Chippewas of Kettle & Stony Point First Nation

JUNE 2019

Mazina'igan: Community Newsletter

DEADLINE for the July 2019 NEWSLETTER is Friday June 24, 2019 by 4:00 p.m.

Please email your submissions to fdesk@kettlepoint.org or drop off at the Administration Office

Happy 25th Birthday Koda
¼ Century Old
on June 3rd

Have a great day
Roadhouse here we come!

SPECIAL BIRTHDAY WISHES TO COUSIN YOLANDA ON JUNE 5TH HAVE A BLESSED DAY FROM AUNTIE CHRISSY & COUSIN BRAE!

Boozhoo Kettle and Stony Point First Nation members:
The KSPFN Comprehensive Community Plan has been approved by Chief and Council and will be available on the protected website in the next few weeks and hard copies will be available for pick up at the Administration Office as well. This project has taken a number of years to complete but was done with the intention of keeping our community's hopes and vision as clear as we could. ***The CCP department would like to say Miigwetch to all of you who participated in making this plan a reality*** and if anyone has any question do not hesitate to contact Kylie Bressette at 519-786-2125 ext. 115.

Upcoming Council Meetings

Regular Council meeting for June: Monday, June 17th. Deadline for issues: Tuesday, June 11th @ noon

In July and August, Council will only meet once per month. Dates to be confirmed.

OFFICE CLOSURE

The Administration Office will be closed on Friday, June 21st in honor of National Indigenous People's Day. The office will re-open on Monday, June 24th for regular business hours.
Hope to see everyone out and enjoying and celebrating our awesome culture

June 2019

Kettle & Stony Point Health Services

Wiidsemshin, Assisted Living Facility

Mon	Tue	Wed	Thu	Fri
3	4 Exercise & Social Activity Circle Westland Greenhouses 1:30pm	5 Walking Gardens 1:30pm Urban Poling 5:00	6 Exercise & Social Activity Circle Lunch & Shopping 12:00pm	7 Ezhi Gshigwaasig Sewing Group 12:30-4:30 in the Vernon Room
10	11 Exercise & Social Activity Circle Sing Along/Karaoke 1:30pm	12 Walking Make and Take 1:30 Urban Poling 5:00	13 Exercise & Social Activity Circle Afternoon Craft 1:30pm	14 Ezhi Gshigwaasig Sewing Group 12:30-4:30 in the Vernon Room
17	18 Exercise & Social Activity Circle Afternoon Ride 1:30	19 Walking Summer time center pieces Urban Poling 5:00	20 Exercise & Social Activity Circle Trimonis and tea 1:30pm	21 Toonie Lunch At the pavilion
24	25 **No Day Program**	26 Walking Game Social 1:30 Urban Poling 5:00	27 Senior's Trip	28

Exercise and Social Activity Circle 10:00-11:00

For more information contact Joan at 519-786-6280

KETTLE & STONY POINT
Health Services

Anger Management Support Group

Weekly 60-minute sessions…

In this group, participants will learn about the role stress and anxiety plays in their lives, as well as other causes of anger, and explore emotional, mental and physical responses to anger and how to recognize this emotion.

In a relaxed conversational environment, participants will also examine effective coping skills, and ways to better express needs and feelings and build and nurture relationships.

- Recognize the signs of anger
- Identify anger triggers
- Learn thought-checking and grounding techniques
- Set goals and develop an action plan to respond to anger for a positive outcome

Every Thursday from 4:00 – 5:00pm

Light refreshments will be provided

For more information, please contact Julie George or Yvette Boucher at (519) 786-5647.

Congratulations

Congratulations to our son Gunner Diving Hawk Bressette!

Gunner completed the **P.O.E.T (Performance Oriented Electronics Training)** Program. Gunner was also awarded the **1 Canadian Air Division P.O.E.T. Top Student Award** which is presented to the Top Air Force Avionics Technician that demonstrated outstanding academic and military performance. Gunner also received the **Chief Instructor's Award.** This is a prestigious award is in recognition of outstanding academic achievement. Gunner graduated with a 96.2% - he was the only student in his program to earn an average above 95%. Congrats Gunny – we are so proud of you and wish you the best in your military career with the Royal Canadian Air Force!

Love and Prayer from Dad, Mom, Rhys and Hunter

Chippewas of Kettle & Stony Point First Nation
6247 Indian Lane
Kettle & Stony Point FN, Ontario, Canada N0N 1J1

EMPLOYMENT OPPORTUNITY
Full Time

PROGRAM AREA:	HEALTH SERVICES
POSITION TITLE:	**DIRECTOR OF HEALTH SERVICES**
REPORTING PROTOCAL:	**REPORTS DIRECTLY TO FIRST NATION MANAGER/CEO**

POSITION SUMMARY: The Director of Health Services is responsible for the overall administration of the Kettle and Stony Point Health Centre. The Director of Health Services will ensure the effective delivery of quality health services through collaboration with management and staff.

EDUCATION/PROFESSIONAL REQUIREMENTS:

- College or University Education in Administration or Health Sciences combined with significant management experience. OR University Degree in Administration (Health, Business or Human Services) or a combination of an undergraduate degree with significant management experience.
- Professional affiliations in Health or related fields desirable.

EXPERIENCE

- Previous experience in health services and program delivery or health administration
- Five years' experience in progressive management responsibility in health or business which is based on a multi-disciplinary team approach
- Must have a good understanding and adhere to funding contribution and funding agreements
- Experience and proficiency in budget development, management and negotiation
- Experience and proficiency in program administration
- Solid knowledge base and proficiency in program and service development, delivery and evaluation
- Previous experience as administrator of a health centre

SKILLS REQUIRED:

- Excellent Human Relations/Public skills essential.
- Excellent Management/Administration skills essential.
- Excellent interpersonal and leadership skills essential.
- Knowledge and ability to implement quality assurance essential.
- Report/proposal development skills an asset.
- Must have a proficient level of communication skills, verbal and written.
- Must possess excellent organizational and time-management skills.
- Excellent computer skills an asset.
- Must possess a current and valid Drivers License and dependable vehicle.
- Native Ancestry would be an asset.

Ph: 519-786-2125 Toll Free: 1-877-787-5213 Fax: 519-786-2108 http://www.kettlepoint.org

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HIRING REQUIREMENTS:

- Successful applicant must provide a current and up to date CPIC and vulnerable sector background check upon hiring.
- Successful applicant must provide a copy of their Diploma and other related certificates
- Applicants must consent to a full background check upon hiring.

SALARY:

- Classification 1 – dependent on experience / qualifications

Chippewas of Kettle & Stony Point First Nation gives preference to First Nation applicants for any employment opportunity as per Section 16(1) of the Canadian Human Rights Act (Aboriginal Employment Preference Policy)

How to Apply:

Please submit your cover letter, resume, and three letters of reference to
Kettle and Stony Point Administration Office
Attention: First Nations Manager/CEO
6247 Indian Lane, KSPFN, ON, N0N1J1 or by Fax: 519-786-2108

DEADLINE: ALL APPLICATIONS MUST BE RECEIVED BY 4PM ON FRIDAY JUNE 14TH, 2019

We would like to thank all those who apply; however only those selected for an interview will be contacted. Late applications submitted after the deadline date will not be accepted.

Ph: 519-786-2125 Toll Free: 1-877-787-5213 Fax: 519-786-2108 http://www.kettlepoint.org

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KETTLE & STONY POINT
HOUSING DEPARTMENT

Accepting Renovation Loan Applications

The Housing Department is accepting applications for minor housing renovations. The deadline for applications will be ***June 5th, 2019 at 4:00 pm***. The Housing Committee will review all applications at a closed meeting and shall respond to the applicants within 30 days from the closing date of this posting.

Loan Criteria as follows:

a) Structural Nature
b) Heating
c) Electrical
d) Health & Safety

Applicants must:

a) Registered Member with CKSPFN
b) 21 years of age or older
c) Must be the registered owner of the lot where the house is to be built/renovated
d) Such land must be transferred to the CKSPFN Council until the loan is paid in full
e) Certificate of Possession for land must show that there is clear and unencumbered ownership of the land
f) Must be in good credit standing with CKSPFN

All applications must be addressed to the Housing Committee for their review. Applications can be picked up at the Administration Office.

If you have any questions, please call the Housing Office at 519-786-2125

Ph: 519-786-2125 Toll Free: 1-877-787-5213 Fax: 519-786-2108 http://www.kettlepoint.org

Someone Cares Community Kitchen

Starting Monday, May 27th

"Everybody Eats"

We provide hot nutritious meals to those in need
@ Kettle Point Anglican Church
6292 Stoneybrooke Drive
beside the KSP Daycare Centre

MONDAYS
4 pm – 6 pm
TUESDAYS
12 pm – 2 pm
THURSDAYS
12 pm – 2 pm

Volunteers Needed, Give Back by Volunteering
We need cooks, servers, dishwashers, clean up

Help us to help others
Call Kimberly or Cindi for more Information 519-786-2125

COFFEE TIME

Drop in providing coffee, tea, juice, light breakfast, as well as one on one support

Every Monday Morning

9:00 am – 11:00 am @ Business Centre Room

(beside KSP Gas Station)

Sponsored by Ontario Works & Family Well-Being

Suggested Summer Time Reads by First Nation Authors

The Inconvenient Indian: A Curious Account of Native People in North America Author: Thomas King

Indian Horse
Author: Richard Wagamese

The Absolutely True Diary of a Part-Time Indian
Author: Sherman Alexie

Green Grass, Running Water
Author: Thomas King

Medicine Walk
Author: Richard Wagamese

SOLIDARITY DAY JUNE 21, 2019

Planning has begun for National Aboriginal Solidarity Day – June 21, 2019. We are looking for volunteers to lead or help with an event or activity if there are any high school students that need their community service hours please contact us at the Administration Office.

If you are looking to do some fundraising by setting up a booth for Food, Craft, Raffle table, 50/50, etc. Please fill out the application for community fundraising form these forms are available at the front reception desk.

Note: On June 21 we will be closing off the Lake Rd from the Youth Center to the Elder's Lodge starting at 11:00 am. This is to ensure safety for our children.

More additional information please Wyonna or Melodie Bressette at the Administration Office – 519-786-2125

APPLICATION FOR COMMUNITY FUND RAISING ACTIVITY
SOLIDARITY – JUNE 21, 2019

Please submit in no later than June 14th, 2018

Applicant Name: _____

Date: _____

Address: _____

Phone No.: _____

Purpose of Fund Raising: _____

_____

Approved by: _____ First Nation Manager / CEO

☐ PAID - $5.00 administration fee, this fee is to be paid upon submission of application.

****PAYMENTS ARE TO BE RECEIVED BY FINANCE STAFF****

Type of Fundraising

☐ Raffle Draw - please provide the following information:

#. of tickets to be sold: _____

What Type of Prizes to be awarded:

_____

_____

Date Draw will take place: _____

Date for prizes to be awarded: _____

☐ Raffle Table – Please provide the following information

Items to be on table:

_____

_____

_____

Date Draw will take place: _____

Date for prizes to be awarded: _____

☐ Food / Drink Booth ☐ Craft Booth ☐ 50/50 Tickets

Note: Electrical plugs are not supplied. Grounds must be left in the same condition. (Garbage must be disposed of by applicant.) Also if you are using a generator, you must have it turned off during the Fire Work memorials.

Morning Activities

Kettle Point Park Area

9:00am till sold out: Breakfast Hosted By: Powwow Committee Located in Youth Center Take Out window

9:00am—11:00am: Family Fishing Derby Hosted By: Child & Family Services Located by lake gazebo

10:00 am—11:45pm: Adult Bingo Hosted By: Admin & Crew Located in Pavilion

11:00am—pm: TBA Hosted By: Red Cross

11am - Healthy Kids Hosted by: Health Center

11:30am-12:30pm Hotdogs Hosted By: Child & Family Services Located by lake gazebo

12:15pm— 1:15pm Seniors Toonie Luncheon Hosted By: Health Center Located in pavilion

12:00pm Helicopter Rides Hosted By: Great Lakes Helicopter Rides Located at lake gazebo

1:00pm—2:00pm Story Telling by Hosted By: CCP— Located under Powwow Arbor

2:15pm—3:15pm—Jeopardy Game - Host by: Admin & Crew located by the Youth Center

Beach Activities

TBA - Sand Castle Contest Hosted By: Head Start Day Care Located left of trailer parking

TBA— Sand Sculpture Contest Hosted by: Head Start Day Care Located left of trailer parking

Afternoon & Evening Activities

Kettle Point Park Area

2:30 pm—4:30pm KSPFN Talent Show Hosted By: Bev Bressette Located under pavilion

3:30pm—6:30pm Kid's Play Zone Hosted By; Admin & Crew

- Soccer dart • Climb Wall/Slide • Sesame Bounce House • Face Painting • Lazer Maze Craze • Safari Comb Slide • Glitter Tattoos • —Located left of Powwow grounds

TBA - Hosted by : Family Well Being & Youth Center

5:30pm—6:30pm Committee BBQ Hosted By: Chief & Council Located left of the Youth Center

6:45 pm—8:00 pm Street Dance Hosted By: DJ Sara with Admin & CCP Located in front of the Youth Center

TBA—KSPFN Princess Pageant hosted by: Pow Wow Committee located under the Pow Wow Arbor

7:00pm—8:00pm - Adult Cash & Prize Bingo Hosted by Ontario Works

At Dusk: Memorials & Fireworks → Park Channel Area Music By: DJ Sara Henry and Fireworks done by Just a Blast & Crew

- **Listen to the Eagle 107.7 FM for updates on June 21 Activities**
- **First Aid Tent Health Centre - located in the Vendor Area**
- **Information Booth is located beside the Youth Center**
- **Drugs & Alcohol FREE Community Event**

Please watch for the June 21, 2019 Booklet—for the up to date — Schedule

The Family and Community Outreach Program

(a department of Head Start/Daycare)

~Committed to serving the families of Kettle and Stony Point FN with children 0-6 of age~

Located at: 6265 Indian Lane

Pamela.wilde@kettlepoint.org

Letitia.greenbird@kettlepoint.org

Closures in June:

June 21-Solidarity Day
June 28-P.D day

Saturday morning Drop-in Breakfast

This month the Saturday drop in breakfast will be held on

June 1st/2019

Drop in anytime between **9:00 and 11:30**, have breakfast with your child, then explore the centre!

Breakfast served until 10:30 a.m

Outreach Family Food Bank

A reminder to those who have registered for the family food bank that the ***access day in the month of June is on Monday June 9th***. Please let Pam or Letitia know if you want your food bag this month (for those registered) so we can have it ready for your family! Pick up time is between 11:00 a.m and 3 p.m in the Outreach centre! Thank you!

Outreach Centre: 519-786-4940

~Pam Wilde-Family Program Coordinator

~Letitia Greenbird-Outreach Family Support

Pick up a registration at 6265 Indian Lane

We are so very proud of this years Regalia Making participants!! Each week for 12+ weeks, the registered parents/caregivers worked very hard on their child's regalia and completed each regalia this month!

You worked hard, you were dedicated and you showed your love through your work!

Congratulations on your beautiful work and hope to see you and your child at this year's pow wow!

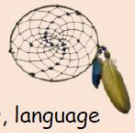
~Pam Wilde and Letitia Greenbird

Also, a BIG thank you to **Patty George** for facilitating each week!

Come out and celebrate Solidarity Day

(**Closed Solidarity day, but we will be having cultural activities on Wednesday, June 19th)

Where: Outreach Centre
Time: 5:00-7:00 p.m.



Activities include: Making a dream catcher, language bingo, language labels and Brown Bear book in Native language to take home!

Also, enjoy an Indian taco!

For families with children ages 0-6

Dear Families,

Please stay tuned about Outreach summer programming possibly beginning in July. Due to staffing and other matters, we are still unsure if we are going to offer programs throughout the summer months. Once we find out, we will post it on the Outreach Facebook site and via email and newsletters.

If summer programming is going to be offered, it will affect the usual Outreach programming. Other special planned 'day' programs will take place of the usual Outreach yearly programming.

Please stay tuned! Thank you for your understanding.

Sincerely,

~Pam Wilde-Family Program Coodinator

~Letitia Greenbird-Outreach Family Support

'Baby and Tots' Program

'Baby and Tots' program every *FRIDAY* from 10:30-noon! (Summer programming *possibly* beginning in July will affect this program)

Come out with your little one for a morning of fun and exploration in the Outreach Centre!

For parents/caregivers of children ages 3 and under

No registration needed!

BODY BULLETIN CANADA

May 2019

Distributed by:
Lambton Public Health
519-344-2062
1-800-387-2882
(extension 2142)
www.lambtonhealth.on.ca
Workplace Wellness ...it's good for business

Physical Activity for Life

Official exercise guidelines are updated as we're learning more about how physical fitness and exercise affect our health and longevity. New evidence-based studies show we can fight many of our most common chronic health problems simply by **staying physically active**.

Canadian Society for Exercise Physiology (CSEP) Recommendations:

AGES 3 TO 4[1]

Get at least 180 minutes **per day** of a variety of physical activities, including at least 60 minutes of energetic play.

AGES 5 TO 17[1]

Get 60 minutes **per day** of moderate- to vigorous-intensity activity for healthy heart, muscle and bone development. For muscle and bone strength, include vigorous physical activities at least 3 days per week.

ADULTS[1]

Get at least 150 minutes of moderate- to vigorous-intensity activity **each week** in segments of 10 minutes or more; add muscle strengthening at least 2 days a week.

Just move more and sit less. Working in brief, 10-minute exercise spurts (e.g., fast walking) 3 times a day, 5 days a week, meets the recommended exercise goal, says the CSEP. Physical activity has health benefits, including better sleep, stress relief and improved blood pressure and mental health. Over time, staying physical helps manage many ongoing health conditions including obesity, osteoarthritis, multiple sclerosis, Parkinson's disease, diabetes and dementia.

Light intensity
can include walking leisurely or doing light household chores.

Moderate intensity
can be biking, walking briskly or raking the yard.

Vigorous intensity
can be jogging, circuit workouts or heavy labour.

BEST bits

If you are gaining weight despite eating fewer calories and exercising regularly, these factors may be the cause: fluid accumulation in feet, hands, face or belly; fatigue or muscle weakness, possibly related to diabetes or low thyroid function; quitting smoking; increased stress; depression; or new medications. Discuss with your health care provider.

Sunscreen reminder: Sunny spring days bring more outdoor activities. But don't forget daily sunscreen — especially between 11 a.m. and 4 p.m. That's when the sun's rays are most intense. Select a sunscreen with an SPF (sun protection factor) of 30 or higher to prevent sunburn, premature skin aging and help reduce your risk of developing skin cancer, such as melanoma. One in 73 women and 1 in 59 men will develop melanoma, according to Health Canada. And remember: A tan isn't healthy — it's a sign of skin damage.

Travelling abroad? Stay healthy, plan ahead. Before an international trip, check **travel.gc.ca/** for information about recommended vaccinations. Make sure you're up to date on routine vaccines, too. Plan for enough needed medications; keep them in your carry-on bag. Learn more at **travel.gc.ca/travelling/health-safety/medication** about travelling with medications and medical devices.

> Always ask, 'Why?' The more reasons you have to pursue a goal, the better you'll likely do in terms of achieving it. — *Michael S. Dobson*

The Smart Moves Toolkit, including this issue's printable download, **Eating the Mediterranean Way,** is at **personalbest.com/extras/Canada19V5tools.**

What is Childhood Anxiety?

What are the challenges for Childhood Anxiety?

What can you do to help your child?

Come learn about the treatments and helpful strategies for Childhood Anxiety.

When: April 9th, 2019

Where: Vernon Room, Kettle & Stony Point Health Centre

Time: 4:30 pm—6:30 pm

Snacks and Drinks will be provided.

All are welcome to attend.

Please contact Valerie Cook to register at (519)-786-5647, ext. 371

Program Offerings

For September 2019

If you or someone you know is interested in the following programs, please contact us today with any questions by phone, email or feel free to visit our campus or website to make application.

Native Community Worker—Traditional Healing Methods
(2 yr Diploma Program)

Native Early Childhood Education
(2 yr Diploma Program)

Paramedic
(2 yr Diploma Program)

Practical Nursing
(2 yr Diploma Program)

Social Service Worker—Indigenous Knowledge
(2 yr Diploma Program)

Fetal Alcohol Spectrum Disorders
(1 yr Certificate Program—Post Diploma Program)

First Nation Child Welfare Advocate
(1 yr Certificate Program—Post Diploma Program)

Personal Support Worker
(1 yr Certificate Program)

All Programs are accredited with Ontario Colleges and Universities.

Anishinabek Educational Institute
Munsee-Delaware Campus
533 Thomigo Rd., Muncey ON, N0L 1Y0
Tel: 519.289.0777 Fax: 519.289.0379
Toll Free: 1-800-441-5904
www.aeipostsecondary.ca

Why Choose A.E.I.

- No Application Fees
- Mature students accepted (No OSSD Required
- Blended Delivery (Class & Correspondence)
- Placements in students' communities
- Small class sizes
- Comfortable, supportive learning environment
- One on one tutoring
- Community based delivery (in your community)

Messages from the Finance Department

Finance Bulletin

If you or any of your family members of this First Nation have not received your FSA cheque from MAY 2016, please contact Shannon Bressette or Corrinda Jackson at the Administration Office to pick it up. Interest is NOT accruing on these.

If you have recently turned 18 years of age and haven't received your FSA cheque, please contact the above named staff. The interest is calculated based upon your date of birth and does not continue to accumulate after that.

Finance Notice – Direct Deposits

If you receive payment from the Chippewas of Kettle & Stony Point, an EFT remittance slip is available from the finance office that details the date, purpose of payment and amount. We will keep these remittance slips available to hand out for six months after the date of issue and then they will be destroyed.

After that date, they can be available only on a requested basis, if you have any questions, please contact Shannon Bressette, Accounts Payable Clerk.

Electronic Funds Transfer – EFT

Please submit your banking information DIRECTLY to finance, it is your responsibility to inform finance if your banking info changes.

If you have questions regarding this please contact Shannon Bressette, Accounts Payable Clerk at 519-786-2125

Hillside School, Kettle and Stony Point

2018/2019 School Year Calendar

# of instructional days:	19				21					20					15					18				
September					**October**					**November**					**December**					**January**				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
27	28	29	30	31	1	2	3	4	5				1	2	3	4	5	6	7		1	2	3	4
3	4	5	6	7	8	9	10	11	12	5	6	7	8	9	10	11	12	13	14	7	8	9	10	11
10	11	12	13	14	15	16	17	18	19	12	13	14	15	16	17	18	19	20	21	14	15	16	17	18
17	18	19	20	21	22	23	24	25	26	19	20	21	22	23	24	25	26	27	28	21	22	23	24	25
24	25	26	27	28	29	30	31			26	27	28	29	30	31					28	29	30	31	

				18					16					19					21					18
February					**March**					**April**					**May**					**June**				
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F
				1					1	1	2	3	4	5			1	2	3	3	4	5	6	7
4	5	6	7	8	4	5	6	7	8	8	9	10	11	12	6	7	8	9	10	10	11	12	13	14
11	12	13	14	15	11	12	13	14	15	15	16	17	18	19	13	14	15	16	17	17	18	19	20	21
18	19	20	21	22	18	19	20	21	22	22	23	24	25	26	20	21	22	23	24	24	25	26	27	28
25	26	27	28		25	26	27	28	29	29	30				27	28	29	30	31					

HOLIDAYS

September 3, 2018	-	Labour Day
October 8, 2018	-	Thanksgiving
November 12, 2018	-	Remembrance Day
December 24 - January 4, 2019	-	Christmas Holidays
February 18, 2019	-	Family Day
March 11 - March 15, 2019	-	March Break
April 19, 2019	-	Good Friday
April 22, 2019	-	Easter Monday
May 20, 2019	-	Victoria Day
June 21, 2019	-	Solidarity Day

PROFESSIONAL DEVELOPMENT

August 27 - August 31, 2018
October 5, 2018
November 2, 2018
February 1, 2019
April 5, 2019
May 17, 2019
June 28, 2019

REPORT CARDS / EARLY RELEASE

November 28, 2018 - Progress Report (1/2 day)
December 21, 2018 - 12:05 PM Dismissal
February 27, 2019 - 1st Term Report Card (1/2 Day)
June 27, 2019 - 12:05 PM Dismissal

Teachers will be available to meet with parents between 1-3 pm and 4-6 pm, on November 28th and February 27th.

SPECIAL EVENTS

September 12, 2018 - Open House / Barbecue
September 28, 2018 - Terry Fox Run
October 26, 2018 - Awards Assembly (Bravery)
October 31, 2018 - Halloween Parade
November 9, 2018 - Remembrance Day Celebration
November 30, 2018 - Awards Assembly (Honesty)
December 14, 2018 - Media Literacy Day
December 19, 2018 - Christmas Dinner
January 24, 2019 - Awards Assembly (Humility)
March 4-8, 2019 - Cultural Fair Week
March 29, 2019 - Awards Assembly (Love)
April 26, 2019 - Awards Assembly (Respect)
May 24, 2019 - Awards Assembly (Truth)
June 20, 2019 - Hillside School Powwow
June 26, 2019 - Grade 8 Graduation
June 27, 2019 - Final Awards Assembly

** This 2018/2019 Hillside Calendar is prepared under reference to the Ontario Education Act and falls outside KSPFN's approved Christmas Holiday schedule.*

hydro one

We're here to offer support!

In order to serve you better, we're dropping by for a visit.

We know that you want a partner who listens, but we're also following that up with action. We have lots of great information to share about your bill and exciting new programs that may help you save.

We'll be on location to:

- Help you save on your next bill
- Share the programs and incentives you may be eligible for
- Provide tips for reducing your usage
- Answer your questions

Thursday, July 4th
Location: CKSPFN Hillside School Gymnasium
10:00am to Noon &
1:00pm to 3:00pm
*****No Appointment Necessary**

In order to help you in a timely manner, please bring your bill and status card.

Would you prefer to speak with us now?

1-888-664-9376

www.HydroOne.com

BELL TOWER UPDATE

Options for locations had been approved by Chief & Council. The location that Bell has identified as most favourable is on Sand Trail (closer to the intersection of Sandy Trail and Middle Side Road).

An Open House/Consultation Session will be held, likely mid-late June in the Hillside School Gym. The date has yet to be confirmed.

Once the information for the Session is compiled it will go back to Chief & Council for a decision to approve and move forward with the process, or further direction.

Watch for further updates!

TEKSAVVY MIGHT BE COMING TO KETTLE & STONY POINT

Teksavvy has expressed interest in setting up a signal in Kettle & Stony Point that would provide CKSPFN and area with "Wireless Internet".

They are based out of Chatham and are Canada's largest independent telecommunications company with over 300,000 customers coast to coast.

If it becomes the decision to host their signal in the community, it will be set-ready likely by the end of summer 2019.

Teksavvy maintains they are low cost provider. CKSPFN will be seeking an elaboration on the full potential of their services and how it may benefit us.

Watch for further updates!

Everyday Sun Safety Tips

From the Canadian Dermatology Association

Limit sun exposure between 11 am and 3 pm and especially around midday. If possible, try to keep children out of the sun from noon to 2 pm when the sun's radiation is strongest.

Use wide-brimmed or legionnaire-style hats, as well as clothing to shade the skin. If using a baseball cap, don't forget to apply sunscreen on the face, neck and ears.

Try to **plan activities in the shade** as much as possible. Involve school age children by teaching them the shadow test for sun safety. It is important to stay in the shade when the sun is directly overhead and its rays are strongest. If your shadow is shorter than you, it is time to use maximum sun protection. Create a sun safe environment for your kids with shade trees, an awning or umbrella.

Parents remember children need sun protection while on field trips, during breaks at school, for outdoor sports and during the spring through to the fall.

Use an SPF 30 or higher broad-spectrum sunscreen. Don't put sunscreen too close to the eyes as some children rub around that area! Reapply regularly, especially after sweating heavily or swimming. And don't forget to use a minimum SPF 30 lip balm.

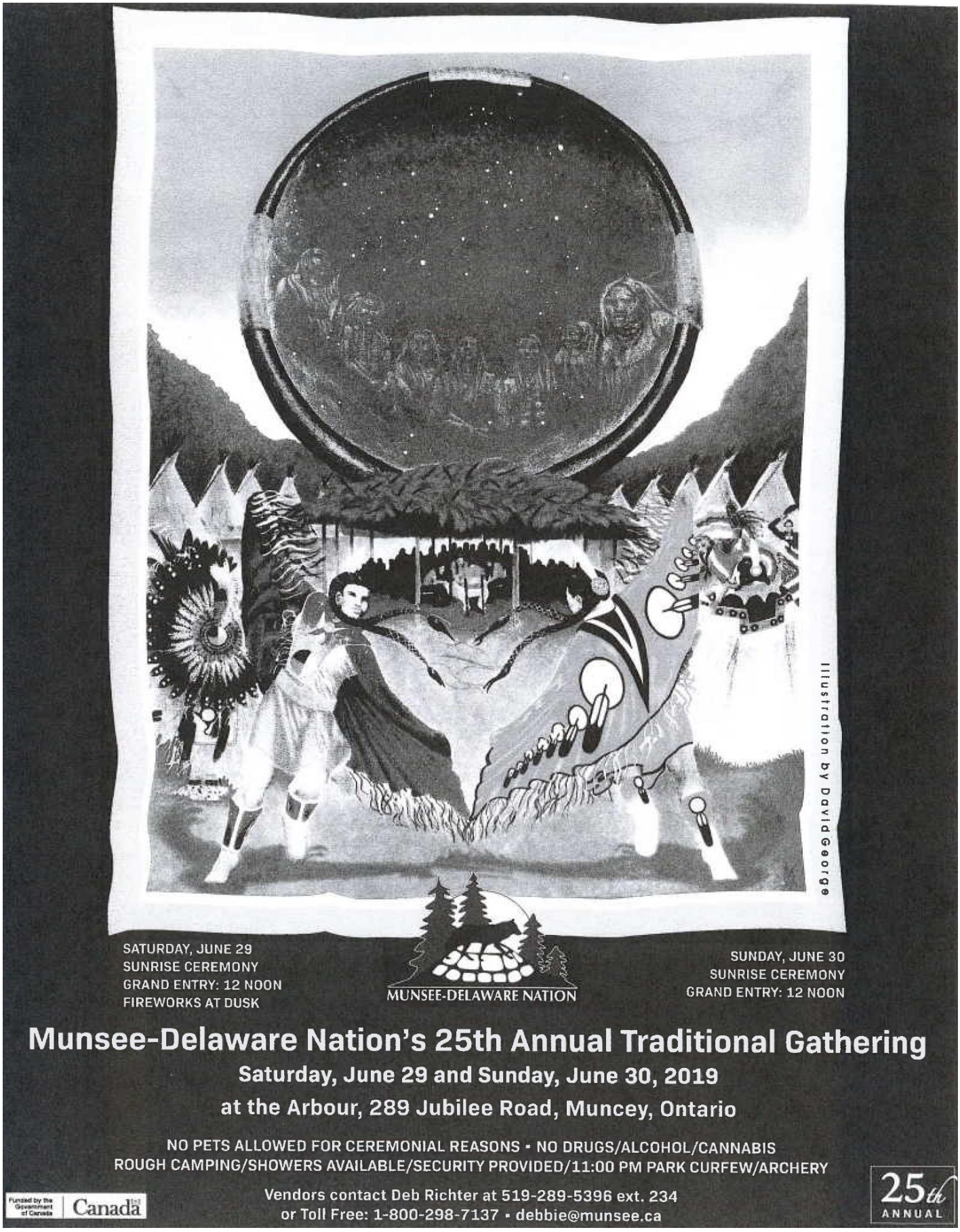


Illustration by David George
SATURDAY, JUNE 29
SUNRISE CEREMONY
GRAND ENTRY: 12 NOON
FIREWORKS AT DUSK
MUNSEE-DELAWARE NATION
SUNDAY, JUNE 30
SUNRISE CEREMONY
GRAND ENTRY: 12 NOON
Munsee-Delaware Nation's 25th Annual Traditional Gathering
Saturday, June 29 and Sunday, June 30, 2019
at the Arbour, 289 Jubilee Road, Muncey, Ontario
NO PETS ALLOWED FOR CEREMONIAL REASONS • NO DRUGS/ALCOHOL/CANNABIS
ROUGH CAMPING/SHOWERS AVAILABLE/SECURITY PROVIDED/11:00 PM PARK CURFEW/ARCHERY
Funded by the Government of Canada
Canada
Vendors contact Deb Richter at 519-289-5396 ext. 234
or Toll Free: 1-800-298-7137 • debbie@munsee.ca
25th ANNUAL

COMMUNITY NOTICE

IN CASE OF EMERGENCY CALL 911
USE AT YOUR OWN RISK

DUE TO THE HIGH WATER LEVEL ACCESS TO THE BEACH

FROM CENTRE ROAD TO WEST IPPERWASH ROAD IS CLOSED FOR THE

2019 SEASON.

No BOAT LAUNCHING OR VEHICULAR TRAFFIC ALLOWED

NO TRESPASSING

IPPERWASH BEACH MANAGEMENT PLAN OPERATED BY THE CHIPPEWAS
OF KETTLE & STONY POINT FIRST NATION IS CANCELLED FOR THE 2019 SEASON.

FOR MORE INFORMATION PLEASE CONTACT THE ADMINISTRATION OFFICE (519) 786—2125 .

Kettle and Stony Point First Nation 3rd Annual Unity Gathering

SAVE THE DATE!

August 14th, 15th, and 16th

Held in Kettle and Stony Point Park Grounds

All are welcome to attend!

Stay posted details :)

For more information contact Kylie Bressette or
Mel Bressette at the Administration Office: 519-786-2125

DENNING'S

Sam Di Cesare
Manager

Denning's of Forest
9 James Street South
Forest. Ontario
Owner
Brett Denning
Funeral Assistant
Neil George
Serving Kettle & Stoney Point
(519) 786-2401
www.denning.ca

Burial Trust Fund & Policy

A policy that creates and manages a Trust Fund established by Council to assist families in need when there is no other source of funds available to cover the cost of a funeral and burial, including cremations, at the time of the loss of a loved one.

The Trust Fund is a set amount and is held with Dennings Funeral Directors to include the cost of the funeral service/cremation fees, basic casket, basic headstone, burial vault (if required), and burial costs. If a Trust Fund is requested by a family toward the services provided by another funeral director, the Trust Fund can still be accessed, but may not cover all the same items as outlined above. The Fund does not cover flowers, or any upgrades to the basic casket or headstone chosen by the family, but can include a purchase order through Points Preference Supermarket for meal costs for the day of the funeral.

Chippewas of Kettle & Stony Point First Nation

Support when you need it the most, as provided through a Trust Fund established by Council through Dennings Funeral Directors.

How to apply:

A written request for funding must be submitted by the appointed or confirmed Administrator or Executor. An application is available for this purpose and can be obtained at the Administration Office.

The application includes signed confirmation that the person applying is the family appointed or confirmed Administrator or Executor. The applicant is also confirming there is no other sources of funds available such as an insurance policy, OW or ODSP support, or that the deceased did not pre-plan and pre-pay their own funeral, and that the estate of the deceased does not include sufficient funds to cover the cost.

Finally, the applicant will confirm that he/she will reimburse Council any funds they do receive from sources such as Indian Affairs, Canada Pension Death Benefits, or other sources of benefits specific to funeral and burial costs.

The full policy, complete with application, is available on request.

Attention: First Nation Members

In the unfortunate event of the passing of a First Nation Member, please contact the Administration Office at (519) 786-2125 during regular office hours for the lowering of the community flags, or call (226) 932-2318 after regular office hours.

Chippewas of Kettle & Stony Point First Nation
6247 Indian Lane, R.R.#2
Forest, Ontario, Canada N0N 1J0

KETTLE & STONY POINT ELECTORS

LEADERSHIP SELECTION CODE (ELECTION CODE)

The Governance Initiatives Committee has held several community consultation sessions, seeking input into the draft Leadership Selection Code (Election Code). Those sessions were held throughout the months of September 2018 to March 2019. The sessions and questionnaires were also posted through video recording on the First Nation's website.

→ The four questionnaires that were provided at the consultation meetings have now been combined into one questionnaire for anyone who has not completed one and wishes to do so.

We are continuing with the final stages of consultation during the month of May and first week of June. A representative for the committee will be going door-to-door on the First Nation with the questionnaire. We welcome your participation by completing a questionnaire when the representative comes, or arranges with you a more convenient time for you to sit and ask questions. This will occur throughout the month of May as well as the first week of June.

You can also pick one up at the Administration Office rather than doing a door-to-door with the representative.

Any elector who resides away from the First Nation may also participate in the questionnaire and we welcome you to do so. We can mail, email, fax or complete a questionnaire over the phone upon your request before June 10.

Corrinda Jackson will be attending the London and Sarnia Friendship Centres the week of June 3 should anyone want to drop in to do a questionnaire. The dates and times for that week will be posted on the First Nation's website and face book once they are determined.

The questionnaire is posted with this Notice on the First Nation's face book and website should you wish to print one.

→ Page 2

There will be draw prizes that your name will be entered for, when you complete a questionnaire. There are 5 silky soft, native print, queen-size blankets that will be drawn for in June.

If you attended the consultation meetings and participated in the questionnaire sticker boards or already completed a questionnaire, your name is already submitted for the draw.

If you have any questions, please contact Corrinda at the Administration Office.

YOUR INPUT INTO THE CHANGES TO THE DRAFT ELECTION CODE IS VALUABLE AND IMPORTANT! (New deadline June 10)

RONALD C. GEORGE LAW

Increasing Access to Justice Through Affordable Legal Services **Spring/Summer 2018**

Service Areas

Family Law (Custody, Access, Support and Child Protection), Aboriginal Law, Criminal Law, Small Claims, Provincial Offences (Traffic), First Nation Governance Law (Child Protection, Drafting of Laws, Negotiations, Employment Law), Mediation, Wills and Estate Planning, Human Rights and Administrative Law.

Legal Advice Clinic

The Legal Advice Clinic provides free summary legal advice and services provided by the Indigenous Legal Service's Legal Aid Worker. Please contact our office to make an appointment for the Legal Advice Clinic.

Staff

- Ronald C. George, BA, LLB, LLM, (Doctoral Candidate), Barrister & Solicitor
- Susan C. George, Counsel
- Autumn Johnson, BA(Hons), JD, Barrister & Solicitor
- Tina Martin, Law Clerk
- Tabindah Barlas, Articling Student
- Charlotte Henry, Secretary

Contact Information:

Phone: (519) 786-4414
Fax: (519) 786-4278
Tina.rcgeorgelaw@gmail.com

www.facebook.com/RonGeorgeLaw

Address:

9162 Tecumseh Lane
Kettle & Stony Point FN, ON
N0N 1J1

Hours of Operation:
Monday—Friday
8:30 am—4:30 pm

Legal Advice Clinic:
Monday 3 pm—6 pm

Wiiwkwedong & Azhoodenong Justice Initiatives

Restorative Justice Diversion Services Available

Please contact the office for additional information.

SERVICE CANADA

will be at the Administration Office

Every second Tuesday of every other Month

JUNE 11, 2019
10:00 AM – 3:00 PM

Plan to see Raquel If you need help with your Social Insurance Number, Unemployment, Pensions, etc.

Click servicecanada.gc.ca
Call 1-800-622-6232

Ontario Disability Support Program

will be at the Administration Office

Every second Thursday of the Month

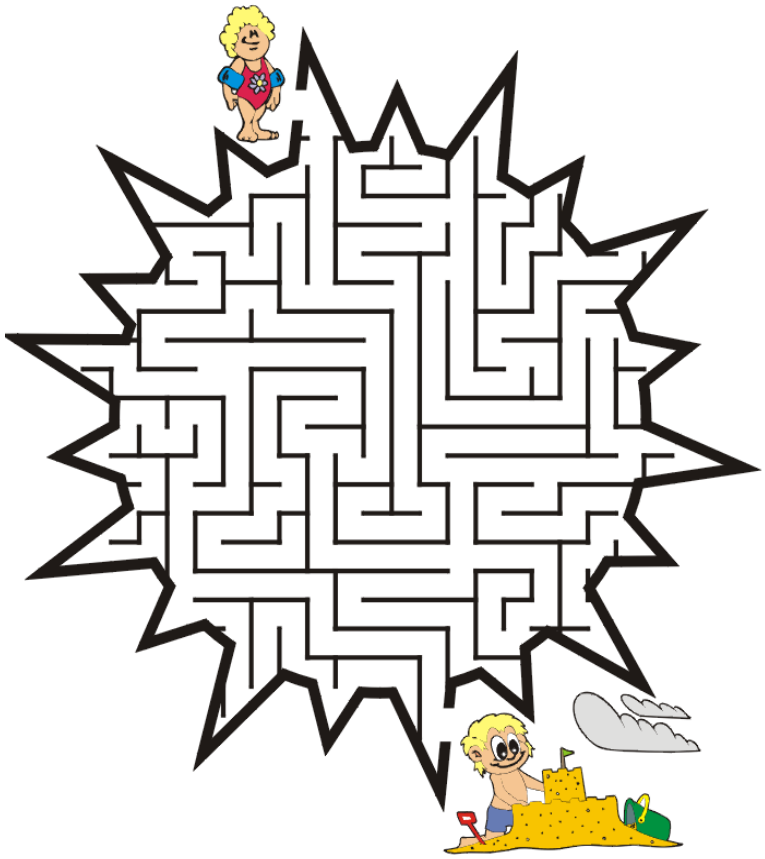
June 13, 2019
from
10:00 am to 3:00 pm

A representative from O.D.S.P. will be available to answer your questions and concerns.

KIDS HELP PHONE

1 800 668 6868

kidshelpphone.ca



End of the Year Word Search

s	a	d	m	e	m	o	r	i	e	s
c	q	e	r	w	r	i	t	i	n	g
h	t	x	y	r	v	i	o	l	k	b
o	m	c	t	e	a	c	h	e	r	r
o	n	i	b	a	c	l	a	s	s	e
l	z	t	c	d	a	c	p	b	u	a
a	s	i	d	i	t	f	p	g	m	k
h	j	n	k	n	i	l	y	w	m	r
t	y	g	s	g	o	s	a	f	e	h
j	n	b	g	f	n	m	b	c	r	y
f	r	i	e	n	d	s	o	i	a	r

school
teacher
vacation
class

summer
friends
reading
party

fun
students
writing
exciting

break
sad
memories
happy

Super-Easy Peanut Butter Cookies

24 servings, 1 cookie (16 g) each

What You Need

- ☐ 1 cup *Kraft* Smooth Peanut Butter
- ☐ 1/2 cup sugar
- ☐ 1 egg

Heat oven to 325°F.

Mix all ingredients with large spoon until well blended.

Roll into 24 balls; place, 4 inches apart, on baking sheets. Flatten with fork.

Bake 20 min. or until lightly browned. (Do not overbake.) Cool 5 min. on baking sheets; transfer to wire racks. Cool completely.

For The Big Kids