

If you're NOT feeling sick and have urgent needs like grocery shopping, stay six feet away from othe



COVID-19

Practice PHYSICAL DISTANCING



**Do your best to keep
at least six feet
away from others.**

- Avoid non-essential trips in the community
- Avoid all non-essential gatherings of any size
- Work from home
- Conduct meetings online
- Keep kids away from group settings

NOTE: Anyone with a FEVER or new or worsening COUGH should self-isolate at home until they are symptom free for 24 hours, regardless of travel history.