists **Methadone** or **Suboxone**, which work to prevent withdrawal and reduce cravings for opioid drugs. They are considered especially effective when used in combination with other supports, such as individual therapy, group counselling and peer support. People who are addicted to opioid drugs can draw on OAT to help stabilize their lives and reduce the harms related to their drug use.

For more information, community members are welcome to schedule an appointment with Nurse Practitioner Lynda Wilkey:
Call (519) 339-1598 or Text (519) 918-7451



What is Sublocade?

Sublocade contains Buprenorphine, the same active ingredient found in Suboxone, and it is taken monthly through an injection. This slow-release medication is designed to ward off opioid cravings for 30 days.

Harm Reduction Outreach
Friday Afternoons
2:00 - 3:30 PM
6335 Indian Lane



What is harm reduction?



Kindness, compassion, caring.

Harm reduction for substance use is an approach to care aimed at keeping people who use substances safer. At the core of harm reduction are kind and compassionate attitudes and actions by health care workers, family members and community. Strategies used by the Mental Health and Addiction Collaborative Care Team to reduce the harms associated with substance use include the distribution of supplies for safer drug use, Naloxone, test strips, food and warm clothing. Harm Reduction Outreach also provides the opportunity for community members to have low-barrier access to health and social service professionals.



Mental Health and Addiction Counselling and Therapy Services

Community Mental Health and Addiction Services has many support resources for community members and staff. We offer educational workshops where you can learn about different ways to manage or overcome obstacles. We offer community support groups where you can share with others who are experiencing similar life situations. Individual counselling is available for those experiencing symptoms of depression and anxiety, or those who are experiencing issues related to sudden life changes, loss and grief, anger and violence, and alcohol and substance misuse. Therapy is available for those looking to find structure and enjoyment in everyday activities.



YOU ARE NOT ALONE

Program Counsellors and Therapists

- Rick Boerkamp (M.Ed. Counselling Psychology, RSW)
- Cynthia Hirt (M.Ed. Counselling Psychology, RP)
- Chris Lindsay (M.Ed. Counselling Psychology, RSW)
- Terri DeBorger (MSW, RSW)
- Dan Falconer (MSW)

Complementary and Alternative Treatments

Community Mental Health and Addiction Services also offers innovative and comprehensive nurse practitioner services to support community members on their recovery journey, and alternative and complementary treatments to support the health of the community's members, including the use of traditional medicines for well-being. Sweat lodge ceremony for purification and healing is also available to community members upon request.

CALL
519 339-1598

EMAIL
mental.health@kettlepoint.org

TEXT
519 918-7451

Naloxone, also known as Narcan, is a medication that temporarily counters the effects of opioid overdose. It is safe and easy to use. Naloxone can restore normal breathing in a person whose breathing has slowed or even stopped due to opioid overdose.



ATTENTION: In Kettle & Story Point First Nation, naloxone kits are available through Community Mental Health and Addiction Services. Naloxone kits can be accessed by visiting the Mental Health and Wellness Hub (upstairs entrance) from 9:00 am to 4:00 pm Monday to Friday and the Emergency Overnight Shelter/White House (the white portable between the police station and the health center) from 9:00 pm to 9:00 am daily.



We are pleased to share that on Monday, April 22, Mental Health and Addiction Minister Michael Tibollo joined our pre-strategic planning information session and announced Addiction Recovery Funding for the community, which will be used to fund Mental Health and Wellness Hub programs and services for the next 3 years, including a land-based addiction treatment program coming this summer and a new First Nation-led Sublocade Clinic. Chi-Miigwech to the Ministry of Health and Ontario Health West for your continued support!





Health Risks of Mould

- Eye, nose & throat irritation
- Coughing and phlegm build up
- Wheezing and shortness of breath
- Symptoms of asthma
- Allergic reactions

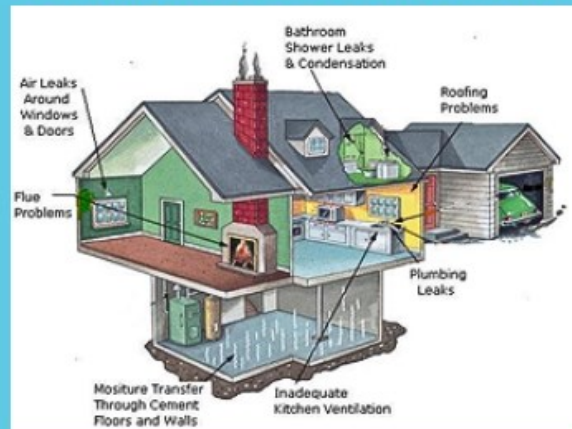


Areas to Check for Mould

- Basement
- Under or behind stored items
- Under sink areas
- Wall and floor around tub or shower
- Bottom edge of windows
- Closets
- Carpeted areas around bathroom
- Laundry or basement
- Any damp areas of your home



Common Sources of Moisture



Cleaning up Mould

Before trying to clean up mould it is highly recommended that you get a n95 mask, safety glasses (or goggles), and rubber gloves. Children, the elderly and any persons with breathing conditions should not be around for mould clean up.

1. Put on protective gear including long sleeve shirt, full length pants, mask, glasses, and gloves.
2. Prepare a bucket with warm water and dish soap (unscented) and another with clean water. If cleaning drywall you can use baking soda instead of dish soap.
3. Wipe the surface with rag dipped in the soapy water.
4. Sponge with a clean, damp rag, and dry quickly.
5. Do not allow drywall to become too wet.
6. Remove and replace any porous or absorbent materials such as ceiling tile, upholstery, and carpet that become mouldy or are badly damaged. Dispose of mouldy or damaged material appropriately.

Contact your Housing Manager if you suspect your home has a mould problem that you cannot solve on your own.



Mould Prevention

Act Quickly

- See water be quick to wipe or mop it up. Ensure area is dried completely
- Repair any leaks in a timely fashion

Keep things clean and dry

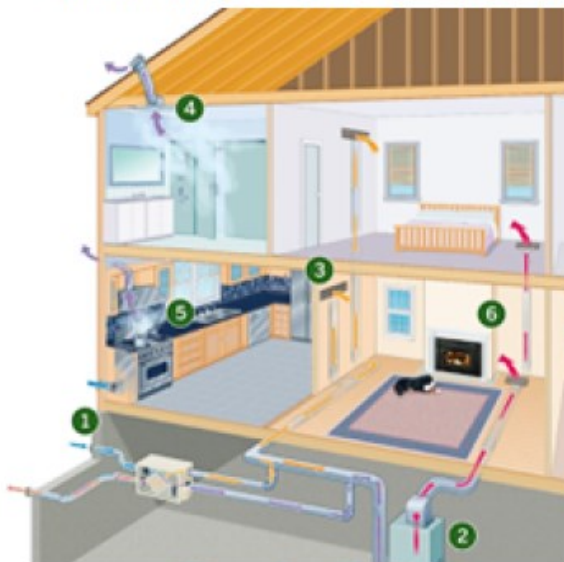
- Use air conditioners and dehumidifiers during humid weather if possible
- Take out garbage regularly

Keep your home warm and ensure good air circulation

- Cold can encourage condensation to form and surrounding materials to become damp
- Keep furniture and other belongings away from exterior walls to allow warm air to circulate

Ventilation

- Turn on an exhaust fan or open a window when bathing, showering or cooking
- Check that all exhaust vents, dryers, or heaters are vented to outside
- Open windows or use fans as needed



Minimize Other Indoor Moisture Sources

- Avoid hanging laundry indoors when possible
- Be mindful of over-watering plants
- Keep sump pit covered
- Remove items that may cause mould
- Throw away wet and badly damaged items
- Remove any carpets that have gotten damaged by water
- Avoid storing items in cardboard boxes on basement floors



Prevent water from entering your home

- Install downspout extensions
- Clean and repair eavestroughs and gutters regularly
- Make sure ground slopes away from home foundation



CALLING ALL Indigenous Artists

Hydro One is interested in sourcing creative works from Indigenous artists across the province.

WE ARE LOOKING FOR INDIGENOUS:

- artists
- photographers
- illustrators
- and other visual creators

If you are Indigenous and would like to learn more about this opportunity, please contact:

Stephanie Lang
Stephanie.Lang@hydroone.com

Storm Angecone

execulink

TELECOM

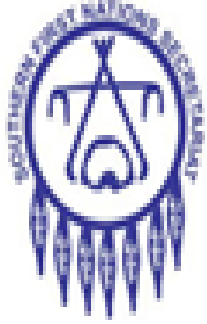
Unstoppable Wi-Fi: Exceptional speed for every device.

Today's homes are busier than ever, with more devices and users using Wi-Fi. With Execulink's Premium Wi-Fi 6 Beacon*, enjoy uninterrupted connectivity throughout your entire home, no matter where you roam.

*Available with select speed plans.



execulink.ca/complete-wifi | 1.866.782.0868



MICRO SUBDIVISION NEEDS ASSESSMENT COMMUNITY SURVEY

HELP US UNDERSTAND YOUR LEVEL OF INTEREST AND
NEED FOR DEVELOPING MICRO SUBDIVISION
DEVELOPMENTS WITHIN YOUR COMMUNITY.

SCAN QR CODE HERE:



ACCESS ONLINE SURVEY LINK HERE:
[HTTPS://WWW.SURVEYMONKEY.COM/R/FPSKGMV](https://www.surveymonkey.com/r/fpskgmv)

The first 200 participants will receive a \$5 e-gift card

If you have any questions please email
neesa@siscoconsulting.ca

Kettle & Stoney Point Senior's Calendar May 2024

Mon Tues Wed Thurs Fri Sat Sun

		1 Ojibwe Language Group 10 - 1 Vernon Room	2 Ojibwe Language Group 10 - 1 Vernon Room	3	4	5 Happy Mother's Day!
6 Mother's Day Bingo 10 - 1 Vernon Room	7	8 Ojibwe Language Group 10 - 1 Vernon Room	9	10	11	12 Happy Mother's Day!
13	14	15 Grocery Gift Card Day 10 - 12 Carol Room	16 Ojibwe Language Group 10 - 1 Vernon Room	17	18	19
20	21	22 Pulled Pork Toonie Luncheon 12 - 1	23 Ojibwe Language Group 10 - 1 Vernon Room	24	25	26
27	28	29 Foot Care Workshop More Info to Come	30 Ojibwe Language Group 10 - 1 Vernon Room	31		

"Noojimo Nishnaabemwin Langauge Group"

With Guest Facilitator's
Jordan George & Marlene George



Thursday May 2nd, Wednesday May 8th, Carol Room,
Thursday May 16th, Thursday May 23rd, Thursday May 30th.
10am - 1pm, Vernon Room. A light lunch will be served
If you are interested in attending, please give
Erica Bressette, Senior's Activity Coordinator a
call at 519-786-5647 to pre-register. This will give
you the basic's, start conversation's and grammer
knowledge. Work at your own pace.

**Kettle & Stony Point Senior's 55+
Grocery Gift Card Giveaway**
Wednesday May 15th - Carol Room

If you are in need, please call Kettle & Stony Point Health Services on Monday May 6TH at 519-786-5647. FYI - the list fills up fast. The individuals who were placed on the waitlist in April's, you will automatically be placed on the May's Grocery Gift Card List. If you are unsure, you can call KSPHS to check. No names will be taken prior to the 6th. If you are unable to pick up your card due to a medical reason or transportation, please call Erica Bressette to make arrangemnets prior to pick up date. If you do not show for your card, the card will automatically go to the next person on the waitlist. If you have any questions please call Erica Bressette, Senior's Activity Coordinator.

Kettle & Stony Point Senior's 55+

Pulled Pork Toonie Luncheon comes with 2 Side Salad's

If interested in attending, please call Erica Bressette,
Senior's Activity Coordinator at 519-786-6747 to
pre-register. Dine-In or Take Out Available

Wednesday May 22nd
12 - 1, Vernon Room

Kettle & Stony Point
Senior's 55+
**MOTHER'S DAY
BINGO**

MOMS ARE SPECIAL
& WE HAVE A SPECIAL MENU FOR YOU

Monday May 13th,
10 - 1, Vernon Room

If Interested in attendiong please call
Erica Bressette, Senior's Activity
Coordinator at 51-786-5647.



JORDAN'S PRINCIPLE

ENSURING KETTLE & STONY POINT FIRST NATIONS CHILDREN (AGED 0-17) HAVE ACCESS TO THE SERVICES THEY NEED.

DO YOU KNOW A FIRST NATIONS CHILD WHO HAS A DISABILITY OR A CHILD WHO HAS HEALTH, SOCIAL OR EDUCATIONAL NEEDS THAT THEY NEED SUPPORT WITH?

JORDAN'S PRINCIPLE MAY PROVIDE ASSISTANCE WITH:



Education & Learning Disabilities



Hearing Testing & Assistive Devices



Therapy Services



Autism Diagnostics and Services



Physical Disability Supports and Equipment



Vision Testing and Assistive Devices



Fetal Alcohol Disorder Testing and Supports

FOR MORE INFORMATION HOW JORDAN'S PRINCIPLE CAN SUPPORT YOUR CHILD, PLEASE CONTACT:

Stephanie Stone
Jordan's Principle Co-Ordinator
Stephanie.Stone@kettlepoint.org

Sandra Oliver
Jordan's Principle Navigator
Sandra.Oliver@kettlepoint.org

OR CALL 519-786-5647



Jordan's Principle News:

Jordan's Principle is an initiative providing services and programs to children and youth 0-17 years of age.

Kettle & Stony Point's Health Services would like to introduce and welcome Sandra Oliver to the Jordan's Principle Program. Sandra is the new JP navigator and will be now be completing all new intakes and client individual and group funding applications. She can be reached at 519-786-5647 ext. 226

All clients who attended Little NHL- please submit your 407 ETR and trip receipts by **Friday May 3rd, 2024.**

Please call 519-786-5647 the week before pick up (2nd last Wednesday of the month). Pick up dates are the last Wednesday of every month - next pick up date May 29th, 2024.

****** The number of boxes has been increased to 100! Child/ren must be in your care.

If your child receives EA (Educational Assistant) assistance, and you have questions on seeking funding for the next school year, please contact our office at 519-786-5647 for help.



Southwest Ontario
Aboriginal Health
Access Centre

FT Child and Youth Worker - Repost

Status:	Full-time, permanent
Location:	Owen Sound
Hours:	35 hours/week
Salary:	\$51,595 to \$60,700 per year
Paid Time Off:	3+ weeks of vacation, sick days, spiritual/cultural leave, birthday!
Benefits:	Comprehensive health, dental, travel insurance, and more!
Pension:	HOOPP (defined benefit plan)
Posting Date:	April 23, 2024
Deadline:	Open until filled

Southwest Ontario Aboriginal Health Access Centre (SOAHAC) is a diverse, dynamic, multiservice Indigenous health and wellness agency. We strive to provide quality, wholistic health services by sharing and promoting traditional and western health practices to enable people to live in a more balanced state of well-being. SOAHAC provides services to Indigenous people including those who live on and off reserve, status, non-status, Inuit, and Metis within the Southwest, Waterloo Wellington and Erie St Clair regions. SOAHAC has a mandate of ensuring that health services are accessible, of high quality, and are culturally appropriate. It is SOAHAC's objective to build health care capacity within Indigenous communities. Currently, we are seeking the services of a **Child and Youth Worker** to join our interdisciplinary staff team to work at our **Owen Sound** site.

Reporting to the Integrated Care Manager in Owen Sound, the Child and Youth Worker is accountable for the provision of social development of young community members, up to eighteen (18) years old. This occurs through effective assessment of the client's needs, appropriate service planning and ongoing case management to support the client. This position requires knowledge of and collaboration with the surrounding Indigenous communities as well as, First Nations/Inuit and/or Métis populations in Grey Bruce region.

Requirements

- Post-secondary education in Child and Youth Counselling or an equivalent combination of postsecondary education and experience in a related health care discipline
- A minimum of three (3) years direct experience working with Indigenous youth and families in a counselling, social development or other related health setting
- Experience working with First Nations, Inuit and Métis (FNIM) people in community-based settings
- Excellent interpersonal skills with the ability to communicate clearly
- Strong organizational skills with the ability to work effectively and independently
- Excellent written and oral communication skills
- Ability to maintain good attendance and punctuality
- Experience working with cultural teachers, Traditional Healers, Elders and/or knowledge keepers would be an asset
- Knowledge of FNIM Traditional Teachings, Culture, Values and History Preferred
- A current and satisfactory police check is a condition of employment
- Computer proficiency including proven ability to use relevant technology
- Willingness to learn Indigenous Cultural Safety and other ongoing cultural learnings/ teachings

- First Aid/CPR certification
- Valid driver's license, automobile insurance and willingness to travel extensively through Grey/Bruce counties
- Up-to-date immunizations and records

Responsibilities:

- Navigating and coordinating care within mainstream care environments
- Work with youth and families in crisis and to provide appropriate supports
- Providing referrals to/from various community agencies
- Development of culturally and age-appropriate group programs
- Facilitate the delivery and evaluation of group programming
- Advocacy for children and youth with schools, physicians or other agencies as required
- Conducting initial assessment for all assigned clients
- Generate and document client progress and individualized program plans and evaluate progress of treatment
- Participate in case management meetings with staff

This job may require additional responsibilities and duties as assigned by Southwest Ontario Aboriginal Health Access Centre.

Please Note: This position is full-time at 35 hours (5 days) per week. Salary is competitive and subject to experience.

SOAHAC values diversity and is an equal opportunity employer; however, hiring preference will be given to qualified Indigenous applicants (please self-identify). SOAHAC is committed to providing employment accommodation in accordance with the Ontario Human Rights Code and the Accessibility for Ontarians with Disabilities Act. If you require accommodation to apply or if selected to participate in an assessment process, please advise Human Resources.

If you are interested in applying for this position, please forward your cover letter and resume to:

Email: careers@soahac.on.ca

Subject line: **FT Child & Youth Worker, Owen Sound**

Or mail to: **Human Resources
Southwest Ontario Aboriginal Health Access Centre
493 Dundas Street,
London, ON N6B 3E1**

*Please visit **Southwest Ontario Aboriginal Health Access Centre** online at: www.soahac.on.ca or like us on www.facebook.com/soahac to learn more about us!*

We thank all those for applying but only those selected for an interview will be contacted.

Shout out to Summer Students



Visit our website
under the "civilian" tab and
complete the student form

www.apscops.org

Dial *677

Or

1-888-310-1122

For non urgent matters



ANISHINABEK POLICE SERVICE

1436 Highway 17B • Garden River, Ontario • P6A 6Z1 • Tel. 705-946-2539 • Fax 705-946-2589

Beausoleil First Nation

Biigtigong Nishnaabeg

Blinjitiwaabik Zaaging

Anishinaabek

Curve Lake First Nation

Dokis First Nation

Fort William First Nation

Garden River First

Nation

Ginoogaming First Nation

Kettle & Stony Point

First Nation

Magnetawan First Nation

Nipissing First Nation

Netmizaggaming

Nishnaabeg

Sagamok Anishinabek

Shawanaga First Nation

Wahnapiatae First Nation

Wasauksing First Nation

TO:	ALL First Nation Finance Departments
FROM:	Anishinabek Police
SUBJECT	Fraud Alert
DATE:	April 12, 2024

Boozhoo - The Anishinabek Police Service would like to advise of fraudulent activities occurring within our Administration Offices in our First Nation Communities. We are asking you to develop / review your policies / protocol to include a verification process prior to any change requests to payroll or accounts payable to avoid becoming a victim of a fraud.

Spear phishing fraud is one of the most prevalent frauds targeting businesses and organizations. In 2023, Canadian businesses reported losing more than \$58 million to spear phishing fraud.

In these frauds, perpetrators take their time to collect information on their intended targets, so they can send convincing emails from a seemingly trusted source. Fraudsters will infiltrate or spoof a business or individual's email account and create a rule to send copies of incoming emails to one of their own accounts. They will comb through the emails to: study the sender's use of language and to look for patterns linked to important contacts, payments, and dates.

Fraudsters launch their attack when an accounts payable invoice has been identified. It might look like a supplier or contractor sending an email to the customer's (victim) accounts payable department requesting an urgent payment to an alternate bank account for an invoice that is due. Fraudsters might set up a domain similar to the company's and make it appear as though the email is originating from a trusted source.

How to protect yourself

- Encourage a verification step for any requests for any payroll or account payable changes.
- Put in place detailed payment procedures, including verbal authentication for any urgent requests or changes in payment details
- Remain current on frauds targeting businesses and educate all employees.
- Include fraud training as part of new employee onboarding.
- Establish fraud identifying, managing and reporting procedures.
- Avoid opening unsolicited emails or clicking on suspicious links or attachments.
- Take a few seconds to hover over an email address or link and confirm that they are correct.

Anishinabek Police Service provides effective, efficient, proud, trustworthy and accountable service to ensure Anishinabek residents and visitors are safe and healthy while respecting traditional cultural values including the protection of inherent rights and freedoms on our traditional territories.

ALL First Nation Finance Departments
April 12, 2024 – Page 2

- Restrict the amount of information shared publicly and show caution with regard to social media.
- Upgrade and update technical security software

Learn more [tips and tricks](#) for protecting yourself

If you suspect you have been the victim of cybercrime or fraud report it to your local Anishinabek Police Detachment and to the [Canadian Anti-Fraud Centre's online reporting system](#) or by phone at 1-888-495-8501. If not a victim, report it to the Canadian Anti-Fraud Centre anyway.

Respectfully,



Jeff Skye
Chief of Police



Anishinabek Police Service provides effective, efficient, proud, trustworthy and accountable service to ensure Anishinabek residents and visitors are safe and healthy while respecting traditional cultural values including the protection of inherent rights and freedoms on our traditional territories.



Lifetime Achievement Awards 2024

Each year the Anishinabek Nation 7th Generation Charity hosts a celebration to recognize and bring awareness to Anishinaabe citizens who have made a lifetime commitment to improving the quality of life in Anishinabek First Nation communities.

We recognize these individuals as 'building blocks' to improving the lives of Anishinabek citizens and the Anishinabek Nation as a whole and we honour these individuals with *Anishinabek Lifetime Achievement Awards*.

NOMINATE SOMEONE TODAY!

Nomination deadline: *Friday, May 31, 2024*



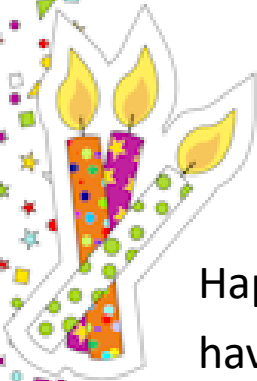
Anishinabek Nation 7th Generation Charity
www.an7gc.ca

Registered Charitable #895952471RR0001

Happy Birthday!!!



Happy 3rd Birthday to Tobi Bear on May 11th!
May your day be filled with love and laughter
on your special day! With love from Mom, Dad,
Jaden, and Sadie.



Happy Birthday to Joni on May 24th! Hope you
have a wonderful day and celebrate your special
day with your loved ones! Love from your family.



Happy
Belated Birthday!



"Happy birthday to our sweetheart, Grace!"
Love - Uncle, Auntie, and the boys!





Chippewas of Kettle & Stony Point First Nation Department Information Forum

When: May 25, 2024

Time: 9:30 a.m. to 12:30 p.m.

Where: Hillside School Gym

*Light Refreshments &
Snacks will be
available.*

Staff will be available to answer questions, record your input and / or provide you with updated information.

Visit the numerous displays throughout the gymnasium for valuable department updates and / or programs that they offer.

Departments will be sharing information about how they are working to serve the First Nation.

Chief and Councillors will be available on this day. If you wish to ask a question or have a discussion with any of them. Their Strategic Plan and a survey will be available.

**For additional Information
contact Melodie Brossette at
519-786-2125**

Service Canada in your community!

Service Canada can provide information and help you access Government of Canada programs and services.

Service Canada will be here to serve you on the following dates:

Monday May 27 2024
Monday June 24 2024
Monday July 22 2024
Monday August 19 2024
Monday September 23 2024
Monday October 28 2024

Hours of service:
9:30 a.m. to 3:30 p.m.

Office is closed:
12:00 p.m. to 1:00 p.m.

You can also visit us in-person at one of these nearby Service Canada Centres (SCC):

Sarnia SCC
529 Exmouth Street

Goderich SCC
52 East Street

London SCC
Dominion Public Building
457 Richmond Street

Hours of service:
Monday to Friday
8:30 a.m. to 4:00 p.m.

Please access Government of Canada programs online at Canada.ca or by telephone at 1 800 O-Canada (1 800 622-6232).

Service Canada se rend dans votre localité!

Service Canada peut vous renseigner, et vous aider à accéder aux programmes et aux services du gouvernement du Canada.

Service Canada sera ici pour vous servir les dates suivantes :

Le lundi 27 Mai 2024
Le lundi 24 Juin 2024
Le lundi 22 Juillet 2024
Le mardi 19 Aout 2024
Le mardi 23 Septembre 2024
Le mardi 28 Octobre 2024

Heures de service :
9:30 h à 15 :30h

Bureau est fermé :
12 h à 13 h

Vous pouvez également nous visiter en personne à un des Centres Service Canada (CSC) suivants :

CSC Sarnia
529, rue Exmouth

CSC Goderich
52, rue Est

CSC London
l'édifice public Dominion
457, rue Richmond

Heures de service :
Lundi au vendredi
8 h 30 à 16 h

Veillez accéder aux programmes du gouvernement du Canada en ligne à Canada.ca ou par téléphone au 1 800 O-Canada (1 800 622-6232).

Service
Canada 

word search puzzle

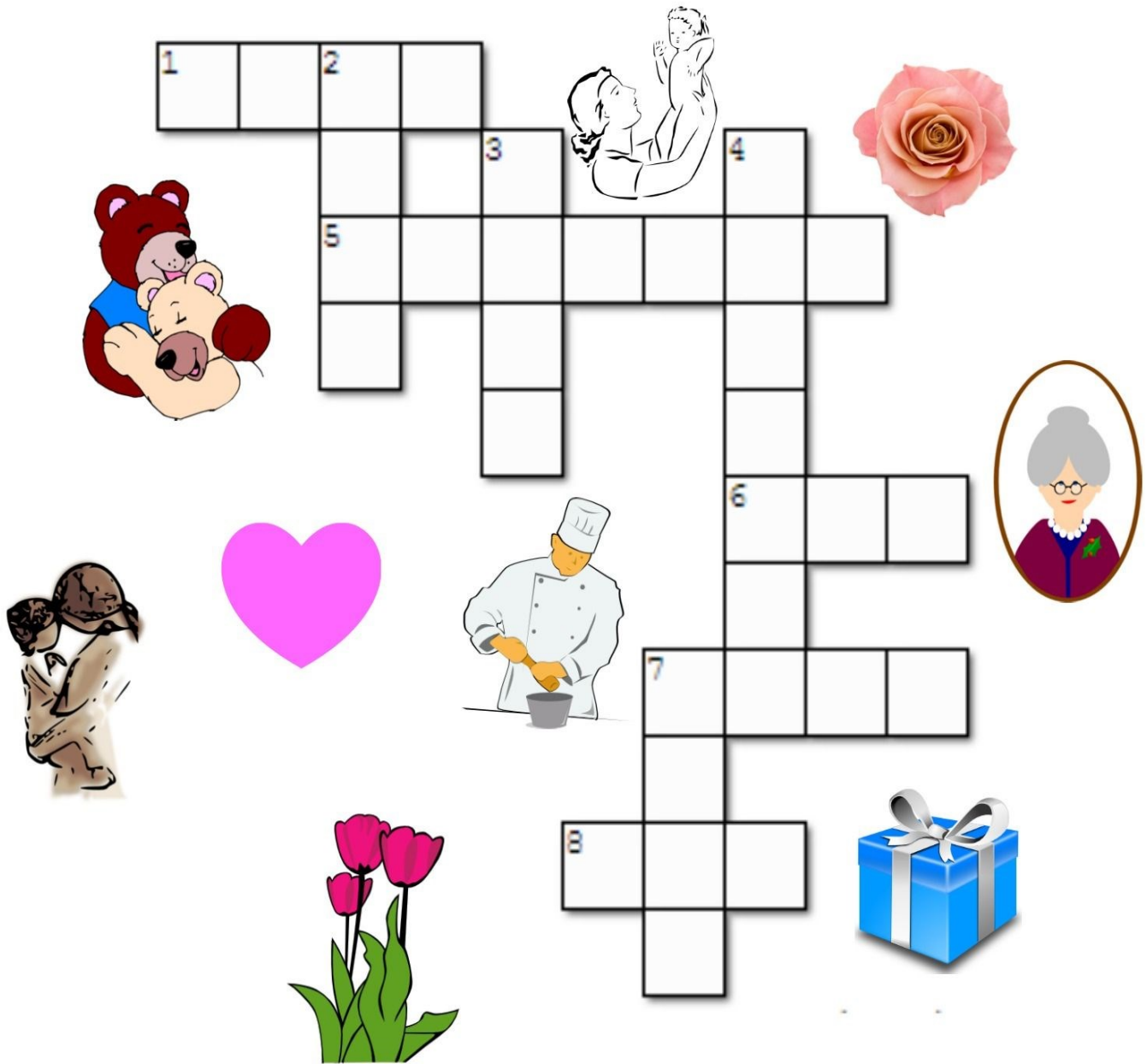
Mother's Day

B	C	R	C	A	R	D	E	Y	T	M	O	I	L	M	G	T
I	O	Q	U	D	C	M	N	S	T	H	Z	C	C	Y	L	H
V	O	S	U	N	D	A	Y	V	V	S	N	M	O	M	M	Y
E	K	C	X	S	Q	M	U	M	S	C	G	B	I	U	T	I
C	I	N	Q	W	P	Z	B	I	A	A	H	R	Z	B	I	B
F	E	S	M	T	I	I	K	E	D	Y	A	U	P	O	V	T
U	S	E	J	B	X	W	J	H	E	A	R	T	G	U	R	V
D	C	O	O	T	R	A	D	I	T	I	O	N	E	Q	U	Q
M	E	H	G	U	O	F	C	A	R	G	N	K	I	U	V	D
F	A	M	I	L	Y	J	X	F	E	Q	A	Z	Y	E	X	L
F	J	L	O	V	E	Z	G	N	Z	C	M	K	T	T	O	F
L	F	H	B	U	G	R	A	T	E	F	U	L	G	T	T	X
P	Z	C	F	L	O	W	E	R	S	P	P	C	H	R	L	R
R	L	C	E	L	E	B	R	A	T	E	W	G	H	K	D	Q

- BOUQUET
- MAY
- CAKE
- MOMMY
- CARD
- SUNDAY
- CELEBRATE
- TRADITION
- COOKIES
- LOVE
- FLOWERS
- HUG
- GRATEFUL
- FAMILY
- HEART
- KISS



Mother's Day Crossword Puzzle



Across

1. I love ____ and kisses from my mom.
5. Mom plants _____ in her garden
6. Happy Mother's ____.
7. I will make my mom a Mother's Day ____.
8. ____ is short for mother.

Down

2. This is another word for a present.
3. I ____ my mom.
4. I call my mom's mom and my dad's mom ____.
7. My mom is a great ____. I love everything she makes.

